

Clinic Faculty

Veronica Bandy, Pharm.D.
Sian Carr-Lopez, Pharm.D.
Raj Patel, Pharm.D., Ph.D.
Mark Walberg, Pharm.D., Ph.D.
Joseph A. Woelfel, Ph.D., M.S.



For More Information

Contact:

Joseph A. Woelfel, PhD, FASCP, R.Ph.
Director of Pharmaceutical Care Clinics
Assistant Professor
University of the Pacific
Thomas J. Long School of
Pharmacy and Health Sciences
757 Brookside Road
Stockton, CA 95207
P: 209.946.2374 F: 209.946.3192
Email: jwoelfel@pacific.edu

Located on the second floor of the
Thomas J. Long School of Pharmacy and
Health Sciences Learning Center.



Thomas J. Long School of Pharmacy and
Health Sciences
Learning Center

209.946.2374
757 Brookside Road
Stockton, CA 95207

Wellness Clinic

Thomas J. Long School of Pharmacy and
Health Sciences



Hours:

9:00 a.m. ~ 5:00 p.m.
Monday ~ Friday
By appointment

Wellness Clinic

Welcome to our Program

Welcome to our wellness program! Our goal is to assist you by assessing and identifying major personal health risk factors and to provide remedies which can help you be and stay well.

Program Services

Pharmaceutical Care Service:

- Review all your prescriptions, OTC drugs, supplements, & herbals and identify medication-related-problems

Modular Clinic Service:

- Health wellness screening questionnaire, check bone density, blood pressure, blood sugar, serum cholesterol, weight/height/waist size, and basal metabolic index

Full Clinic Service:

- Includes both modular and pharmaceutical care services

Follow-up Periodic Monitoring of the above:

- Includes ongoing recording of your results and progress.

What Can We Do To Help?

The faculty pharmacist will provide you with our services. Our clerk will confidentially maintain all your records, schedule appointments, and make follow-up phone calls.

Here's what we'll do for you:

- help you to best manage your medication
- identify health-risk factors
- suggest appropriate intervention measures
- develop a personalized action plan specific to your needs
- provide supplemental educational materials and presentations on healthy lifestyles and prevention
- The level of our services will be based on your personal wishes.



What is Wellness?

Wellness is a healthy balance of the mind-body and spirit that results in an overall feeling of well-being. Too often we are stressed, don't practice healthy eating, and don't exercise enough. A new syndrome called "Metabolic Syndrome" is affecting us in epidemic proportions. It is associated with abdominal obesity, high blood lipid profiles, increased blood sugar, and hypertension.



To make an appointment at the Falls Prevention Clinic call:

209.946.2374

The information and suggestions provided through our services are not a substitute for those of your primary care provider.