

COVID-19 Isolation and Quarantine Requirements: When You Must Stay Home to Prevent the Spread of COVID-19

	Not Fully Vaccinated	Fully Vaccinated
Do you have COVID-19 <u>symptoms</u>?	<p>Consult with your healthcare provider to determine need for a COVID-19 test. Students should contact Student Health Center (209.946.2315 Option 1) to schedule a test.</p> <p>If no test is recommended or the test is negative, you may return to campus on the advice of your health care provider or Student Health Services.</p>	
Do you have a COVID-19 positive test result?	<p>Tested off-campus? Notify Human Resources (employees) or Student Health Center (students; 209.946.2315) about your positive test immediately.</p> <p>Tested on-campus? Contact tracing will begin automatically.</p> <p>Isolate until:</p> <ul style="list-style-type: none"> ✓ 10 days have passed since symptom(s) started, and ✓ No fever¹ or symptoms for 24 hours (without fever-reducing medication) 	
Weekly Testing	COVID-19 testing once per week.	None
Close Contact² Exposure without Symptoms	<p>Required to quarantine until 10 days after exposure; if symptoms develop during quarantine period review protocol for <i>Close Contact +New COVID-19 symptom</i>.</p> <p>If symptoms are not present, speak with your supervisor/instructor(s) about remote work/learn options during the quarantine period.³</p>	<p>No quarantine required if there are no symptoms.</p> <p>Test 3-5 days after exposure.</p>
Close Contact + New COVID-19 Symptom	<p>Consult with your healthcare provider to determine need for a COVID-19 test. Students should contact Student Health Center (209.946.2315 Option 1) to schedule a test.</p> <p>If you test positive, you must notify Human Resources (employees) or Student Health Center (students; 209.946.2315) immediately and isolate until all of the following are true:</p> <ul style="list-style-type: none"> ✓ 10 days since symptom(s) started, and ✓ Symptom-free for at least 24 hours (without fever reducing medication) <p>You can also return to work or the classroom if:</p> <ul style="list-style-type: none"> ✓ You tested negative for COVID-19 after the onset of symptoms; and ✓ 10 days have passed since symptom(s) started, and ✓ No fever or symptoms for 24 hours (without fever-reducing medication) 	

¹ "Fever" is defined as a temperature of 100.4 degrees Fahrenheit or higher.

² "Close contact" is defined as being within 6 feet of someone with the virus for a *cumulative total* of 15 minutes (or more) over a 24-hour period.

³ Temporary remote work/learn options during quarantine may not be available in every situation and is at the discretion of the supervisor/instructor.