

University of the Pacific

University Health and Safety Plan for COVID-19



June 28, 2021

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Introduction

This plan is based upon the current guidance issued by the [State of California Department of Public Health](#) and the [Centers for Disease Control and Prevention \(CDC\)](#). The Public Health Departments of San Joaquin San Francisco and Sacramento Counties have been included where appropriate. It also is issued to comply with the employee safety orders issued by [California Occupational Health and Safety Administration](#) (Cal OSHA) issued on June 17, 2021.

The University will begin to deliver instruction in-person beginning July 2021. Some employees (faculty and staff) who had been working primarily at home have begun to return to in-person work as of the date of this document. A return to pre-COVID on-campus activities for students and employees is permitted with some constraints as described in this document.

This health and safety plan is the overarching plan for University of the Pacific. However, there are some important campus-specific policies and protocols, specifically for the San Francisco campus, that should be carefully reviewed by all members of that campus. These plans are available [here](#).

Pacific has made COVID-19 vaccinations mandatory for students and employees. Students and employees must provide [proof of COVID-19 vaccination](#) status or submit a declination form. It is required that employees inform the University of their vaccination status per mandatory safety standards issued by Cal OSHA [here](#).

Employees and students are encouraged to report any potential COVID safety concerns [here](#). We encourage all students and employees to participate in identifying and evaluating potential COVID-19 hazards at Pacific.

While the University can take the lead in identifying what is needed and expected for an effective Health and Safety Plan, safeguarding our health and those around us will require the collective efforts of everyone in our campus communities. Each element in these protocols and processes are important, and each individual has a role. The decisions and behaviors of each of us impact the health and safety of all of us. This document is intended to help each individual in the campus community do their part in ensuring the health and for all.

Cal OSHA states that all employers must ensure the following are completed:

1. Perform a comprehensive risk assessment and create a site-specific prevention plan.
2. Train and communicate with students and employees about how COVID-19 is transmitted and the Health and Safety Plan.
3. Regularly evaluate plan compliance and document and correct deficiencies identified.
4. Investigate any COVID-19 illness and determine if any factors could have contributed to the risk of infection.
5. Inform the campus community of COVID-19 cases on campus in a non-identifiable way to preserve the confidentiality of the people involved.
6. Implement processes and protocols when a workplace/campus has an outbreak.
7. Identify close contacts (persons within six feet for 15 minutes or more) of an infected student or employee and take steps to isolate COVID-19 positive student/employee.
8. Ensure that vendors, independent contractors and others performing services on campus are knowledgeable about Pacific's prevention plan and adhere to them.

It is important to note that this plan may be modified depending upon COVID-19 outbreaks on campus and/or directives of our Public Health Departments, CDC or Cal OSHA.

Questions regarding Pacific's Health & Safety Plan should be directed to COVID19_information@PACIFIC.EDU.

Health and Safety Requirements

The University has identified and addressed four discrete areas to return students and employees to in-person academic and co-curricular operations on all campuses and to reopen residential facilities on our Stockton and Sacramento campuses. These areas are:

1. Identification, evaluation and mitigation of COVID-19 hazards.
2. COVID-19 case management of suspected or confirmed cases.
3. Communication and notice.
4. Enforcement and compliance.

1. COVID-19 INFECTION MITIGATION

1.1 Vaccination

Pacific requires all students and employees to be fully vaccinated. [Vaccination clinics](#) are available on all three of our campuses and at multiple locations throughout the community. Appointments can be made through [MyTURN](#) at <https://myturn.ca.gov/>.

All students returning to campus are required to be fully vaccinated or have submitted a [declination form](#) prior to returning to campus. You are considered fully vaccinated two weeks after your second dose in a two-dose series, such as the Pfizer or Moderna vaccine, or two weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine. Student vaccination information must be uploaded to [Pacific's Health Portal](#).

All employees returning to campus are required to be vaccinated or have submitted a [declination form](#). Employees must inform Pacific of their vaccine status by June 24, 2021 to facilitate development of workplace protocols prior to return. You are considered fully vaccinated two weeks after your second dose in a two-dose series, such as the Pfizer or Moderna vaccine, or two weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine.

