

UNIVERSITY OF THE  
**PACIFIC**



# OLLI@Pacific NEWS

A membership newsletter from the Osher Lifelong Learning Institute at the  
University of the Pacific  
Spring/Summer 2010



*University of the Pacific's  
Osher Lifelong Learning Institute  
has been Awarded the \$1,000,000 Endowment By  
the Bernard Osher Foundation!*

This is wonderful news. But, you're asking, what exactly does this mean and how will this affect OLLI@Pacific? One of the frequently asked questions is, "Now that we have the funds, is the program now free?" The short answer is: "No".

This endowment means that instead of depending on an annual grant from the foundation that may or may not continue each year, we now have a firm financial foundation. The interest income from the endowment will be used to supplement income we generate from membership dues, program fees and special course or excursion fees to support the program. As long as OLLI@Pacific remains a vibrant, growing organization, the endowment earnings will be there to support us far into the future.

As the income interest will not be available until July 1, 2011, OLLI@Pacific has also been awarded a \$50,000 bridge grant.



OLLI@Pacific Director, Jim Nims;  
Center for Professional & Continuing  
Education Associate Provost, Barbara Shaw;  
Retiring University of the Pacific Provost,  
Phil Gilbertson;  
University of the Pacific Business & Finance  
Vice President, Pat Cavanaugh

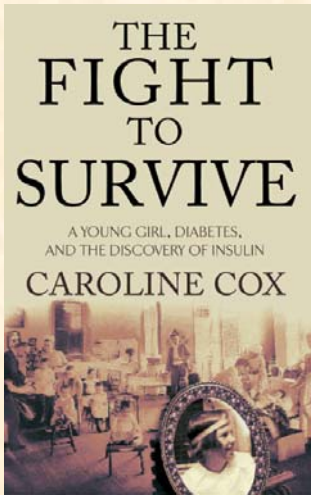
**OLLI@Pacific Instructor Profile:**  
**Associate Professor Dr. Caroline Cox**  
**University of the Pacific History Department Chairperson**

Interview Conducted by and Article Written by Mary Tolan-Davi



Have you ever read a book that inspired you to write a book of your own? That is exactly what happened to Dr. Caroline Cox when she read, *The Discovery of Insulin*, by Michael Bliss.

Caroline was intrigued with the story of twelve year old Elizabeth Evans Hughes, who was diagnosed with Type I diabetes prior to the discovery of insulin. Curious to learn more, Caroline travelled to the Thomas Fisher Rare Book Library at the University of Toronto to read a fascinating collection: Elizabeth's letters that chronicled her life experiences over a three year time period. In 1919, when Elizabeth was first diagnosed with diabetes, the only way to control blood sugar levels was to severely restrict dietary intake to 800 calories per day. By her 15th birthday, when she was selected to participate in the first insulin clinical trials, her slight five foot frame carried a mere 45 pounds. Elizabeth's greatest moment came with the discovery of insulin by Drs. Banting and Best at the University of Toronto. She was able to give herself insulin injections and function as an independent person. Elizabeth went on to marry and raise a family before passing away in the 1980's.



Having several family members with diabetes gave Caroline a strong personal interest in sharing this inspiring story in her new book, *The Fight to Survive: A Young Girl, Diabetes and the Discovery of Insulin*.

Caroline has taught U.S. History at the University of the Pacific for the past 12 years and is the History Department Chairperson. She is currently working on a new book, *Boy Soldiers of the American Revolution*. She received the 2009 Faculty Mentor Award from the Pacific Alumni Association for her dedication in mentoring students and alumni. Something you may be surprised to learn about Caroline is that academia is her second career. She had a very successful financial career on Wall Street prior to attending the University of California, Berkeley.

We look forward to a future lecture by Dr. Cox OLLI on her new book.

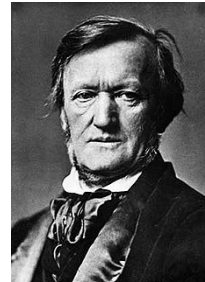
**Did you know you can see the Metropolitan Opera live in Stockton?**

The Regal-owned theaters joined others around the world this year in broadcasting, "The Met: Live in HD." The 2010/2011 series will open October 9, 2010, and take place at the Regal City Centre Stadium 16, 222 N. El Dorado St., Stockton. The Saturday performances begin at 10:00am; the Wednesday encore performances begin at 6:30pm. For more information, go to [www.metoperafamily.org](http://www.metoperafamily.org). There will be pre-show lectures given at O'Connor Woods on the Friday before each show. These lectures will be given by Conservatory of Music Associate Professors Burr Phillips and Daniel Ebbers.

