

School of Health Sciences

Graduate Pathway Plan

MASTER OF SCIENCE IN ATHLETIC TRAINING (MSAT)

PROGRAM OVERVIEW

Pacific's Master of Science in Athletic Training (MSAT) is a full-time cohort-model graduate program designed to prepare highly qualified Athletic Trainers who collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation for athletes and patients. The program combines hands-on academic classes taught by experienced, caring faculty and clinical experiences with athletes, including a 12-week full-time clinical internship of your choice. Graduates have gone on to secure positions with the National Football League, Major League Baseball, the National Basketball Association, Oregon State University, Washington State University and other universities.

STARTING TERM:

SUMMER

APPLICATION DEADLINES:

JANUARY 15 (PRIORITY DEADLINE); June 1 (FINAL DEADLINE – ON A SPACE-AVAILABLE BASIS)

ADMISSION REQUIREMENTS:

- 1) Minimum GPA: 3.0 (Cumulative or in last 60 units of coursework)
- 2) Completion of all required prerequisite courses with a minimum GPA of 3.0
- 3) Minimum of 100 clinical observation hours with a licensed athletic trainer.
- 4) Completed/ verified ATCAS Application by published application deadline
- 5) Letter of recommendation from the primary athletic trainer who supervised observation hours
- 6) 2nd letter from a college or university instructor or employer

= **Guaranteed program interview**

PREREQUISITE COURSES:

UOP COURSE ID:	SUBJECT AREA
BIO 041, 051, OR 061	BIOLOGY
BIO 011*, BIO 170, OR HESP 133	ANATOMY
BIO 011* OR BIO 180	PHYSIOLOGY
ANY 3.0-UNIT CHEMISTRY COURSE	CHEMISTRY
ANY 3.0-UNIT PHYSICS COURSE	PHYSICS
HESP 133 OR HESP 161	KINESIOLOGY/ BIOMECHANICS

UOP COURSE ID:	SUBJECT AREA
HESP 129	EXERCISE PHYSIOLOGY
PSYC 031, PSYC 053, OR PSYC 069	PSYCHOLOGY

**BIO 011 MAY FULFILL EITHER THE ANATOMY OR PHYSIOLOGY PREREQUISITE, BUT NOT BOTH.*

PLUS RECOMMENDED COURSES:

- One (1) ATHLETIC TRAINING COURSE. EITHER: HESP 143, 145, 149, 150, OR 163
- One (1) HEALTH/ WELLNESS COURSE. EITHER: HESP 041 OR HESP 080
- One (1) NUTRITION COURSE. EITHER: HESP 045 OR HESP 135
- One (1) STATISTICS COURSE. EITHER: MATH 035, MATH 037, OR HESP 180
- One (1) RESEARCH METHODS COURSE. EITHER: HESP 148 OR HESP 179
- One (1) MEDICAL TERMINOLOGY COURSE: HESP 061

GRADUATE PREPARATION PLAN:

By following this graduate preparation plan, you will strengthen your preparation and chances for success in graduate study as well as enhance the depth and quality of your undergraduate learning experience.

Year 1:

1. Establish a career plan with Career Services Advisor
2. Create a LinkedIn account – connect with professional athletic training groups/ associations
3. Attend a Pacific Grad Expo and connect with MSAT program reps
4. Attend an MSAT info session
5. Join the Pacific MSAT social media channels

Year 2:

1. Class planning check-in with Faculty Advisor
2. Attend a regional athletic training or community-focused group meeting/ event
3. Join/ create an athletic training-related student organization
4. Do job shadowing with a licensed athletic trainer
5. Attend a Pacific MSAT student event

Year 3:

1. Discuss MSAT pre-requisites with Faculty Advisor
2. Check-in with Career Services to discuss progress towards career goals
3. Attend a regional athletic training group meeting/ event
4. Attend a Pacific MSAT student event – connect with an MSAT faculty or Peer Advisor
5. Utilize Handshake and meet with an Employer and Internship Specialist to find opportunities to earn observation hours and/ or get a part-time internship with a local athletic team/ athletic trainer (seek full-time work during the summer)

Year 4:

1. Discuss degree progress and graduation with Faculty Advisors
2. Schedule a Career Advising appointment for graduate school application support.
3. Attend a Grad Financial Aid workshop and ATCAS application workshop
4. Discuss your career goals and interest in attending health professional schools with your professors and set up recommenders for your ATCAS application
5. Attend a regional athletic training group meeting/ event
6. Continue athletic training observation/ internship/ job.
7. Attend a Pacific MSAT student event – connect with an MSAT faculty or Peer Advisor