Summer 2014 OLLI Program Descriptions for Catalog

Summer Social
RSVP required
Wed 5/28 2:30-4pm The Lair, DeRosa University Center, 2nd floor
Bring a friend and introduce them to OLLI@Pacific at this social gathering. Meet members, faculty, staff and volunteers. Please assist us with our planning and check Summer Social on your registration form or RSVP to 209.946.7658.

LECTURE SERIES
FREE to registered OLLI members

China's Maritime Claims
Daniel O'Neill, PhD
Mon 6/9 and Tues 6/10
China has become increasingly aggressive in asserting its vast territorial claims in its surrounding waters. This timely topic provides a framework within which we will examine the rise of China and its impact on regional and international relations in East and Southeast Asia and, particularly, its ramifications for U.S. power and influence in the region.

Family History: Telling Your Story
Sheri Fenley, SJGS President
Jacqi Stevens, MPA, SJGS Vice-President
Mon 6/16 and Tues 6/17
Explore your family's roots and discover the stories of your ancestors as you develop sound research techniques and learn best practices for beginning your own quest in the field of genealogy. This session will introduce the tools and resources to get you started.

The Narrative Closet
AmyJo Mattheis, MDiv
Mon 6/23 and Tues 6/24
Using the construct of a subconscious space where we hang the stories we have been given since childhood and often continue to wear whether they fit or not, this lecture asks the hard questions of how we become who we are, distinguishing right from wrong, good from bad and the effects these stories have on us as individuals and society. It addresses stories from culture, religion, tradition and history that hang on gender roles, sexual orientation, love and marriage, happiness and more.

Birds of Prey: Falconry
Larry Grimes, PhD, EdD
Mon 6/30 and Tues 7/1
A falconer for more than 30 years, Dr. Grimes addresses the biology and differences of birds of prey, the historical aspects of falconry, and the role falconers played in restoring the peregrine falcon from near extinction. Birds will be introduced for demonstration purposes including a young falcon that participants can handle.

Native Americans: Returning to Tradition
George Feicht, MPA
Mon 7/7 and Tues 7/8
The Elders of various tribes had a vision to begin a healing process. White Bison, Inc., a Native American Indian non-profit organization, promotes healing, peace, and harmony among the tribes, stressing “forgiving the unforgiveable”. Central to this goal is the Wellbriety Movement, which addresses sobriety and revisits native traditions.

Where the RR Money Went: Philanthropic Residue
Paul Helman, CA State RR Museum Docent
Mon 7/14 and Tues 7/15
After the railroad was built, learn what happened to the vast fortunes acquired by the California Big Four. The philanthropic and business interests of the widows and offspring of the builders of the Transcontinental Railroad provided funding for numerous institutions.

Could Petroleum be the Key for Creation of a Continental Community?
Gene Bigler, PhD
Mon 7/21 and Tue 7/22 Part 1
Mon 7/28 and Tue 7/29 Part 2
The U.S. response to the Keystone XL Pipeline proposal and our future involvement in the reform of the Mexican petroleum industry should be undertaken in the context of fundamental questions about our relations with our closest neighbors. The North American Free Trade Agreement (NAFTA) has dramatically increased U.S. interdependence with Canada and Mexico. Is it time for us to take the next steps toward creation of a continental community?
After 5
Mondays 5–6pm
Following Monday lectures, continue an informal discussion in a congenial group setting over a glass of wine in the O’Connor Woods Living Room.

WELLNESS

Better Balance
*Nanci Shaddy, Certified FallProof™ Instructor*

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<tr>
<td>11321</td>
<td>Wed 6/11 to 7/16</td>
<td>2-3pm</td>
<td>O’Connor Woods Fitness Club</td>
<td>Learn how to incorporate balance into everyday activities and develop a simple exercise regimen to do at home. This course is designed for people who have experienced only a slight change in their ability to adjust to simple changes in movement, it is not meant for people who have advanced walking or balance issues or those using an assistive device and does not take the place of a treatment plan. You will be doing various exercises each week to progressively improve strength and balance.</td>
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<tr>
<td>11322</td>
<td>Wed 6/12 to 7/17</td>
<td>2-3pm</td>
<td>O’Connor Woods Fitness Club</td>
<td>Line dancing requires good mobility and the ability to remember dance steps and combinations.</td>
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Balance Clinic
*Nanci Shaddy, Certified FallProof™ and Fitness Instructor*