1.2 COVID-19 Training Program

The online training program for employees and students has been updated and will be available on June 28, 2021. The undergraduate/graduate student training module can be found at [Pacific+](#). The Stockton and Sacramento employee training module can be accessed on Bridge [here](#). For San Francisco students and employees, the training module can be found [here](#). Completion of this course is mandatory prior to returning and/or coming on to any of Pacific's campuses. This training includes:

- A general overview of COVID-19 how it spreads.

- University and campus-specific requirements to protect vaccinated and unvaccinated employees and students from COVID-19 hazards and how to participate in the identification and evaluation of such hazards.
- For employees only, information regarding COVID-19 related benefits for which an employee may be entitled.
- Proper use of face coverings and the fact that face coverings are not respiratory protective equipment. Conditions under which face coverings must be worn on campus.
- Right of unvaccinated or not fully vaccinated people to request a respirator for voluntary use and how to properly wear and perform a seal check.
- How to request a respirator (N95).
- The importance of hand washing.
- COVID-19 symptoms and the importance of not coming to campus and obtaining a COVID-19 test if you have symptoms.
- How to access COVID-19 testing and vaccination. Vaccinations are highly effective at reducing COVID-19 disease, protecting against both the transmission and serious illness or death.

1.3 Face Coverings and Respirators

California Department of Public Health guidelines are [here](#).

Face covering means a surgical mask, a medical procedure mask, a respirator worn voluntarily or a tightly woven fabric or non-woven material of at least two layers. A face covering has no visible holes or openings and must cover the nose and mouth. A face covering does not include a scarf, ski mask, balaclava, bandana, turtleneck, collar or single layer of fabric. Face coverings are available to employees and students via the mail rooms on the Stockton and Sacramento campuses.

For individuals who are FULLY VACCINATED, face coverings are NOT required indoors or in Pacific owned or rented vehicles, except under certain clinical settings.

For all employees or students who are NOT FULLY VACCINATED face masks are required indoors or in Pacific owned or rented vehicles, including carts. The following exceptions apply:

1. Face covering does not need to be worn if the employee or student is alone in a room or vehicle.
2. Face covering does not need to be worn while eating or drinking, provided the unvaccinated employees or students are at least six feet apart.
3. Employees or students who cannot wear face coverings due to a medical or mental health condition or disability, or who are hearing impaired or communicating with a hearing-impaired person.
4. Employees or students exempted from wearing face coverings due to number 3 above shall wear an effective non-restrictive alternative, such as a face shield with a drape on the bottom, if their condition or disability permits.
5. Any employee or student not wearing a face covering due to item 3 or 4 above, and not wearing a nonrestrictive alternative, must be at least six feet apart from other persons unless the unmasked employee or student is either fully vaccinated or tested at least weekly for COVID-19.

Respirators

A face covering is not a respirator. “Respirator” means a respiratory protection device approved by the National Institute for Occupational Safety and Health (NIOSH) to protect the wearer from particulate matter, such as an N95 filtering face piece respirator.

Pacific will provide respirators (N95) to those vaccinated and unvaccinated employees or students who would like to utilize one for voluntary use. Employees will be required to sign the Cal OSHA voluntary use form. Both employees and students will be provided the following information:

1. How to properly wear the respirator provided.
2. How to perform a seal check according to the manufacturer’s instructions each time a respirator is worn, and the fact that facial hair interferes with a seal.

Respirators are also available to employees and students through the Stockton and Sacramento mail rooms.

Caring for Face Coverings

Cloth face coverings should be washed regularly. Always remove masks correctly and wash your hands after handling or touching a used mask.

- Include your mask with your regular laundry.
- Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make a mask.
- Use the highest heat setting and leave in the dryer until completely dry.
- Use soap and warm water and air dry if you are not able to machine wash.

When to Discard Cloth Face Coverings

- No longer covers the nose and mouth.
- Have stretched out or damaged ties or straps.
- Cannot stay on the face.
- Have holes or tears in the fabric.

Caring for Respirators

Respirators are daily use and should be disposed of after each day of use.

