



BACK TO PACIFIC

READY, SET. ROAR!

JULY 19-AUGUST 15
CALENDAR OF
EVENTS

2021

UNIVERSITY OF THE
PACIFIC

READY, SET, ROAR
THIS SUMMER!

BACK TO PACIFIC JULY 19-AUGUST 15

After many months, it's finally time to head back to our beautiful campus. Not only does this calendar include **direct and clickable links to join virtual events**, it also **includes locations for on-campus events**. We've added an event key to help you learn about and navigate the theme of each event. If you're in the area or are moving onto campus early, join us!

We've added an event key to help you learn about and navigate the theme of each event. **Event categories include:** arts and culture; recreational sports and activities; diversity, equity, and inclusion; health and wellbeing; campus involvement; as well as **unique events especially for new/incoming students and rising sophomores**.



..... EVENT KEY

● ARTS AND CULTURE

● RECREATIONAL SPORTS AND ACTIVITIES

● DIVERSITY, EQUITY, AND INCLUSION

● HEALTH AND WELLBEING

● FOR NEW STUDENTS

● FOR SOPHOMORE STUDENTS

● CAMPUS INVOLVEMENT



BACK TO PACIFIC | BEGINNING JULY 19

SCHEDULE

ON-CAMPUS PROGRAMS RECURRING DAILY

11:30AM-1PM | DEROSA UNIVERSITY CENTER LAWN

MUSIC ON THE LAWN

Play games, listen to music, and make friends at this daily chill session on DUC Lawn.



1PM-5PM | DEROSA UNIVERSITY CENTER-2ND FLOOR

TIGER PAUSE IN THE LAIR

Take a break and hang out in the Lair on the second floor of the DeRosa University Center!



8PM-10PM | DEROSA UNIVERSITY CENTER (DUC)

FIRESIDE SOCIALS

Build connection around the fire at this daily evening gathering. Activities can be checked out at the DUC Front Desk.



EQUITY & IDENTITY SPACES RECURRING EVERY TUESDAY

JOIN THE INTERCULTURAL STUDENT SUCCESS TEAMS WEEKLY TO BUILD COMMUNITY, MEET OTHER STUDENTS, AND RELAX.

11AM-12PM | VIRTUAL | [JOIN HERE](#)

ISS HANGOUT SPACE: BLACK STUDENT SUCCESS

● ON-CAMPUS: MCCAFFREY CENTER

2PM-3PM | VIRTUAL | [JOIN HERE](#)

ISS HANGOUT SPACE: GENDER EQUITY & PRIDE RESOURCE CENTER

● ON-CAMPUS: MCCAFFREY CENTER

3PM-4PM | VIRTUAL | [JOIN HERE](#)

ISS HANGOUT SPACE: LATINX AND NATIVE AMERICAN STUDENT SUCCESS

● ON-CAMPUS: RAYMOND LODGE

4PM-5PM | VIRTUAL | [JOIN HERE](#)

ISS HANGOUT SPACE: APID STUDENT SUCCESS

● ON-CAMPUS: RAYMOND LODGE

ON-GOING VIRTUAL RECURRING WEEKLY

MONDAYS | [INSTAGRAM](#)

MAKE IT YOURSELF MONDAYS

DIY with us weekly on the ASUOP Arts & Entertainment Instagram! @asuopae



MONDAYS | 2:00PM-4:00 | [JOIN HERE](#)

ISS DEI SUMMER MOVIE

Join ISS for our DEI Summer Movie Series. Each week we'll watch and discuss a different DEI film.



