



University of the Pacific Arthur A. Dugoni School of Dentistry
126th Alumni Association Annual Meeting – 2025 Alumni Weekend
Including The 39th Frederick T. West Orthodontics Lectureship and
The 2nd Alan H. Gluskin Endodontics Symposium



Parul Dua Makkar, DDS

Saturday, February 1, 2025

- 1.5 CE units

Subject Area: Oral Cancer Early Diagnosis

Title: "When a Dentist Dies of Oral Cancer, the Need for Earlier Diagnosis"

Course Description:

Identify patient risk factors, recognize the stats, and explore HPV vaccines. Discuss screening/documentation protocols, signs/symptoms, treatment protocols, and associated communication skills.

Objectives:

- 1) Define oral cancer and explore the statistics. Recognize the risk factors and signs/symptoms of oral cancer.
- 2) Evaluate how to advocate for yourself and your patients.
- 3) Discuss prevention, HPV vaccines and encouraging biopsy.

Saturday, February 1, 2025

- 0 CE units

Subject Area: Life Interrupted

Title: "Reflecting on a Life Interrupted, and The Legacy One Leaves Behind"

Course Description:

In this empowering presentation, Dr. Makkar shares wisdom drawn from her brother's words as well as highlighting the lifestyle choices we can choose to create balance, wholeness, and pure potential in our lives.

Objectives:

- 1) Appreciate the power of hope and how it can sustain us through hardship.
- 2) Recognize that facing challenges offers a steppingstone to greatness.
- 3) Appreciate the hand that life dealt and discover how to make the best of it.

Short Bio:

Dr. Parul Dua Makkar is an award dentist in private practice in Long Island, NY. Her life took a different turn after losing her younger and only sibling to Oral Cancer, since his death she helps bring oral cancer awareness to her patients and Dental professionals. She has been featured globally and has served as a Wellness Ambassador to the American Dental Association. Dr. Makkar has co-authored several articles including the epilogue to the book Life Interrupted, Dr. Dua's Survival Guide.

<https://parulduamakkar.com>