1.4 Healthcare Personal Protective Equipment (PPE)

The description below refers primarily to face covering practices for individuals whose specific work tasks include clinical or hazardous duties, for which the University will follow Cal OSHA’s PPE requirements. When using either face coverings or PPE, do not use ones with a breathing valve as these allow unfiltered breath, and possibly respiratory secretions, to exit the mask and do not protect the people around the mask wearer.

The University will provide appropriate medical grade PPE (including face shields as needed, gowns, masks and gloves) for all medical, safety, clinical and housing personnel on all three campuses as necessary to safely carry out their duties.

Please see the [CDC HealthCare Worker’s PPE guidelines](#) for more information.

1.5 Healthy Hygiene Practices

Pacific supports healthy hygiene behaviors by ensuring adequate supplies of soap, alcohol-based hand rub (ABHR) containing at least 60% ethyl alcohol or 70% isopropyl alcohol, paper towels, tissues, disinfectant wipes, cloth face coverings and no-touch trash cans.

Hand Washing

Students and employees should frequently wash their hands for 20 seconds with soap and water. Using “antimicrobial” soap is not necessary or recommended. When hand washing is not practical, students and employees should use alcohol-based hand rubs. Hand-sanitizing stations have been placed throughout all campus buildings.

Respiratory Hygiene/Cough Etiquette

Students and employees should practice respiratory hygiene and cough etiquette measures to limit the transmission of respiratory pathogen spread by droplet and airborne route with the following recommendations:

- Cover coughs and sneezes with a tissue or use the inside of the elbow.
- Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds.
- If soap and water are not readily available, ABHR containing at least 60% ethyl alcohol, or 70% isopropyl alcohol is recommended.

Cleaning and Disinfecting

Facilities personnel will clean and disinfect common areas and bathrooms daily.

Students and employees driving carts or University owned or rented vehicles must practice all safety protocols as indicated in this document (e.g. hand hygiene, cloth face coverings) and appropriately clean surfaces touched during vehicle operations.

Students and employees will be responsible for:

- Keeping their personal items (e.g. cell phones, other electronics) and personal work and living spaces clean.
- Using disinfectant spray to wipe down desks, kitchen appliances, lab equipment, printers and other shared objects and surfaces before and after use.
- Using disinfectant wipes to wipe down high touch items in classrooms.

To obtain disinfectant spray, an order should be placed with facilities (FAMIS). Disinfecting wipes will be available in classrooms.

Ventilation

In Stockton and Sacramento, the buildings air filters have been replaced with MERV-13 filters. Most, filters have a rating that defines how well the filter traps specific types of particles. Ratings are from 1 to 16. MERV-13 has been shown to be efficient at capturing particles the size of the SARS-CoV-2 viral particles.

For mechanically ventilated buildings, Facilities has increased outdoor air ventilation by disabling demand-controlled ventilation and opening outdoor air dampers to 100%, or the greatest amount feasible as indoor and outdoor conditions permit.

1.6 Mandatory Daily Self-Screening

Students and employees are required to perform daily self-screening before coming to campus to assess their risk of being COVID-19 positive or being exposed to another person who is COVID-19 positive prior to coming to campus or interacting with others on campus. The screening is not intended to diagnose COVID-19, but to identify possible symptoms of the virus and to raise awareness of wellness. If you believe you have COVID-19 symptoms, stay home and seek medical guidance.

1.7 Classrooms/Laboratory Space

Fully vaccinated individuals: No COVID-19 related restrictions. There may be other safety requirements in lab spaces.

Unvaccinated individuals must:

- Wear a CDC-approved face covering whenever indoors (residence halls, classrooms, etc.) on campus (unless you are in a room alone).
- Maintain 6-foot distance from other people when removing face coverings to eat or drink.

1.8 Housing and Dining

Housing

Fully vaccinated individuals: No COVID-19 related restrictions on campus, with the exception of some clinical settings.

Unvaccinated individuals must:

- Wear a CDC-approved face covering whenever indoors (residence halls, classrooms, etc.) on campus (unless you are in a room alone).
- Maintain six-foot distance from other people when removing face coverings to eat or drink.