WEDNESDAYS | [INSTAGRAM](#)

WELL-BEING WEDNESDAYS

Jumpstart your wellbeing journey with ASUOP Arts & Entertainment through the dimensions of wellness to develop your own healthy routines. @asuopae



TIGER-X

GROUP FITNESS

Summer Schedule

JULY 6 - AUGUST 12

MONDAY

YIN YOGA
12:05 PM
with Veronica

TUESDAY

YOGA
12:05 PM
with Amanda

WEDNESDAY

SCULPT
12:05 PM
with Cynthia

THURSDAY

YOGA
5:15 PM
with Deanna

STRONG
NATION
5:15 PM
with Dany

Classes Passcode: *tigerx*
**Starting Mon, July 18th, all classes will be taught live in-person from Baun Fitness Center and streamed online!*

BARRE

Pulse through this low-impact class with a series of controlled and challenging moves to increase core strength, coordination & balance.

SCULPT

Train your total body in this class designed to strengthen all muscle groups while focusing on fundamental functional movement.

STRONG NATION

Amplify your workout by combining bodyweight, cardio & plyometric training synced to original music designed to match every rep!

YOGA

Flow into yoga that will harmonize the mind, body, & spirit with sound alignment and breath throughout a series of poses.

YIN YOGA

Move gently through long-held yin poses that allow you to deeply relax and release tension in your body

WEEK BY WEEK

PROGRAMS & EVENTS | JULY 19-JULY 20, 2021

MONDAY | JULY 19

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: YIN YOGA

Move gently through long-held yin poses that allow you to deeply relax and release tension in your body.



3:30PM-4:30PM | VIRTUAL | [JOIN HERE](#)
MINDFULNESS MONDAY: TRANSITIONING TO COLLEGE

The transition to college comes with a lot of planning, such as selecting a major, creating an academic plan, and planning on where you will live and what activities you may engage in. This workshop is designed to help first year students (both new and transfer students) learn how to create a plan for your mental health while in college. Participants will learn about different student acculturation stages and how to best engage in creating and maintaining a healthy balance between academic and social pursuits and self-care to increase your mental wellness while in college.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM
OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



7PM-8:30PM | VARIOUS RESIDENCE HALLS
RESLIFE WELCOME HOME SOCIAL SERIES

ResLife team to host social programming to build community within the residence halls.



TUESDAY | JULY 20

AVAILABLE JULY 20-AUGUST 13

HEALTHY HABITS: 25-DAY SUMMER CHALLENGE

What State Are You From? Share your state's best attributes. Where is ySelf-care for each person is as unique as one's personality. This daily challenge is about deciding, adapting, and being accountable for your personal well-being. Participation is virtually tracked and the challenge is open to all UOP students, faculty and staff. @pacificrec



12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: YOGA

Flow into yoga that will harmonize the mind, body, and spirit with stable alignment and breath throughout a series of powerful and relaxing poses.



1PM-2PM | VIRTUAL | [JOIN HERE](#)

KAHOOTS: PACIFIC/STOCKTON EDITION

Its Trivia time, connect and engage with others as you are challenged with Pacific Trivia!



5:15PM-6:15PM | BAUN FITNESS CENTER

TIGER X CLASS: STRONG NATION

Amplify your workout by combining body weight, muscle conditioning, cardio and plyometric training moves synced to original music designed to match every single move to make it through every rep!



7PM-8:30PM | VARIOUS RESIDENCE HALLS
RESLIFE WELCOME HOME SOCIAL SERIES

ResLife team to host social programming to build community within the residence halls.



EVENT KEY



WEEK BY WEEK

PROGRAMS & EVENTS | JULY 21-JULY 23, 2021

WEDNESDAY | JULY 21

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: SCULPT

Train your total body in this class designed to strengthen all muscle groups while focusing on fundamental functional movement.



3PM-4PM | VIRTUAL | [JOIN HERE](#)

ASIANS IN MEDIA

Have you ever broke down the stereotypes of an Asian Actor in major films? Join in on the discussion.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM

OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



7PM-8:30PM | VARIOUS RESIDENCE HALLS

RESLIFE WELCOME HOME SOCIAL SERIES

ResLife team to host social programming to build community within the residence halls.