---



October 9, 2010  
*Wagner's Das Rheingold*



October 23, 2010  
*Mussorgsky's Boris Godunov*



November 13, 2010  
*Donizetti's Don Pasquale*



December 11, 2010  
*Verdi's Don Carlo*

**Fall 2010 Welcome Reception & Art Show**

Mark your calendars! The OLLI Fall 2010 Welcome Reception and OLLI Art Show is Monday, September 13, 2010, 2:30pm - 5:00pm. We encourage each and every member to bring a guest.

**Just a Few Highlights of the Upcoming Fall 2010 Semester**

- Basic Computer Classes to take place at the new Prof. Develop. Center, March Lane
- Yoga
- NEW FOR OLLI: Six art & history lectures to be offered at the Haggin Museum
- French Language course
- The Power of Pink: Clinton, Palin, Pelosi, Fiorino, Boxer & Whitman
- Fiction Writing course
- Watercolor Painting
- Wild Flowers of California

**Thank you to the Following Members for Sending us Potential Member Referrals**

- |                    |                  |                 |
|--------------------|------------------|-----------------|
| ◇ Dick Brownfield  | ◇ Janet Conn     | ◇ Dorrine Davis |
| ◇ Dolores DeCarli  | ◇ Kathy Diohep   | ◇ Sheila Dunn   |
| ◇ Rita Grabel      | ◇ Bob Hathaway   | ◇ Signe Hickey  |
| ◇ Helen Holt       | ◇ Marcela Hutak  | ◇ Betty Liske   |
| ◇ Maureen Moudakis | ◇ Alice Tolliver | ◇ Linda Trapp   |
| ◇ John Whittock    |                  |                 |

They all received a gift certificate to Mimi's Café. Word of mouth is the best form of advertising, so thank you all for your endorsement by spreading the word! You can qualify for a thank you gift as well if your friend has never attended an Osher event in the past.

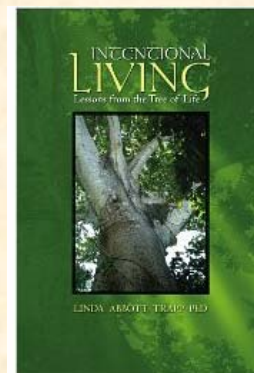
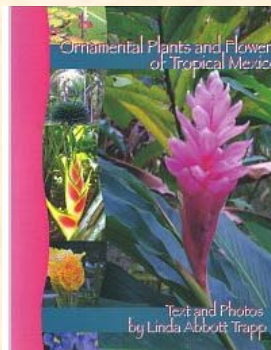
**Thank You Spring & Summer 2010 Volunteers**

Betty Higuera, Christy Reinold, Linda Trapp, Alice Tolliver, Gerald Salmon, Marilyn Togninalli, Pat Pickering, Shirley Kobrin, Cindy Milford, and Rosie Bachand for always helping me at the Welcome Reception registration table. Many projects need to be completed to get each semester rolling—stop one of these volunteers and thank them for cutting, stapling, folding, stuffing, label sticking, and filing!

**OLLI@Pacific Member Highlight:**

Welcome new OLLI@Pacific member, Dr. Linda Abbott Trapp. Linda was a Dean at the California School of Professional Psychology. She is the author of seven books and more than 250 published articles and reviews. She returned to writing during her recent five-year “sabbatical” in Puerto Vallarta and her three most recent books are: *Ornamental Plants and Flowers of Tropical Mexico*; *Letters to My Granddaughters*; *Insights and inspiration for a life journey*, and *Intentional Living: Lessons from the Tree of Life*.

Since returning to Stockton 18 months ago, she and her husband have been renovating and landscaping the foreclosed home they purchased. The process is strikingly different from their experience remodeling in Mexico, so much so that she's considering a new book, *Bipolar Remodel*.



## OLLI@PACIFIC NEEDS YOUR INPUT!

**OLLI@Pacific Website Testimonials.** The OLLI@Pacific section of the University's website is getting a facelift! We are seeking your testimonials of why you joined OLLI; what you enjoy most about participating in OLLI; and what keeps you coming back. You can send your responses to [emarciano@pacific.edu](mailto:emarciano@pacific.edu) or give us a call at 209.946.7658. We look forward to hearing what you have to say!