Dining (All Campuses)

All dining on our campuses will be open without occupancy limitations. Unvaccinated individuals must wear a mask while not eating or drinking. These may be removed while eating, but a six-foot physical distance must be maintained from all other individuals.

2. COVID-19 Case Management

2.1 Communication

Questions can be sent to COVID-19_information@PACIFIC.EDU.

Campus Communication of Confirmed Cases

Appropriate members of the campus community will be notified immediately of any positive case of COVID-19 while maintaining confidentiality as required by state and federal laws, including FERPA and the Americans with Disabilities Act (ADA). Those who have not been fully vaccinated, and had close contact with a person diagnosed with COVID-19, will be notified and advised to stay home or in their living quarters and monitor for symptoms, and follow CDC guidance if symptoms develop. Those that are fully vaccinated will not be asked to stay home or in their living quarters as long as they have no COVID-19 symptoms. The campus community will receive notifications of confirmed exposures and facility closures via campus email. Communications of confirmed cases and exposures for employees will come from Human Resources and Student Health Center will be contacting students.

2.2 Requirements for those with COVID Symptoms or Close Contact

Student Protocol for New Onset of Symptoms

If You Live in On-Campus Housing:

- Head back to (or remain) in your room and isolate yourself.
- Let your roommate know you are ill and need to be alone. Your roommate should clean high-touch surfaces in your residence, and may need to leave food at your door so that you can remain isolated.
- Make an appointment using the [Pacific Health Portal](#) for a COVID-19 Phone Screening with a Student Health Center provider.
- Contact Student Health Center – (209) 946-2315 Option 1 to schedule a phone appointment for assessment and guidance from a Health Services provider.
 - Business hours Monday through Friday from 8 a.m. to 5 p.m.
 - After hours care options:
 - Nurse Advice Line 209.946.2315 Option 4,
 - After Hours Telehealth **LiveHealth Online** to connect with a healthcare provider via phone or video appointment. <https://livehealthonline.com/>
 - Call 911 or report directly to the urgent care or emergency room for urgent and/or emergency health care as needed.
- Wait for a Student Health Center provider to call you at your scheduled appointment time.
- Receive onsite testing (Stockton, Sacramento) if available, or a referral to testing through an identified community partner (Stockton, Sacramento and San Francisco).
- If you give permission, Student Health Center will notify the Dean on Call of your current status to assist you with resources such as academic support or meal services.
- If the provider gives you a testing appointment, wear a face covering to the appointment and take care to limit what you touch.
 - **If you test positive:** You will be asked to isolate and recover either at home or in a room on campus that has been designated for recovery purposes. If you are placed in recovery housing on campus, you will be cared for and monitored daily.
 - **If you test negative:** Mask, social distance and retest in three days.

If you test positive, Student Health Center will notify the Dean on Call that you have tested positive for COVID-19, to provide assistance. To the extent possible, your confidentiality will be protected.

If you test positive and are currently living in campus housing, you will be moved to a residence hall for isolation. If you live off campus, you are asked to isolate there.

If You Live Off Campus:

Follow the same steps above to make an appointment with the Student Health Center using the Pacific Health Portal or contacting Student Health Center via phone 209-946-2315 Option 1 for a COVID-19 Phone Screening. If you live off campus and are diagnosed with COVID-19, you should isolate at home in your own room away from others and contact your medical provider.

Employee Protocol for New Onset of Symptoms

- Immediately leave campus and self-isolate at home.
- Alert your supervisor by phone or email.
- Supervisor will notify Human Resources.

- Contact personal physician.
- Receive health care instructions and guidance from personal physician.
- Continue to self-isolate at home until cleared to return to campus by personal physician.
- The employee's work area will be immediately closed for cleaning and disinfecting.

Students and Staff Identified as a Close Contact with Exposure while on Campus

Close contact is defined as within six feet of someone who has COVID-19 for a total of 15 minutes or more during a period of time starting 48 hours before the person began feeling sick until the person is isolated. **If you have been directly exposed and are not fully vaccinated:**

- Quarantine by staying home for 10 days after your last contact with a person who has COVID-19.
- Watch for fever (100.4 degrees), cough, shortness of breath or other COVID-19 symptoms.
- If possible stay away from others, especially those in higher risk or immunocompromised groups.