THURSDAY | JULY 22

3PM-4PM | VIRTUAL | [JOIN HERE](#)

LET'S UNPACK THAT: MASCULINITY

Join Gender Equity & Pride as we unpack critical topics with our summer series: Let's Unpack That. Join as you're able or explore the whole series. Let's unpack Masculinity.



3PM-4PM | DEROSA UC 211

sophoMORE EXPERIENCE: BE MORE

This workshop centers on helping second-year students to become well-rounded adults. This session will cover topics like Financial Management, Stress Management, Time Management, and Knowing your Strengths.



5:15PM-6:15PM | BAUN FITNESS CENTER

TIGER X CLASS: YOGA

Flow into yoga that will harmonize the mind, body, and spirit with stable alignment and breath throughout a series of powerful and relaxing poses.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM

OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



7PM-8PM | DUC LAWN

BRICKYARD SERIES: SUNSET YOGA ON THE LAWN

Enjoy our ASUOP Arts & Entertainment's Brickyard series! Yoga mats provided, join Pacific Recreation on the DUC lawn for a relaxing way to end your day.



FRIDAY | JULY 23

2PM-3PM | VIRTUAL | [JOIN HERE](#)

TRAVELLING POST-COVID

Where are you going or where have you been, since travel restrictions have been lifted.



.....EVENT KEY.....



ARTS AND CULTURE



RECREATIONAL SPORTS AND ACTIVITIES



DIVERSITY, EQUITY, AND INCLUSION



HEALTH AND WELLBEING



FOR NEW STUDENTS



FOR SOPHOMORE STUDENTS



CAMPUS INVOLVEMENT

WEEK BY WEEK

PROGRAMS & EVENTS | JULY 23-JULY 25, 2021

6PM-7PM | DUC LAWN

ZOOM & CHILL: TIGERS ACTIVITY TIME

You can stop by and unwind with your fellow Tigers. Orientation staff will be facilitating the fun, and all skill levels are welcome.



7PM-8PM | VIRTUAL | [JOIN HERE](#)

LIT GAME NIGHTS: SPEED FRIENDING

Speed Friending from Lit Game Nights is coming to our campus! Log in as strangers, log out as friends! Lit Game Nights are the most fun (virtual) way to meet new friends and get that sense of community we've been missing. Make sure to RSVP today and share this with your friends.



7PM-8PM | DUC BALLROOM

PACIFIC FRIDAY NIGHT LIVE (FNL): SPEED FRIENDING

You never know how you'll meet your new best friend! In this fun spin on speed dating, quickly make as many new friends as possible.



AVAILABLE FOR 24 HOURS | [JOIN HERE](#)

ASUOP VIRTUAL FILM SERIES

Watch the latest feature film or independent movie on your time wherever you are!



8PM-10PM | JANET LEIGH THEATRE

ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



SATURDAY | JULY 24

8AM-5PM | OFF-CAMPUS

TIGER ESCAPE: DAY HIKE AT LAKE CLEMENTINE TRAIL

Explore some of the foothills, chase some waterfalls, see the tallest bridge in California and cool off with a swim in the American River. This 4.5 mile moderate hike, will not disappoint! Lunch and transportation from the Stockton campus provided.



7PM-9PM | VARIOUS RESIDENCE HALLS RESLIFE SATURDAY SOCIALS SERIES

Join Residential Life in building connections on Saturdays through various socials!



8PM-10PM | JANET LEIGH THEATRE ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



SUNDAY | JULY 25

8PM-10PM | JANET LEIGH THEATRE ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



.....EVENT KEY.....



ARTS AND CULTURE



RECREATIONAL SPORTS AND ACTIVITIES



DIVERSITY, EQUITY, AND INCLUSION



HEALTH AND WELLBEING



FOR NEW STUDENTS



FOR SOPHOMORE STUDENTS



CAMPUS INVOLVEMENT

WEEK BY WEEK

PROGRAMS & EVENTS | JULY 26-JULY 29, 2021

MONDAY | JULY 26

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: YIN YOGA

Move gently through long-held yin poses that allow you to deeply relax and release tension in your body.