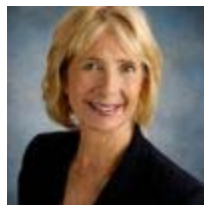
**1<sup>st</sup> Annual 9/11 OLLI@Pacific Day of Service.** Whether its one day or a mission that takes you on a long-term journey, volunteering is good for the soul. OLLI@Pacific is planning a Day of Service to create a lasting and forward-looking tradition that forever remembers and honors the victims of 9/11 and also pays tribute to those who have risen in service in response to terrorist attacks. **We encourage all OLLI members and non-members alike to be a part of this new endeavor.**

### *OLLI@PACIFIC IS SEEKING YOUR INPUT ON YOUR VISION FOR OUR DAY OF SERVICE.*

A final decision will be made after all ideas are collected and will be placed before the Advisory Board for a review of some of the following criteria: whether this is a good fit for OLLI, our population, size of group, location accessibility, and length of project.

**ALL IDEAS ARE WELCOME!**

To quote the co-founders of [911dayofservice.org](http://911dayofservice.org), David Paine and Jay Winuk, "We seek further to inspire everyone to carry forward everyday in their lives, through their actions toward others, the remarkable spirit of unity, understanding, and service that brought America and the world together in the immediate aftermath of the 9/11 attacks."



### *A FEW ENCOURAGING WORDS FROM STOCKTON MAYOR ANN JOHNSTON*

"Our power is our people--let us unleash this greatest resource to improve our lives and the life of our city. Choose a project that means something special to you and make it happen. You can adopt-a-block or a park, paint over graffiti on a neighborhood fence, or tend to a street median that begs for landscaping. Today we cannot rely upon others to take care of our city. Each of us must take individual responsibility in helping to keep our city safe, clean, and prosperous."

We applaud our OLLI@Pacific members who regularly volunteer or engage in service activities/projects: Tot Castleton, Harvey Gottlieb, Rosie Bachand--and we're sure you know many others!

Do you have a favorite organization that could use some help? Please let us hear your ideas as soon as possible and if you would like to participate in the planning, 209.946.7658, e-mail [emarciano@pacific.edu](mailto:emarciano@pacific.edu).

## UPCOMING ELECTION FOR OLLI@PACIFIC 2010-2011 ADVISORY BOARD MEMBERS

If you were a member any semester during the 2009 - 2010 year, you will be receiving an official ballot in the mail soon.

In an effort to make representation of our locations more balanced (Pacific, O'Connor Woods, and Lodi), you will be asked to vote for five new members.

- **University of the Pacific – please vote for 2**  
Al Avey, Matt Gaffney, Della Richardson
- **O'Connor Woods – please vote for 1**  
Dolores Daley
- **Lodi – please vote for 2**  
Mary McIntire, Fred Paulsen, Patricia Stump

The ballot will include a stamped return envelope for your convenience. In order for your vote to be counted, your ballot must be received at the OLLI@Pacific office by Noon, August 2, 2010.

**Look for your ballot and instructions arriving in your mailbox soon!**

### OLLI@Pacific Staff Members:

Jim Nims, Director [jnims@pacific.edu](mailto:jnims@pacific.edu)

Elena Marciano, Program Services Assistant [emarciano@pacific.edu](mailto:emarciano@pacific.edu)

Barbara Shaw, Associate Provost

#### MAILING ADDRESS:

University of Pacific, CPCE/Osher, 3601 Pacific Avenue, Stockton, CA 95211

#### OFFICE LOCATION:

1776 W. March Lane, Suite 290, Stockton

209.946.7658 (direct #) 209.946.2424 (main #) 209.946-3916 (fax #)

### OLLI@Pacific Advisory Board Members:

Susan Benedetti

Bob Hathaway

Jim Pickering

Joan Briscoe

Bob Hnath

Pat Pickering

Elaine Fineran

Bruce Lattimer

LaVina Scott

Fran Gottlieb

David McCulloch

Barbara Schwartz

Beth Mason-Gregory

Kay Owen

Roy Whiteker

The Advisory Board Members also serve as members on one of the following committees:

- **Membership**
- **Programming/Curriculum**
- **Communications/Publicity**

### OLLI@Pacific Non-Voting Resource Board Members:

Ann Areida-Hintz, Hutchins Street Square, Lodi

Judy Janes, O'Connor Woods, Stockton

Kelli Page, University of Pacific Alumni Office