



University of the Pacific Arthur A. Dugoni School of Dentistry
127th Alumni Association Annual Meeting – 2026 Alumni Weekend
Including The 40th Frederick T. West Orthodontics Lectureship and
The 3rd Alan H. Gluskin Endodontics Symposium



Dr. David S. Eshom '85

Friday, January 23, 2026

8:30 am – 11:30 am (includes 30-minute break)

2.5 CE units



Subject Area: Cosmetic Dentistry

Title: "The Art of Non-Invasive Cosmetic Dentistry: Smile Enhancement Without Destruction"

Course Description:

It is so rewarding helping patients feel better about themselves through a rejuvenated smile. The problem is it almost always takes grinding on healthy tooth structure. This lecture will explore several non-invasive techniques to significantly enhance smiles with no grinding required. As dentists, our responsibility is to help patients keep their teeth for life. These cosmetic approaches allow us to honor that promise while giving patients a more confident and natural-looking smile.

Objectives:

- 1) Evaluate a patient's smile and determine suitable enhancements without altering natural tooth structure. Identify cases where non-invasive cosmetic techniques are the preferred treatment option.
- 2) Compare different non-invasive cosmetic materials and their clinical applications. Incorporate digital smile design tools to plan , execute and communicate treatment outcomes.
- 3) Demonstrate techniques for improving smiles using orthodontic and additive approaches. Communicate how to start the cos discussion the value of tooth preservation to patients while promoting esthetic improvements.
- 4) Apply minimally invasive principles to achieve natural, long-lasting, and youthful smile results. Recognize potential pitfalls and limitations of non-invasive procedures and how to avoid them.

Short Bio:

Dr. David Eshom is 1985 UOP/Dugoni graduate. He is a conservative cosmetic dentist that strives to preserve natural tooth structure by using Invisalign and non-invasive direct composite veneers. He is probably the only dentist that is a Diamond Plus Invisalign provider and a credentialed cosmetic dentist. (American Academy of Cosmetic Dentistry, Accredited member). His lectures are on clear aligners, dental lasers, direct composite restorations, cosmetic dentistry, dental photography, and case acceptance. He has proctored several cosmetic dentistry residents in his office through the AACD. He also

mentors young dentists and predental students. Dr Eshom has served on UOP Alumni board and as president of the Alumni. He supports charities like Give Back A Smile and UCSD Free dental clinics to help victims of domestic violence and the underserved.

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We thank Bioclear for its support of this lecture.