3:30PM-4:30PM | VIRTUAL | [JOIN HERE](#)
MINDFULNESS MONDAY: TRANSITIONING TO COLLEGE

This workshop will focus on how to define and effectively manage self-care and energy management for optimal well-being during the school year. Participants will learn how to develop multifaceted self-care plans, identify areas to improve their routines, and maintain their energy over the course of the year.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM
OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



TUESDAY | JULY 27

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: YOGA

Flow into yoga that will harmonize the mind, body, and spirit with stable alignment and breath throughout a series of powerful and relaxing poses.



1PM-2PM | VIRTUAL | [JOIN HERE](#)

VIRTUAL ESCAPE ROOM: FIND HIDDEN CLUES & SOLVE A MYSTERY!

Come and connect with your fellow Tigers as you work together to navigate a virtual escape room.



5:15PM-6:15PM | BAUN FITNESS CENTER

TIGER X CLASS: STRONG NATION

Amplify your workout by combining body weight, muscle conditioning, cardio and plyometric training moves synced to original music designed to match every single move to make it through every rep!



WEDNESDAY | JULY 28

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: SCULPT

Train your total body in this class designed to strengthen all muscle groups while focusing on fundamental functional movement.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM
OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



THURSDAY | JULY 29

12PM-1PM | DEROSA UC 211

PREVIEW OF STUDENT LEADERSHIP & ENGAGEMENT OPPORTUNITIES

Learn all the ways you can get involved as a Student Leader with the Office of Student Engagement (OSE)!



.....EVENT KEY.....



WEEK BY WEEK

PROGRAMS & EVENTS | JULY 29-JULY 30, 2021

12PM-1:30PM | MAIN GYM

PICKLEBALL OPEN PLAY

Pickleball is a fun sport that combines elements of tennis, badminton, and ping pong. No matter your skill level, drop in to main gym to learn a new sport or find people to play with!



3PM-4PM | VIRTUAL | [JOIN HERE](#)

LET'S UNPACK THAT: SEXUAL AND ROMANTIC IDENTITIES

Join Gender Equity & Pride as we unpack critical topics with our summer series: Let's Unpack That. Join as you're able or explore the whole series. Let's unpack Sexual and Romantic Identities.



3PM-4PM | DEROSA UC 211

sophoMORE EXPERIENCE: LEARN MORE

In order to help second-year students learn more about career development and their future after graduation, this workshop will focus on topics like Resume Development, Study Abroad, Interview Skills, and the Graduate School application process.



5:15PM-6:15PM | BAUN FITNESS CENTER

TIGER X CLASS: YOGA

Flow into yoga that will harmonize the mind, body, and spirit with stable alignment and breath throughout a series of powerful and relaxing poses.



6PM-8PM | MAIN GYM

PICKLEBALL OPEN PLAY

Pickleball is a fun sport that combines elements of tennis, badminton, and ping pong. No matter your skill level, drop in to main gym to learn a new sport or find people to play with!



6:30PM-9:30PM | JANSSEN-LAGORIO GYM OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



7PM-8PM | DUC LAWN

BRICKYARD SERIES: TRIVIA NIGHT WITH ASUOP

Enjoy our ASUOP Arts & Entertainment's Brickyard series with an evening of trivia with ASUOP government. Get to know the students who represent you during the 2021-22 year.



FRIDAY | JULY 30

2PM-3PM | VIRTUAL | [JOIN HERE](#)

FAVORITE AFRICAN AMERICAN AUTHORS

Whose writings did you read this year that made an impact on your life?



