UOP Emeriti Society
Invites All Members and Spouses with
Aging Brains
to the Annual Spring 2015 Luncheon

Timely Presentation - Great Gathering
"How to Slow Down Brain Aging Without Really Trying"

Prof Robert Halliwell
School of Pharmacy
Physiology/Pharmacology

Date: Thursday February 26
Place: Alumni House
Time: 10:00 to 1:30

Schedule:

10:00 to 11:15 Coffee, sweets, and conversation (Brief time for Emeriti Society business)
11:15 to 12:15 Prof Halliwell Presentation/Questions
12:15 to 1:30 Extended lunch concluding with Courtney Lehman, Chair of Academic Council

Summary: We are now living longer than ever before but that also means we are facing the challenge of living a longer phase of life when time and tide begin to take their toll on our bodies and our brains. This short presentation will consider recent evidence that life style, education and community engagements can slow down the brain aging process, reduce the risk of disease and enhance a healthy retirement.

Food and Snacks: Coffee, juice and pastries available upon arrival. The lunch is provided by Bon Appetit.
Cost: $20 per person This helps cover food along with set up and take down costs. Donations to help keep our finances in the black are always appreciated!

Registration: We need to know the number of attendees so the caterer can be prepared. There are two ways you can notify us. Please RSVP by Monday February 23

1. In advance, mail the reservation form with a check payable to "UOP Emeriti Society".
   (See Registration Attachment)

2. Email us your intention to attend the luncheon. Please include the name(s) of those in your group.
   Email to: "emeritisociety@pacific.edu"

Mark your calendars
Register early - Spouses welcome
Don’t miss a great event