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<tr>
<td>11323</td>
<td>Tues 7/22</td>
<td>10-noon</td>
<td>OR Chan Family Health Sciences Learning Center, 757 Brookside Rd Rm PHS 225</td>
<td>If you do not practice maintaining balance, you can easily lose it, possibly leading to a fall that could result in a serious injury. Doctor of Physical Therapy students and their instructor are offering a FREE one-on-one personal balance assessment with activities for balance training and fall prevention. You are welcome to participate whether you walk with or without an assistive device. Participation is limited so early registration is advised. Choose only one session.</td>
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<tr>
<td>11324</td>
<td>Tues 7/22</td>
<td>3-5pm</td>
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APPLE TECHNOLOGY

Apple iPad and iPhone Courses
*Apple ‘guru’ Rebeca Stovall has customized and designed courses for the latest Apple iOS7 for real day-to-day use of your unique iPad and iPhone. On your iPad/iPhone go to Settings -> General -> About and under Version you should see 7.x.x. Be sure to bring your device with you. Class size is limited and held at the PDC 330.*

BEGINNER COURSES
Great starter courses for refresher or first-step into your iPad and iPhone. You’ll learn something new and feel more comfortable using your device for day-to-day functionality.

**Learning Your iPhone - iOS7**

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<tr>
<td>11347</td>
<td>Thu 6/19</td>
<td>5:30-7pm</td>
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**Learning Your iPad - iOS7**

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<tr>
<td>11348</td>
<td>Thu 6/26</td>
<td>5:30-7pm</td>
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INTERMEDIATE COURSES
It is recommended that you have taken Learning Your iPad/iPhone - iOS7 or have a good understanding of the basic use of your iPad/iPhone for these courses.

**Taking and Managing Photos on Your iPad/iPhone**

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<tr>
<td>11349</td>
<td>Thu 7/3</td>
<td>5:30-7pm</td>
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iPad/iPhone – Staying Connected and Using Social Media
11350 $15
Thu 7/10 5:30-7pm
Learn how you can connect directly to your social network accounts, allowing you to post and share content from nearly anywhere.

ADVANCED COURSES
It is recommended that you have taken Learning Your iPad/iPhone - iOS7 and that you have a very good understanding of the basic use of your iPad or iPhone for these courses.

Advanced Settings for Your Apple iPad/iPhone
11351 $15
Thu 7/17 5:30-7pm
Topics covered include in-depth settings for the Photo and Camera App, iCloud, Phone App, Email App, and managing Cellular Data usage.

iPad/iPhone – Welcome to Siri
11352 $15
Thu 7/24 5:30-7pm
Discover Siri, Apple’s intelligent personal assistant that helps you get things done just by asking. You’ll learn how to use your natural speech to send messages, schedule meetings, place phone calls, and more. To use Siri you’ll need the iPhone 4S or later or an iPad 3rd generation or later.

MICROSOFT TECHNOLOGY

Sessions are hands-on in our computer lab with David Diskin, MCP, certified Microsoft Office “Master”. Class sizes are limited and held at the PDC 290C.

PowerPoint Triple Play: Digital Scrapbooks, Family Trees, and Conveying Your Message
11340 $45
Thu 6/12, 6/19 and 6/26 10am-noon
Learn how to use Microsoft PowerPoint 2010 to show off your photos, trip memorabilia, charts and data, and anything else you wish to share – creating a great presentation that you deliver live or save as a video which can be burned to DVD or uploaded online. In this three-part class, learn everything you need to know to finish a slideshow. Focus will be placed on creating vacation scrapbooks, charts and numerical data, and a unique and interactive family tree.

Prerequisites: Be sure that you are available to attend all three dates. Attendees should already know how to copy photos and scan documents into their computer, and have PowerPoint 2010 or later installed on their personal computers. (We’ll be using our lab computers for the class, but you’ll want to practice at home between classes.)

Microsoft Excel 2010: Beyond the Basics
11344 $25
Thu 6/12 1:30-3:30pm
This is perfect for users who already know the basics in Excel and want to go further, especially those who are using Excel for their businesses and organizations. We’ll cover sorting and filtering tables, formatting, charting, and analyzing data with pivot tables.
Note: While this class focuses on Excel 2010, most topics covered will also apply to users of 2007 and 2013.

Prerequisites: Attendees should already be familiar with Excel including the fundamental concepts of a spreadsheet, applying basic formatting options, and entering data. Attendees should feel comfortable using the keyboard and mouse, menus, and Microsoft Office.

Staying Safe Online
11345 $25
Thu 6/19 1:30-3:30pm
Scared to go online because of hackers and viruses? Passwords got you confused? This lecture about online safety is designed for computer users at all levels of experience. We’ll cover smart password habits, avoiding viruses, spyware, and junk mail, Wi-Fi safety and other security concerns and privacy on Facebook and social networks. Get the latest scoop on patches and updates, anti-virus software, firewalls and more. Bring your questions!