If you have been directly exposed and are fully vaccinated you do not need to stay home unless you have symptoms.

2.3 Quarantine for Unvaccinated or Not Fully Vaccinated Individuals

Per [CDC guidelines](#), quarantine keeps someone who might have been exposed to the virus away from others. This helps to prevent spread, especially if asymptomatic. While quarantine permits essential activity, those in quarantine should continue to stay home or in their primary residence. University, state and local health department guidelines should be followed.

3. Testing and Surveillance

3.1 Covid-19 Testing

Per Cal OSHA order, if there is an outbreak on campus, Pacific will provide testing to unvaccinated, exposed employees and students. Pacific will also provide testing to vaccinated employees and students if they have symptoms.

Students – How to obtain a COVID-19 Test

All registered students have access to telehealth appointments for testing, testing referrals and health care guidance through Student Health Center.

Faculty and Staff

Symptomatic Testing Strategy

All symptomatic students and employees will be referred for evaluation and clinical diagnostic testing (PCR or other validated testing platforms) as indicated. Symptomatic students and employees should not return to campus (or stay isolated on campus) until they have been tested for COVID-19 and, if negative, are symptom-free. Students and employees who test positive for COVID-19 should follow CDC, state, and local guidance for return to work.

3.2 Monitoring and Tracking COVID-19 Positive Test Results

The University has established contact tracing protocols on each campus to assist local Public Health officials in identification of contacts for COVID-19 positive individuals. For unvaccinated students, contact tracing is provided by the Student Health Center. For unvaccinated employees, contact tracing is performed by Human Resources. The University will communicate contact tracing information with government authorities as required by law and local orders.

Contact tracing is not required for vaccinated individuals.

3.3 Return to School/Work for Students and Employees with Confirmed or Suspected COVID-19

These protocols apply to all students and employees on Pacific’s three campuses. Either strategy listed under each scenario is acceptable depending on local circumstances, and currently pending health department orders, and will be verified by a telehealth clinician or personal physician prior to returning to campus.

SCENARIO 1 - Symptomatic individuals with suspected or confirmed COVID-19:

- Symptom-based strategy. Exclude from all campuses and in-person University events until:
 - 10 days have passed since symptoms first appeared, their symptoms have improved, and the employee or student has had no fever (without the use of fever reducing medications) for the last 24 hours.

SCENARIO 2 - Individuals with laboratory-confirmed COVID-19 who have not had any symptoms:

- Time-based strategy. Exclude from all campuses and in-person University events until:
 - 10 days have passed since the date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms, then the strategies in Scenario 1 must be followed. *Note* because symptoms cannot be used to gauge where these individuals are in the course of their illness, it is possible that the duration of viral shedding could be longer or shorter than 10 days after their first positive test.

SCENARIO 3 - Identified as an unvaccinated Close Contact of someone diagnosed with COVID-19.

- Unvaccinated individuals who have had close contact with someone diagnosed with COVID-19 should stay home for 10 days after their last exposure to that person. If they subsequently test positive or become symptomatic, the individual should follow Scenario’s 1 and/or 2 above.

4. Maintaining Healthy Operations

4.1 University Contractors, Consultants and Vendors

These requirements apply to contractors, consultants and vendors who provide services on University of the Pacific’s Stockton and Sacramento campuses and/or in University-owned or leased buildings (“University Property”).

These requirements do not apply to long term temporary agency staff, who must follow all University policies when working under the direction of a University employee.

