Personal Safety Tips
Always be aware of your surroundings. Trust your feeling and act on your feelings if you are feeling uncomfortable.
Be aware that alcohol and drugs impair your ability to identify and act on your feelings.
Know your sexual limits.
Avoid walking alone at night. If you must walk alone, use a well traveled, lighted route and carry a noise making device, such as a whistle.

Protecting Yourself from Drug Facilitated Sexual Assault
Never leave your drink unattended nor accept an unopened drink from anyone other than a bartender or server.
If you think your drink has been tampered with, seek medical attention and toxicology testing.

Keeping Secure in Your Residence Hall
Lock your door at all times, even if you are gone for only a minute.
Do not open exterior doors as this is a safety risk.
Never let strangers into residence hall, room, or apartment.
Copying key is prohibited.
Do not burn candles or incense.
Do not use combustible material near hot surfaces or as decorations.
Know your plan of escape from your residence in case of fire or other emergency.
If you return to your residence and find signs of forced entry, leave immediately, seek safety and notify the police immediately.
Report any suspicious person(s) or activity to the University Police.

Staying Safe Off-Campus
Lock doors and windows at all times.
Contact local police department for advice about lock purchases and placement.
Always identify visitors before allowing them to enter.

Staying Safe in the Workplace
Always lock your door when you leave your office.
Never prop open a locked door.
Never leave your valuables such as wallet, purse or jewelry lying on your desk.
Notify the police if you are aware of any situation that may result in violence in the workplace.

Protecting Yourself While Running
Run in a familiar area and avoid running at night.
Don’t wear headphones. You need to use your ears to be aware of your surroundings.
Avoid unpopulated areas, deserted streets, parked cars.
Always carry identification and if necessary include any important medical information.
Carry money for a phone call.
If someone makes you feel uncomfortable, trust your feelings and move away.
If someone follows you, do not go to your residence. Instead, run to the police department at the corner of Manchester and Brookside or use the nearest emergency phone.

Protecting Your Property
Never leave backpacks, purses or wallets lying exposed in your room or any other area, especially the library.
Keep a list of the 800 numbers for reporting stolen credit cards for all your cards.
Never give out your bank authorization code over the telephone.
Personal Safety for Students

Preventing Auto/Bicycle Theft
Always close your car, close windows and take your keys.
Invest in a car alarm or a less expensive device "The Club."
Never leave valuables in sight.
Never leave your car running and unattended.
Register your bicycle with Public Safety.
Park your bike in a bicycle rack, park and lock it in a well lighted place.

Handling Harassing Phone Calls
Hang up as soon as you realize the nature of the call.
Pay attention to any details that can identify the caller
Keep a log of calls received
Use *69 or caller ID to see if you can determine the caller’s phone number.

Protecting Yourself While Using an Automated Teller
Avoid using automated teller machine at night.
Protect your PIN.
When finished, be sure you have your card and receipt.

Being Safe Online
Avoid giving out personal information such as your address and phone number
When agree to meet anyone whom you met on the internet, be very cautious and arrange a meeting in a public place and bring along a friend for security.
For more information, see Online Social Networking Dangers and Benefits.

Preventing Domestic Violence and Stalking
Report any violence to the police. Both the University Police and the Stockton Police Department interact with the Domestic Violence Unit of the District Attorney’s office. If you are in an abusive relationship, there is help available through the Victim Advocate and Counseling Services.