

COVID-19 Close Contact Quarantine Requirements (updated April 12, 2022)

California Department of Public Health Quarantine Guidelines ([April 12, 2022](#)) are included below:

Persons Who are Exposed to Someone with COVID-19 with Symptoms (Quarantine)

<ul style="list-style-type: none">• Unvaccinated; OR• Incompletely vaccinated; OR <p>Not infected within the prior 90 days.</p>	<ul style="list-style-type: none">• Stay home (PDF) for at least 5 days, after your last contact with a person who has COVID-19.• Test on day 5.• Quarantine can end after day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative.• If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10.• Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.• If testing positive, follow isolation recommendations above.• If symptoms develop, test and stay home.
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Asymptomatic Persons Who are Exposed to Someone with COVID-19 (No Quarantine)

<p>Everyone, regardless of vaccination status.</p> <p>Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop.</p>	<ul style="list-style-type: none">• Test on day 5.• Wear a well-fitting mask around others for 10 days, especially in indoor settings (see Section below on masking for additional information)• If testing positive, follow isolation recommendations above.• If symptoms develop, test and stay home.
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Close Contacts - Specified High-Risk Settings** (Work exclusion and quarantine)

Persons Who are Exposed to Someone with COVID-19 (Work exclusion and quarantine)	Recommended Actions
<ul style="list-style-type: none"> • Unvaccinated; OR • Incompletely vaccinated; OR • Not infected with SARS-CoV-2 within the prior 90 days. 	<ul style="list-style-type: none"> • Stay home from work for at least 5 days, after last exposure. • Work exclusion can end after Day 5 if symptoms are not present and a diagnostic specimen collected on Day 5 or later tests negative. • If unable to test or choosing not to test, and symptoms are not present, work exclusion can end after day 10. • Comply with CDPH masking guidance (i.e., universal masking and, in some cases, where surgical masks or higher filtration respirators may be required). • Strongly encouraged to get vaccinated or boosted. • If symptoms develop, stay home and test as soon as possible; AND • If test result is positive, follow isolation recommendations.

****High-Risk Settings include:**

- [Emergency shelters](#) and [cooling and heating centers](#)
- [Healthcare settings](#)
- [correctional facilities and detention centers](#)
- [Homeless shelters](#)
- [Long Term Care Settings & Adult and Senior Care Facilities](#)

CDPH recommends that while not excluded from work, vaccinated and boosted healthcare personnel working in high-risk settings test immediately upon notification of exposure, and at 3-5 days.