All University contractors, consultants and vendors who provide services on campus or on University Property must comply with the California Department of Health, County Health Departments and Cal OSHA guidelines and any additional requirements and instructions provided by the University Representative with oversight responsibility over their engagement (the “University Representative”). Contractors, Consultants and Vendors must also comply with the following University requirements:

- Unvaccinated individual must wear a face covering that complies with [CDC](#) guidelines and must be worn in accordance with the [University's Health and Safety Plan](#). There are no exceptions to this policy for employees, workers, agents, third parties and all other individuals for whom a contractor or vendor is responsible when working on University property.
- Contractors, consultants and vendors who provide services on University property must notify, within 24 hours, Enterprise Risk Management (riskmanagement@pacific.edu) if an employee, worker, visitor, third party or any other individual for whom the contractor/consultant/vendor is responsible and who was at the work site tests positive for COVID-19 or leaves University work site due to symptoms that could be associated with COVID-19.
- If an employee, worker, visitor, third party or any other individual for whom the contractor/consultant/vendor is responsible, tests positive for COVID-19 and has been on University property within 48 hours prior to onset of symptoms, or date of positive test the contractor/consultant/vendor is responsible for:
 - Notifying the University Representative of the positive test.
 - Providing the affected individual's name and contact information to Enterprise Risk Management (riskmanagement@pacific.edu) who will conduct contact tracing to identify University staff, faculty or students who may have been in close contact with the affected individual.
 - Closing the work site until completion of cleaning and disinfecting all surfaces within the renovation/construction spaces that may have been touched by the individual, including break areas, elevators, stairwells and restrooms. The contractor/consultant/vendor is responsible for cleaning and disinfection or may hire a third party for cleaning and disinfection. The contractor/consultant/vendor must follow CDC guidance for cleaning and disinfection and use products that are effective against the virus that causes COVID-19.
- The affected contractor/consultant/vendor employee, worker, visitor, third party or other individual for whom the contractor/consultant/vendor is responsible may return to the University work site upon receipt of clearance from his/her healthcare provider or local health department. Clearance procedures must also comply with County Department of Health requirements.
- The contractor/consultant/vendor must submit documentation to the University Representative stating that the affected individual has been cleared to return to work by their healthcare provider or local health department. **Please do not submit confidential medical information.**
- Contractor/consultant/vendor employees, workers, visitors and other parties for whom the contractor/consultant/vendor is responsible must be provided with a means to review these requirements

Please email questions to riskmanagement@pacific.edu

4.2 Visitor/ Guest Protocols

All visitors or guest at the University who enter any building who are not fully vaccinated or unvaccinated must wear a face covering at all times.

4.3 Travel

Domestic Travel

State guidelines are [here](#). The University will only permit fully vaccinated employees and/or students to travel on Pacific business. If you are unvaccinated and choose to travel domestically for personal

reasons, what follows are the steps you should take prior to returning to campus. If you are a student returning to campus, these must be followed.

- Before you travel:
 - Get tested with a [viral test](#) 1-3 days before your trip.
- While you are traveling:
 - [Wearing a mask over your nose and mouth is required](#) on planes, buses, trains and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. transportation hubs such as airports and stations. Travelers are not required to wear a mask in outdoor areas of a conveyance (like on a ferry or the top deck of a bus). CDC recommends that travelers who are not [fully vaccinated](#) continue to wear a mask and maintain physical distance when traveling.
 - Avoid crowds and stay at least six feet or two meters (about two arm lengths) from anyone who is not traveling with you.
 - Wash your hands often or use hand sanitizer (with at least 60% ethyl alcohol or 70% isopropyl alcohol).
- After you travel:
 - Get tested with a [viral test](#) 3 to 5 days after travel **AND** stay home and self-quarantine for a full 7 days after travel.
 - Even if you test negative, stay home and self-quarantine for the full 7 days.
 - If your test is positive, [isolate](#) yourself to protect others from getting infected.
 - If you don't get tested, stay home and self-quarantine for 10 days after travel.
 - Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.
 - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
 - Follow all [state and local](#) recommendations or requirements.

International Travel

CDC guidelines are [here](#). Only fully vaccinated employees will be permitted to travel internationally on Pacific business.