7PM-8PM | DUC LAWN

PACIFIC FRIDAY NIGHT LIVE (FNL): FUN ON THE LAWN

Come have some fun in the sun(set) with lawn games, fun icebreakers and energizers, and more!



EVENT KEY



WEEK BY WEEK

PROGRAMS & EVENTS | JULY 30-AUGUST 2, 2021

AVAILABLE FOR 24 HOURS | [JOIN HERE](#)
ASUOP VIRTUAL FILM SERIES

Watch the latest feature film or independent movie on your time wherever you are!



8PM-10PM | JANET LEIGH THEATRE
ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



SATURDAY | JULY 31

10AM-5PM | OFF-CAMPUS
TIGER ESCAPE: TOP GOLF

Relax and take some swings at Top Golf! This high tech golf game is good for any and all skill and ability levels, transportation from the Stockton campus is provided.



7PM-9PM | VARIOUS RESIDENCE HALLS
RESLIFE SATURDAY SOCIALS SERIES

Join Residential Life in building connections on Saturdays through various socials!



8PM-10PM | JANET LEIGH THEATRE
ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



SUNDAY | AUGUST 1

8PM-10PM | JANET LEIGH THEATRE
ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



MONDAY | AUGUST 2

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: YIN YOGA

Move gently through long-held yin poses that allow you to deeply relax and release tension in your body.



3:30PM-4:30PM | VIRTUAL | [JOIN HERE](#)
MINDFULNESS MONDAY: IMPOSTER SYNDROME

This experiential workshop, including a brief presentation, guided meditation, and discussion, will focus on what is commonly referred to as the imposter syndrome. This common, but generally misunderstood syndrome, refers to the sense of feeling like a fraud and disproportionately affects high-achieving people. Participants will come away with a heightened understanding and appreciation of all facets of this syndrome. This will extend to both the underlying feelings and beliefs that drive this syndrome and the related emotional work necessary to more consistently be anchored in one's authentic and true self.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM
OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



.....EVENT KEY.....



ARTS AND CULTURE



RECREATIONAL SPORTS AND ACTIVITIES



DIVERSITY, EQUITY, AND INCLUSION



HEALTH AND WELLBEING



FOR NEW STUDENTS



FOR SOPHOMORE STUDENTS



CAMPUS INVOLVEMENT

WEEK BY WEEK

PROGRAMS & EVENTS | AUGUST 3-AUGUST 5, 2021

TUESDAY | AUGUST 3

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: YOGA

Flow into yoga that will harmonize the mind, body, and spirit with stable alignment and breath throughout a series of powerful and relaxing poses.



1PM-2PM | VIRTUAL | [JOIN HERE](#)

I GOT YOU, ALLYSHIP

Develop your allyship skillsets and commit to taking action to create more equitable spaces at Pacific and beyond!



5:15PM-6:15PM | BAUN FITNESS CENTER

TIGER X CLASS: STRONG NATION

Amplify your workout by combining body weight, muscle conditioning, cardio and plyometric training moves synced to original music designed to match every single move to make it through every rep!



WEDNESDAY | AUGUST 4

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: SCULPT

Train your total body in this class designed to strengthen all muscle groups while focusing on fundamental functional movement.



1PM-2PM | DEROSA UC 211

ACADEMIC ADVISING & CAREER SERVICES OVERVIEW

Learn about services provided by Academic Advising & Career Services.



3PM-4PM | VIRTUAL | [JOIN HERE](#)

LET'S TALK: PART 1

As Anti-Asian hate spread like wild fire let's discuss where these issues stems from Part 1.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM
OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



THURSDAY | AUGUST 5

3PM-4PM | VIRTUAL | [JOIN HERE](#)

LET'S UNPACK THAT: INTERSECTIONALITY

Join Gender Equity & Pride as we unpack critical topics with our summer series: Let's Unpack That. Join as you're able or explore the whole series. Let's unpack Intersectionality.