Microsoft Word 2010: Beyond the Basics
11346 $25
Thu 6/26 1:30-3:30pm
For those who know the basics of Microsoft Word 2010, enroll in this class to take the next step forward. This class covers more formatting options and features including line spacing, columns, and text boxes, fancy text options, inserting photos and clip art,
Prerequisites: Attendees should already be familiar with Microsoft Word including the fundamental concepts of a word processor, applying basic formatting options, and entering text. Attendees should feel comfortable using the keyboard and mouse, menus, and Microsoft Office.

SPECIAL INTEREST GROUPS

Writers Workshop
11325 OPEN to registered OLLI members
Wed 6/11 to 7/30, 10-noon PDC 290A
Attention all writers! Get in touch with your inner muse and interact with others who find inspiration writing in a group by attending OLLI's self-directed, peer-led writer's conclave. The group will meet weekly to share ideas, energy, and practice the craft of writing in a supportive and encouraging environment.

Revitalizing Downtown Think Tank
Mel Corren and Guest Speakers
11326 OPEN to registered OLLI members
Wed 6/18 to 7/23 noon-1:30pm PDC 330
Bring your ideas on how to build enthusiasm for revitalizing downtown Stockton through this informal open forum. Over a brown bag lunch, meet people who share your concerns, learn how other cities redeveloped their downtowns, and how we can add our voices to current discussions. (six-weeks)

REAL-TIME VIDEOCONFERENCES

Talk to experts from Washington, D.C. and Adelaide, South Australia from the comfort of our OLLI classroom via real-time videoconference!

Live from the Smithsonian: American History through Art
11328 $15
Tue 6/17 to 7/1 10-11:30am PDC 290A/B
The Smithsonian American Art Museum is the nation’s first collection of American art, home to one of the largest and most inclusive collections of American art in the world. Join their live corps of presenters as we explore images from the museum’s permanent collection and discuss art that celebrates the aspirations, character and imagination of the American people. Examine the history of our country in three sessions, each focused on a separate era: Young America, Lure of the West, and the Civil War.

Australian Aborigines: The Stolen Generations
11330 $10 (Two-Part Series)
The Rabbit-Proof Fence Film Viewing – Session 1
Wed 7/23 2-4pm Janet Leigh Theatre
Blinded by Anglo-Christian certainty, an evolutionary world view and conventional wisdom, Australia’s official laws and policies aimed at assimilating the Indigenous population into the wider community to eventually be bred out. In this film the chief protector of Aborigines, A.O. Neville, seizes “half-caste” children to be “re-educated” to the culture and service of the white man. and

The Stolen Generations Today Live Videoconference from Adelaide, South Australia _ Session 2
Paul Finnane, Aboriginal Studies
Thu 7/24 3:30-5pm PDC 290A/B
The forced removal of Aboriginal and Torres Strait Islander children from their families began as early as the mid-1800s and continued well into the second half of the 1900s. Six years since Australian Prime Minister Kevin Rudd's historic apology to the Stolen Generations, emotions still run strongly through the Indigenous people it was directed towards. Sadly it did not translate to more than moral support to the victims. Individuals were permanently scarred by their removal as children, and the abuse they experienced at the hands of the authorities, with the effects even felt by their children and grandchildren.

WRITING & LITERATURE

Author’s Corner
11331 OPEN to registered OLLI members
NEVER A BURNT BRIDGE
Mon 6/16 10-11:30am Community Room, Pacific Library
Sylvia Sun Minnick, Former Stockton City Council Member
**REMARKABLE WOMEN OF STOCKTON**  
Mon 6/30  10-11:30am  Community Room, Pacific Library  
Mary Jo Gohlke, retired Librarian

**SONGS FROM THE BARRIO: A COMING OF AGE IN MODESTO**  
Mon 7/14  10-11:30am  Community Room, Pacific Library  
Richard Rios, retired SJ Delta College Professor

**ART**

**Summer Drawing Camp**  
Deanna Hunt, MFA  
11332  $210  
Mon – Thu 6/30 to 7/17,  9:30-noon – Powell Art Center  
Take a break from the summer heat and explore the wonderful world of drawing in this workshop. The daily format allows participants to immerse themselves in the creative process and build on the momentum of learning, practicing, and drawing day by day. Deepen your experience through a host of stimulating projects and subject matter with both wet and dry media, and a range of scale and format. Although all levels are welcome, this course is geared toward those who have some drawing and/or painting experience.

**CULINARY EdVENTURES**

*Taught by Cindy Della Monica at Cheese Central in Lodi; classes are limited to 10. Enjoy a light meal, wine, and take-home booklets with additional recipes.*

**Greek - Homemade!**  
11333  $45  
Tue 6/24   1-2:30pm  
An ancient culture, with hearty foods enjoyed over the centuries…learn how to make appetizer-sized Typroites, a flavorful orzo dish with Chicken Souvlaki, and a no-fuss Baklava you won’t believe!

