NEW COURSE — OR —
REVISION TO EXISTING COURSE PROPOSAL

Please use this form to: add a new course, or to revise the title or content of an existing course, including changes to co-requisite and pre-requisite unit values.

Before you proceed, please review the approval process in advance and leave time for each involved person or committee to review the proposal.

DATE: 4/17/07
DEPARTMENT/SCHOOL: Sport Sciences / COP
CONTACT PERSON: Christopher Snell
PHONE: x 62703
BLDG & ROOM NO: Main Gym 205

New Courses: Please complete this entire section (items 1-18)
Revisions to Courses: Please complete items 1-4 and only those items 5-18 that are being revised.

1. Please complete a. or b., not both.
   a. New Courses:
      • Proposed Course Subject/Number/Title/Prerequisites/Units (e.g., HIST 035 : History of... : prerequisites - none : 4 units):

   For approval of new course numbers: Send the request to this email: registrar@pacific.edu. The request needs to include the department, the course title, and a suggested discipline & number. Please attach the email approving the new course number to this proposal.

   b. Revision to Existing Course:
      • Current Course Subject/Number/Title/Prerequisites/Units (e.g., HIST 035 : History of... : prerequisites - none : 4 units):

      SPTS 139 / Sport Psychology / prerequisites: none / 4 units

      • Proposed new Course Subject/Number/Title/Prerequisites/Units (if applicable):

      SPTS 139 / Exercise Psychology* / prerequisites: none / 4 units

   *New course title better reflects nature of course content.

2. Please attach syllabus with all required elements, including course learning objectives, (see Faculty Handbook 11.7 for Syllabus requirements).
3. Please provide the copy as it is to appear in the catalog. This includes the course description, specific prerequisites, co-requisites, and any restrictions on registration (e.g., majors only). Note: Unless indicated here, a passing grade for a prerequisite course is considered a "D."

CATALOG COPY:
SPTS 139 Exercise Psychology (4)
Exercise psychology focuses on individual differences and social-situational factors that interact to influence physical activity behavior. This course employs the theories and methods of psychology to examine the related fields of competitive sport, fitness, exercise, and rehabilitation from injury. Major questions addressed include: How do psychological factors influence participation in physical activity and performance of the individual? How does participation in physical activity or incapacity due to injury affect the psychological make-up of the individual?

DEGREE AUDIT INFORMATION

4. Does this course satisfy undergraduate General Education requirements?
   [X] No  [ ] Yes  If yes, what area does it satisfy (e.g. IA)?

5. Was this course ever offered under a Special Topics number?
   [ ] No  [X] Yes  If yes, provide info below.

<table>
<thead>
<tr>
<th>Special Topics Subject/Course #</th>
<th>Last year taught</th>
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<tbody>
<tr>
<td>Course title</td>
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6. Does this course fulfill General Education or major requirements for your program?
   [ ] No  [X] Yes  If yes, then what area/requirement does it fulfill?

7. Does this course fulfill undergraduate minor requirements for your program?
   [ ] No  [X] Yes  If yes, then what area/requirement does it fulfill (e.g. upper division elective)?

REGISTRATION INFORMATION

8. Units:

9. Grading options available to students who enroll (check all that apply):
   [ ] Letter (A-F)  [ ] Pass/No Credit  [ ] Audit

10. Schedule Type (check all that apply):

    - Lecture
    - Lab
    - Discussion
    - Seminar
    - Research/Independent Study
    - Thesis/Doctoral Project
    - Internship, Co-op, Fieldwork
    - Applied Music
    - Studio Instruction
    - Activity Course
    - Practicum
    - Correspondence
    - Other
    - On-line

11. Expected Enrollment:
12. Is a special fee to be charged?
  □ No  □ Yes  If yes, list the charge and fee code:
  □ Per unit  □ Flat fee

RELATIONSHIP TO OTHER COURSES

13. Is this course cross-listed with others?
  □ No  □ Yes  If yes, which courses?

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14. Course Similarities
   a. Is this course similar in content to course(s) in another school or department?
  □ No  □ Yes  If yes, which course(s)?

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b. If yes, how is this course distinctive?

15. Will other courses be deleted as a result of this proposal when this course is created?
   (Note: if course is still being taught in the future do not delete it here.)
  □ No  □ Yes  If yes, which course(s)?

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16. Is the deleted course cross-listed with other courses?
  □ No  □ Yes  If yes, which course(s)?

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17. What is the anticipated impact on resources (e.g., faculty, funds, facilities, library, technology, etc.)

18. Will University computer labs be needed?
  □ No  □ Yes  If yes, what software will be needed?
Please remember to make the corresponding changes to your program’s catalog copy when you receive page proofs for next year’s catalog.

NEW COURSE—OR—REVISION TO EXISTING COURSE PROPOSAL

APPROVAL SHEET

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Please obtain signatures in the order they appear below, as applicable.

1. DEPARTMENT CHAIR:  
   [Signature]  
   DATE: 4/26/07

2. CHAIRS OF OTHER INVOLVED DEPARTMENTS (if applicable):  
   [Signature]  
   DATE: 5/4/07

3. CHAIR, SCHOOL/COLLEGE CURRICULUM COMMITTEE:  
   [Signature]  
   DATE: 5/4/07

4. DEAN OF SCHOOL/COLLEGE:  
   [Signature]  
   DATE: 

5. GENERAL EDUCATION COMMITTEE (if applicable):  
   (Signature needed for new courses and deletions)  
   [Signature]  
   DATE: 

6. DEAN OF THE LIBRARY:  
   [Signature]  
   DATE: 5/19/07

7. DIRECTOR, EDUC. TECH. SERVICES (if computer lab, software needed):  
   DATE: 

8. GRADUATE STUDIES COMMITTEE (if applicable):  
   DATE: 

9. REGISTRAR:  
   [Signature]  
   DATE: 5/11/07

ACADEMIC AFFAIRS COMMITTEE:  
   [Signature]  
   DATE: 