Pharmacy Practice Faculty

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Located on the second floor of the Thomas J. Long School of Pharmacy and Health Sciences Learning Center.

Thomas J. Long School of Pharmacy and Health Sciences Learning Center

209.946.2374
757 Brookside Road
Stockton, CA 95207

Hours:
Monday - Friday 9:00 - 5:00
by appointment
Funding made possible by a grant from Catholic Healthcare West.
Adult Asthma Clinic

WELCOME TO OUR CLINIC!
Welcome to our asthma program!
Our goal is to improve your health and assist you in better managing your asthma.
We will follow your doctor’s instructions and asthma guidelines of the National Institute of Health.

BENEFITS & CARE
You will receive education, training, monitoring, and medication management. An initial clinic visit will be required and repeat visits will be scheduled based on your needs. Phone interviews will also be used.

To make an appointment with the Adult Asthma Clinic, please call: (209) 946 2374

OUR SERVICES
The faculty pharmacist will provide you with our services. Our clerk will maintain all your records, schedule appointments, and make follow-up phone calls.
Here’s what we’ll do for you:
- Help you understand what causes asthma.
- Identify asthma triggers
- Help you correctly use inhalers, spacers, nebulizers, and peak flow meters
- Help you keep asthma free by teaching the best use of your medicines
- Help you use a peak flow meter to keep “in the safe” zone.

OUR GOALS FOR YOU:
- Help improve the quality of your life by being “asthma free”
- Help you to try to stop smoking, if you smoke
- Reduce the number of visits to your doctor because of an asthma attack
- Keep you from needing to go to urgent care or an emergency room because of an asthma attack
- Help you be able to be physically active without worrying about asthma and miss fewer days at work or school.

ASTHMA
Asthma is a chronic condition which continues to increase nationwide and in San Joaquin County. Asthma reduces the overall quality of life and restricts activities associated with healthy lifestyles for both children and adults. Those not adequately diagnosed and treated are frequently seen in our emergency rooms throughout the county and often require hospitalization. There is significant interest in focusing efforts towards reducing the high incidence of asthma in our community. This need was well documented in the Healthier San Joaquin County Community Assessment 2008 available at: www.healthiersanjoaquin.org.

The information and suggestions provided through our services are not a substitute for those of your primary care provider.