**Cruising the Farmer's Market**  
11334  $45  
Tue 7/22   1-2:30pm  
Delicious new ways to use and preserve the fabulous produce from your local Farmer's Market during this season. We will make some fast and addicting appetizers, some alternative bruschettas, an entree and dessert that will make you crave more!

**EdVENTURES**  
(Maps indicating our excursion meeting places will be mailed with your registration confirmation.)

**CA Native Sod/Drought Tour**  
11335  $10  
Fri 6/27  10am-1pm  111 N Zuckerman Rd, McDonald Island Ranch, Stockton  
Jodie Sheffield, Seed Specialist, Research & Development  
Tour the Delta Bluegrass Company growing grounds and their research and development areas. A complimentary lunch will be served at noon in their Clavius Club, overlooking the beautiful Delta waterways. *Tour is limited to 24*

**Jesus Mountain Coffee Roasting Tour**  
Bing Kirk, Grower, Roaster  
11336  $10  
Tue 7/15  10-11:30am  224 E Miner  
You won’t have to travel to Nicaragua to learn about roasting coffee beans or how they are grown. The only coffee roaster in Stockton opens his doors and shares information about the mountain that produces his coffee and the rain forest and microclimates that support his efforts. **Note:** Plan to stand, there is very limited seating. Bring $2 in quarters for parking.

**Bird Safari: Hummingbirds**  
David Yee  Guest Lecturer, Author  
11337  $15  
Fri 7/18  9-11am  10112 E Woodbridge Road, Acampo  
Heritage Oak Winery has gained the reputation of being one of the best places in the entire Central Valley to observe hummingbirds. Hundreds visit the plentiful hummingbird feeders here during each summer, and we will observe comfortably in an enchanting garden/patio.
Historic Old Sacramento Underground
11338 $45 members
11339 $55 guests
Fri 7/25 9am-6pm Lodi Amtrak Station, 24 S Sacramento Rd
Hidden beneath the city for nearly 150 years, Old Sacramento’s underground has long been the capital’s best-kept secret. Your guide on this one-hour tour will recount the tales of devastation and perseverance that led to CA’s only successful street-raising project. Be prepared to walk on uneven surfaces; one area of the tour is not temperature controlled – bring bottled water. There will also be an above ground tour and a stop at the History Museum led by Docent Paul Helman.

First Fridays at The Museum
Museum Docents
First Fridays 2-4pm Haggin Museum
Discover the pleasures of in-depth conversations about art and history. There’s always something new to learn; each Friday, a new topic is featured. No registration necessary. Cost – museum admission (seniors $7, adults $8 or free for museum members). For more information please call The Haggin Museum Curator of Education Lisa Cooperman 209.940.6315. Note that during the summer, there will be a docent led tour in June, none in July and August.

PARTNER PROGRAMS

DeltaFusion
Sat, 6/28 5-8 pm Victory Park
A collaborative effort between the university and The Haggin, DeltaFusion ignites community creativity by bringing the stories of the San Joaquin Delta region – past, present, and future – to life with giant puppets and dramatic pageantry. It is a celebration of the diverse natural and cultural heritage Stockton and the SJ County Delta region. Using giant puppets, masks, music, and pageantry, this year’s theme “Weaving Tales with a Common Thread” tells the story of how these cultures were drawn to settle in our area and thrive there today.

Haggin Museum Tours:
Berkeley City Club
Sat 8/2
Tour of Julie Morgan designed Berkeley City Club, lunch on your own at waterfront restaurants with fabulous view of San Francisco, followed by afternoon delights. $70 members, $95 non-members. Dot Robinson host 957-5427. For reservations, call Merylene Marengo 940-6311.

Ashland Oregon Shakespeare Festival
9/11 to 9/14
Year after year scores of San Joaquin County travelers have proved that this is a journey not to be missed. At the annual festival, Shakespeare aficionados and novices alike gain a deeper appreciator for the Bard and the work he continues to inspire in others. Come join us for four indoor plays. You will see “Wrinkle”, “Cocoanuts”, “A Comedy of Errors”, and “The Great Society”. There will be one free day to explore the area, returning in time for the evening performance. Our hotel serves a delicious, hot buffet breakfast daily followed by delightful treats before retiring after the show.

The cost of the trip includes transportation, hotel lodging, daily breakfast, driver’s gratuities, and all show tickets. Double occupancy is $1,225, single occupancy is $925. A 50% deposit is required to secure your reservation for the trip. No refunds will be granted after August 11. We will travel on a comfortable 46-passenger bus fully escorted by JoAnn Moore and Beverly Fitch McCarthy. For additional information, contact Moore at 477-6733 or McCarthy at 463-6957 or Merylene Marengo at 940-6311.