

# tra·di·tion keep·er [noun]:

# A student who truly knows what it means to be a proud Pacifican.

Listed below are the University of the Pacific Traditions. Use this sheet to keep track of every tradition that you have completed, but don't forget to keep proof of your completion of that tradition (i.e. pictures, videos, ticket stubs, etc.).

- Students who entered University of the Pacific as a first-year are required to complete 75 traditions in order to become a University of the Pacific Tiger Traditions Keeper.
- Students who entered University of the Pacific as a transfer are required to complete 40 traditions in order to become a University of the Pacific Tiger Traditions Keeper.

### Good luck!

Once you have completed your traditions, please bring this form and all supporting documentation to the Orientation Office no later than May 1 of your graduating year for verification.

Name:

Student ID Number:

**Email Address:** 



## Academic

0	Meet with a departmental advisor
0	Attend Orientation
0	Meet with your College/School advisor
0	Attend at least 1 of the Presidential Speaker Series
0	Attend an event at the Presidents Residence
0	Participate in a Common Experience event
0	Study at William Knox Holt Memorial Library
0	Take a CORE course
0	Complete a General Education Cluster
0	Participate in a Student Research Project
0	Attend a professor's office hours/meet with a professor
0	Plan a group study session/utilize William Knox Holt Memorial Library Study Room
0	Take a course in Summer Sessions
0	Participate in a Study Abroad program
	Art/Culture
0	Attend a movie at the Janet Leigh Theatre
0	Visit the Haggin Museum
0	Attend a ASUOP A&E Movie, Concert or Speaker Series
0	Attend an event at the Faye Spanos Concert Hall (Jazz, Classica, Theater or Opera)
0	Attend a show at the Reynolds Gallery Art Show
0	Participate in or attend a student cultural night
0	Have a meal in the River Room or the Pacific Food Truck
0	Visit the Stockton Farmers Market
0	Attend a floor/house program in the Residence Halls
0	Attend Pow Wow, hosted on the University of the Pacific Stockton campus
0	Attend a TEDxUoPacific event
0	Attend an event/series in Morris Chapel



### Food

0	Have a meal at a restaurant on the Miracle Mile
0	Visit Tiger Yogurt
0	Attend a Housing/Bon Appetit Themed Dinner at the Marketplace
0	Swipe a friend into a dining hall for a meal together
0	Swipe a faculty/staff into a dining hall for a meal together
	Athletics
0	Attend a Pacific Men's Basketball game
0	Attend a Women's sporting event
0	Attend an athletic Tailgate
0	Attend a Fall sporting event (other than Men's Basketball)
0	Attend a Winter sporting event (other than Men's Basketball)
0	Attend a Spring sporting event
0	Attend an away game for any Pacific sport
0	Attend a playoff or championship game for any sport
0	Take a picture with Powercat
	Recreation/Outdoors
0	Take a recreation class through the Baun Fitness Center
0	Participate in an intramural sport
0	Walk/run the perimeter of campus or take a self-guided campus tour
0	Attend a Tiger Escape
0	Climb the Rock Wall
	Campus Highlights
0	Take a stroll through the Ted and Chris Robb Community Garden
0	Find the turtles in the Calaveras River
0	Rub the nose of one of the Pacific Tiger statues for good luck!
0	Take a picture with one of the Pacific Tiger Sculptures
0	Take a selfie in front of Burns Tower
0	Take a selfie in front of your favorite campus location



		Clubs and Organizations	Office of Orient
	0	Join a club or organization	and Transition I
•	0	Visit the First Pacific Friday	
	0	Attend an ASUOP Open Meeting	
	0	Attend a social event held by a campus club/organization	
	0	Attend a Pacific Global event	
	0	Participate in an activity or event held by an academic club or group	
	0	Attend an event during National Transfer Student Week	
	0	Flyer or a club or organization	
		Personal Achievements	
	0	Write a response to a Pacifician article and have it published	
	0	Take a photo in cap and gown	\\\\
	0	Become a recipient of the Faith Davies Award	\ \
	O	Attend a wellness workshop at Pacific Counseling & Psychological Services (CAPS)	
		Declare candidacy for graduation	
	0	Make the Dean's List	
	0	Graduate with Department Honors	
	0	Graduate with College Honors	
		Campus Leadership	
		Get involved in any of the following student groups/campus dep	partments:
	0	Associated Students of the University of the Pacific (ASUOP)	
	0	Summer High School Institute student Employee (RA)	
	0	STRIPE Transport and Escort Service Officer	
	0	Fraternity & Sorority Life (chapter leadership, IFC/Panhellenic, etc.)	
	0	SSD (Note Taker, Volunteer, etc.)	
	0	Orientation & Transition Programs (Orientation Leader)	
	0	Residential Life (Resident Assistant, Hill Government Representative, Move-in A	ssistant, etc.)
	0	TRIO Program	
	0	Student Alumni Association	
	0	Student Media (Pacifican, Pacific Radio)	
	0	Undergraduate Admission (Tiger Team - Campus Tours)	
	$\bigcirc$	Volunteer Center (Task Manager Site Manager Project Manager)	

## Career

PACIFIC
Office of Orientation and Transition Program

0	,	Office
0	Visit the Career Center	and <sup>-</sup>
0	Join the Pacific Alumni LinkedIn group	
0	Attend a career building workshop	
0	Have your resume critiqued through a Career Center workshop	
$\sim$	Attend a career networking night	
0	Attend a campus job fair	
0	Complete an internship	/
	Volunteer	
0	Participate in Pacific Day of Service	
0	Participate/volunteer in Pacific Admit Day	
0	Sign up for a One Bus, One Cause opportunity	
0	Donate food and supplies to the University of the Pacific Food Closet	
0	Donate blood	
0	Volunteer with a student-initiated outreach program with the CIP Office	`
0	Volunteer in the Teaching Kitchen Project	
0	Donate hair to Locks of Love	
	Pacific Spirit	
0	Attend the Tigers Tradition Rally event	
0	Take a picture with Powercat	
0	Attend Ossy	
0	Attend a Pacific homecoming	
0	Attend ASUOP Block Party	
0	Attend Tiger Rally	
0	Attend ASUOP Tigerlands	
0	Participate in Pacific Fridays	
0	Donate to the University of the Pacific (Pacific Gives)	
0	Attend graduation gown ironing	
0	Obtain a University of the Pacific license plate frame	
0	Join the University of the Pacific Marching Band, Color Guard, or Spirit Squad	