3PM-4PM | DEROSA UC 211

sophoMORE EXPERIENCE: LEAD MORE

This workshop will focus on helping second-year students develop leadership skills and a plan for how they will lead within the Pacific community.



5:15PM-6:15PM | BAUN FITNESS CENTER

TIGER X CLASS: YOGA

Flow into yoga that will harmonize the mind, body, and spirit with stable alignment and breath throughout a series of powerful and relaxing poses.



EVENT KEY



WEEK BY WEEK

PROGRAMS & EVENTS | AUGUST 5-AUGUST 8, 2021

6PM-8PM | SAND VOLLEYBALL COURT

SAND VOLLEYBALL TOURNAMENT

Bring a team of 2-4 people or just show up and more teams will be made on site! Sand volleyball court can be found between Fraternity & Sorority circles.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



7PM-8PM | DUC LAWN

BRICKYARD SERIES IN THE LAIR

Enjoy our ASUOP Arts & Entertainment's Brickyard series! Watch as a wide variety of artists, from singers, dancers, musicians and more, perform!



FRIDAY | AUGUST 6

2PM-3PM | VIRTUAL | [JOIN HERE](#)

WHAT ARE THE BENEFITS OF SOCIAL MEDIA?

...or the drawbacks. Last week was national Social Media Day.



AVAILABLE FOR 24 HOURS | [JOIN HERE](#)

ASUOP VIRTUAL FILM SERIES

Watch the latest feature film or independent movie on your time wherever you are!



8PM-10PM | JANET LEIGH THEATRE

ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



SATURDAY | AUGUST 7

10AM-5PM | OFF-CAMPUS

TIGER ESCAPE: WHITEWATER RAFTING

Take on the exhilarating class 3 and 4 rapids of the Middle Fork of the American River. Work as a team in your professionally guided raft, with all equipment provided. No previous rafting experience is required, you must be comfortable in the water and a confident swimmer.



7PM-9PM | VARIOUS RESIDENCE HALLS

RESLIFE SATURDAY SOCIALS SERIES

Join Residential Life in building connections on Saturdays through various socials!



8PM-10PM | JANET LEIGH THEATRE

ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



SUNDAY | AUGUST 8

8PM-10PM | JANET LEIGH THEATRE

ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



.....EVENT KEY.....



ARTS AND CULTURE



RECREATIONAL SPORTS AND ACTIVITIES



DIVERSITY, EQUITY, AND INCLUSION



HEALTH AND WELLBEING



FOR NEW STUDENTS



FOR SOPHOMORE STUDENTS



CAMPUS INVOLVEMENT

WEEK BY WEEK

PROGRAMS & EVENTS | AUGUST 9-AUGUST 12, 2021

MONDAY | AUGUST 9

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: YIN YOGA

Move gently through long-held yin poses that allow you to deeply relax and release tension in your body.



3:30PM-4:30PM | VIRTUAL | [JOIN HERE](#)

MINDFULNESS MONDAY: HOW TO LIVE TO BE 100

In this workshop, we will list and describe the 22 research-based characteristics of people who tend to live to be 100 years old or older.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM
OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



TUESDAY | AUGUST 10

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: YOGA

Flow into yoga that will harmonize the mind, body, and spirit with stable alignment and breath throughout a series of powerful and relaxing poses.



1PM-2PM | VIRTUAL | [JOIN HERE](#)

PACIFIC VIDEO SCAVENGER HUNT

Pacific virtual and in person scavenger hunt around Pacific!



5:15PM-6:15PM | BAUN FITNESS CENTER

TIGER X CLASS: STRONG NATION

Amplify your workout by combining body weight, muscle conditioning, cardio and plyometric training moves synced to original music designed to match every single move to make it through every rep!



WEDNESDAY | AUGUST 11

12:05PM-12:50PM | BAUN FITNESS CENTER

TIGER X CLASS: SCULPT

Train your total body in this class designed to strengthen all muscle groups while focusing on fundamental functional movement.