Fully Vaccinated Individuals

- Before you travel
 - Make sure you understand and follow all airline and destination requirements related to travel, mask wearing, testing, or quarantine, which may differ from U.S. requirements. If you do not follow your destination's requirements, you may be denied entry and required to return to the United States.
 - Check the current [COVID-19 situation in your destination](#).
- During traveling:
 - [Wearing a mask over your nose and mouth is required](#) on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. transportation hubs such as airports and stations. Travelers are not required to wear a mask in outdoor areas of a conveyance (like a ferry or top deck of a bus).
 - Follow all recommendations and requirements at your destination, including mask wearing and social distancing
- Before you arrive in the United States:

- All air passengers coming to the United States, including U.S. citizens and fully vaccinated people, [are required](#) to have a negative COVID-19 test result no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States.
- After travel:
 - Get tested with a [viral test](#) 3 to 5 days after travel.
 - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
 - Follow all [state and local](#) recommendations or requirements after travel.

Unvaccinated or Not Fully Vaccinated Individuals

If you are not fully vaccinated and must travel, take the following steps to protect yourself and others from COVID-19:

- Before you travel:
 - Get tested with a [viral test](#) 1 to 3 days before your trip.
 - Make sure you understand and follow all airline and destination requirements related to travel, testing, or quarantine, which may differ from U.S. requirements. If you do not follow your destination's requirements, you may be denied entry and required to return to the United States.
 - Check the [COVID-19 situation in your destination](#).
- While you are traveling:
 - [Wearing a mask over your nose and mouth is required](#) on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. transportation hubs such as airports and stations. Travelers are not required to wear a mask in outdoor areas of a conveyance (like on a ferry or the top deck of a bus). CDC recommends that travelers who are not [fully vaccinated](#) continue to wear a mask and maintain physical distance when traveling.
 - Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
 - Wash your hands often or use hand sanitizer (with at least 60% ethyl alcohol or 70% isopropyl alcohol).
- Before you arrive in the United States:
 - All air passengers coming to the United States, including U.S. citizens and fully vaccinated people, are [required](#) to have a negative COVID-19 viral test result no more than three days before travel or documentation of recovery from COVID-19 in the past three months before they board a flight to the United States.
- After you travel:
 - Get tested with a [viral test](#) 3 to 5 days after travel **AND** stay home and self-quarantine for a full seven days after travel.
 - Even if you test negative, stay home and self-quarantine for the full seven days.
 - If your test is positive, [isolate](#) yourself to protect others from getting infected.
 - If you do not get tested, stay home and self-quarantine for 10 days after travel.
 - Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.
 - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
 - Follow all [state and local](#) recommendations or requirements.

4.4 Pacific Activities/Events

Beginning June 15, 2021, all sectors listed in the current [Blueprint Activities and Business Tiers Chart](#) may return to usual operations (with the limited exceptions noted below for Mega Events) based on the following general public health recommendations which are located [here](#):

Restrictions Applying to Indoor & Outdoor Settings	
Vaccine Verification / Negative Testing	Required for Indoor Mega Events Recommended for Outdoor Mega Events
Capacity Limitations	No restrictions
Physical Distancing	No restrictions for attendees, customers and guests
Masking	Follow current CDPH Guidance for Face Coverings
Travelers	Follow CDC recommendations and CDPH Travel Advisory

Limited Exceptions for Mega Events

Mega Events are characterized by large crowds greater than 5,000 (indoors) and 10,000 (outdoors) attendees. Mega Events may have either assigned or unassigned seating, and may be either general admission or gated, ticketed and permitted events.

Mega Events are considered higher risk for COVID transmission because:

- Participants and attendees are spending extensive periods of time physically close to large numbers of people they don't usually interact with.
- The frequency and total duration of close contact between attendees is increased, thereby increasing the risk that respiratory particles will be transmitted between attendees and participants.
- They draw from beyond the nearby community and will often draw attendees and participants from other states and countries who may be infected with more infectious COVID variants.
- Effective contact tracing may be difficult given the number of potential uncontrolled mixing between groups and attendees and the nature of the events.
- **For Indoor Mega Events (example: conventions/conferences/expos/sporting events and concerts):**
 - In addition to the general public health recommendations:
 - Verification of fully vaccinated status** or pre-entry negative test* result is required of all attendees.
 - Information will be prominently placed on all communications, including the reservation and ticketing systems, to ensure guests are aware of testing and vaccination requirements (including acceptable modes of verification).
 - Attendees must follow CDPH Guidance for Face Coverings.
- **For Outdoor Mega Events (example: music or food festivals/car shows/large endurance events and marathons/parades/sporting events and concerts):**
 - In addition to the general public health recommendations:

- Verification of fully vaccinated status or pre-entry negative test result is strongly recommended for all attendees. Attendees who do not verify vaccination status should be asked to wear face coverings.
- Attendees must follow CDPH Guidance for Face Coverings.
- Information will be prominently placed on all communications, including the reservation and ticketing systems, to ensure guests are aware that the State strongly recommends that they be fully vaccinated, obtain a negative COVID-19 test prior to attending the event, or wear a face covering.
- Venues are required to make masks available for all attendees.
- **Additional recommendations for sponsors of Mega Events:**
 - Encourage everyone to get vaccinated when eligible.
 - Facilitate increased ventilation of indoor spaces (i.e. open all windows and doors to increase natural air flow), following current [CDPH and CalOSHA guidance](#).
 - Encourage everyone to sign up for [CA Notify](#) as an added layer of protection for themselves and the community to receive alerts when they have been in close contact with someone who tests positive for COVID-19.
 - Convey the risk of attending large crowded events where the vaccine status of others in attendance may be unknown to the individuals.
 - Convey the risk of attending large crowded events for populations that may not currently be eligible for vaccination, or may be immunocompromised and whose vaccine protection may be incomplete.
 - Encourage all venues along any parade or event route to provide outdoor spaces for eating/drinking/congregating to reduce the risk of transmission in indoor settings.

The requirements and recommendations for negative testing / vaccine verification will be in place effective **June 15, 2021 through October 1, 2021**. The state will assess conditions by September 1, 2021, to determine whether updated requirements or recommendations are needed beyond October 1, 2021. CDPH will continue to provide updated guidance for youth, healthcare and high-risk congregate settings.

* Pre-entry negative testing

1. Definition: Testing must be conducted within 72 hours before event start time (both PCR and antigen are acceptable). Results of the test must be available prior to entry into the event or venue.
2. Verification: The following are acceptable as proof of a negative COVID-19 test result: printed document (from the test provider or laboratory) OR an email or text message displayed on a phone from the test provider or laboratory. The information should include person's name, type of test performed and negative test result (date of test must be within prior 72 hours). Businesses and venue operators may also utilize self-attestation at point of registration, during ticket purchase or on the day of the event prior to entry into the venue.

** Fully vaccinated

1. Definition: See current [CDPH Guidance for Fully Vaccinated Persons](#) for definitions, acceptable vaccines, and updates on additional vaccines as they are approved.
2. Verification: The following are acceptable as proof of full vaccination: Vaccination card (which includes name of person vaccinated, type of vaccine provided and date last dose administered) OR a photo of a vaccination card as a separate document OR a photo of the attendee's vaccine card stored on a phone or electronic device OR documentation of vaccination from a healthcare provider. Businesses and venue operators may also utilize self-attestation at point of registration, during ticket purchase or on the day of the event prior to entry into the venue.

Pacific may choose to require face coverings and social distancing at Pacific sponsored events or activities.

4.5 Compliance

All students, employees, vendor/contractors and visitors are subject to the health and safety standards and protocols as described herein, subject to any qualifying restriction (i.e. a medical condition which prohibits the use of a face covering). The progressive discipline of individuals who refuse to comply with University health and safety standards will be managed in a manner consistent with University compliance standards.

Employees who refuse to comply with these requirements may be subject to discipline consistent with Human Resource policies. Students who refuse to comply with these requirements may be subject to discipline through the [University's Student Conduct and Community Standards](#) and disciplinary criteria applicable to their campus or school. Policies for employees and students can be found here ([Students; employees](#)).

Vendor/Contractors who refuse to comply with applicable requirements will not be permitted on our campuses. Managers who invite vendors/contractors on to campus are responsible to ensure protocols are followed and will enforce protocols as needed. Visitors and guests who refuse to comply will be removed from our campuses.

Conclusion

COVID-19 has been one of the most challenging times in our history. By joining together, becoming vaccinated and follow guidance provided by our health departments, the State and Cal OSHA, we are now able to begin to return to normal daily activities.