3PM-4PM | VIRTUAL | [JOIN HERE](#)

LET'S TALK: PART 2

As Anti-Asian hate spread like wild fire let's discuss where these issues stems from Part 2.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM
OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



THURSDAY | AUGUST 12

12PM-1PM | DUC 211

PREVIEW OF STUDENT EVENTS AND INVOLVEMENT AT PACIFIC

Learn how you can get involved at Pacific with a preview of events during the Fall 2021 semester!



.....EVENT KEY.....



ARTS AND CULTURE



RECREATIONAL SPORTS AND ACTIVITIES



DIVERSITY, EQUITY, AND INCLUSION



HEALTH AND WELLBEING



FOR NEW STUDENTS



FOR SOPHOMORE STUDENTS



CAMPUS INVOLVEMENT

WEEK BY WEEK

PROGRAMS & EVENTS | AUGUST 12-AUGUST 13, 2021

3PM-4PM | VIRTUAL | [JOIN HERE](#)

LET'S UNPACK THAT: THE RETURN TO "NORMAL"

Join Gender Equity & Pride as we unpack critical topics with our summer series: Let's Unpack That. Join as you're able or explore the whole series. Let's unpack The Return to "Normal" .



3PM-4PM | DEROSA UC LOBBY
sophoMORE EXPERIENCE: ROAR MORE

Create art with your new friends as you participate in a few Pacific traditions!



5PM-7PM | DUC BALLROOM

PACIFIC RECREATION ARCADE

Mini Golf, Giant Pong, Pop-shot Basketball, and more! Come check out some fun games and challenges and win some prizes along the way!



5:15PM-6:15PM | BAUN FITNESS CENTER

TIGER X CLASS: YOGA

Flow into yoga that will harmonize the mind, body, and spirit with stable alignment and breath throughout a series of powerful and relaxing poses.



6:30PM-9:30PM | JANSSEN-LAGORIO GYM
OPEN RECREATION TIME

Open Rec is a time to get active for informal shoot-around or pickup game with Pacific students, staff and faculty.



7PM-8PM | DUC LAWN

BRICKYARD SERIES IN THE LAIR

Enjoy our ASUOP Arts & Entertainment's Brickyard series! Watch as a wide variety of artists, from singers, dancers, musicians and more, perform!



FRIDAY | AUGUST 13

2PM-3PM | VIRTUAL | [JOIN HERE](#)

STOCKTON'S MIRACLE MILE

What can I do on the weekends off campus? Check it out!



3PM-4PM | VIRTUAL | [JOIN HERE](#)
MY FIRST YEAR (MY FY): THE STUDENT EXPERIENCE

Hear from the experts about what a first year at Pacific is really like - roommates, diversity, campus safety, healthy relationships, university policies, finding work, getting involved, and more.



5PM-7PM | BURNS TOWER
PACIFIC FRIDAY NIGHT LIVE (FNL): DINNER ON THE MILE

Meet up with new friends and walk to restaurants on Miracle Mile.



.....EVENT KEY.....



ARTS AND CULTURE



RECREATIONAL SPORTS AND ACTIVITIES



DIVERSITY, EQUITY, AND INCLUSION



HEALTH AND WELLBEING



FOR NEW STUDENTS



FOR SOPHOMORE STUDENTS



CAMPUS INVOLVEMENT

WEEK BY WEEK

PROGRAMS & EVENTS | AUGUST 13-AUGUST 15, 2021

7PM-8PM | VIRTUAL | [JOIN HERE](#)

LIT GAME NIGHTS: VIBE SESSION

Vibe Session from Lit Game Nights is coming to our campus! Log in as strangers, log out as friends! Lit Game Nights are the most fun (virtual) way to meet new friends and get that sense of community we've been missing. Make sure to RSVP today and share this with your friends.



AVAILABLE FOR 24 HOURS | [JOIN HERE](#)

ASUOP VIRTUAL FILM SERIES

Watch the latest feature film or independent movie on your time wherever you are!



8PM-10PM | JANET LEIGH THEATRE

ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



SATURDAY | AUGUST 14

10AM-5PM | OFF-CAMPUS

TIGER ESCAPE: BARBECUE AT THE PARK!

Kick off the end of summer with us at Oak Grove Regional Park in Stockton, only 10 minutes from Campus! Activities include Disc Golf, Nature Trails, Lawn Games, a Lake and boat rentals, and a BBQ lunch will be provided. Multiple shuttles will leave to and from campus during the day. Register to reserve space on the shuttle and for food preferences.



7PM-9PM | VARIOUS RESIDENCE HALLS

RESLIFE SATURDAY SOCIALS SERIES

Join Residential Life in building connections on Saturdays through various socials!



8PM-10PM | JANET LEIGH THEATRE

ASUOP FILM SERIES

ASUOP Arts & Entertainment sponsors a film series in the Janet Leigh Theatre featuring recent major feature films and relevant independent films.



SUNDAY | AUGUST 15

8PM-10PM | JANET LEIGH THEATRE

ASUOP FILM SERIES

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FOR QUESTIONS, CONTACT:



UNIVERSITY OF THE PACIFIC
OFFICE OF STUDENT ENGAGEMENT
AND TRANSITION PROGRAMS

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EVENT KEY





UNIVERSITY OF THE PACIFIC

3601 PACIFIC AVE. STOCKTON, CA 95211

A
25 Academic Advising and Career Services Center, 2nd floor, E-6
24 Admission Office, Knoles Hall, E-7
175 Alan and Olive Gardemeyer Field, A-5
135 Alex G. Spanos Center, G-3
49 Alpha Phi, A-D, D-7
112 Alumni House, Alex and Jeri Vereschagin, G-5
27 Anderson Hall, F-6
122 Art Center, Jeannette Powell, J-4
120 Art Gallery, Reynolds, Geosciences Center, J-4

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28 Baun Hall, F-6
73 Bechtel International Center, F-5
101 Benerd College, G-5
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103 Biological Sciences Center, H-6
110 Biological Laboratories, H-5
119 Bon Appétit Company Native Garden, H-4
60 Bookstore, DeRosa University Center, D-6
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10 Burns Tower, Robert E., F-8

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75 Casa Werner, F-5
3 Center for Community Involvement, F-9
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146 Chris Kjeldsen Pool, G-3
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68 College of the Pacific, Wendell Phillips Center, F-5
40 Colliver Hall, Morris Chapel, Sears Hall, E-8
116 Communication Department, H-4
14 Conservatory of Music, Faye Spanos Concert Hall, F-8
141 Covered Performance Center, J-1
170 Cowell Wellness Center, B-4

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46 Delta Gamma, ΔΓ, D-7
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20 Dining, DeRosa University Center, D-6
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12 Buck Memorial Hall, F-8
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14 Faye Spanos Concert Hall, F-8
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23 Weber Hall, E-8
23 Westgate Management Center, Weber Hall, E-8
24 Admission Office, Knoles Hall, E-7
24 Graduate School, Knoles Hall, E-7
24 Knoles Hall, E-7
24 Registrar, Knoles Hall, E-7
25 Academic Advising and Career Services Center, McCaffrey Center, 2nd floor, E-6
25 Janet Leigh Theatre, McCaffrey Center, E-6
25 McCaffrey Center, E-6
25 The Grove, McCaffrey Center, E-6
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27 Office of the President, Anderson Hall, east side, F-6
27 Office of the Provost, Anderson Hall, north side, F-6
27 Presidents' Room, Anderson Hall, south side, F-6
27 Regents Dining Room, Anderson Hall, F-6
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73 Bechtel International Center, F-5
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42 Development, Hand Hall, E-7
42 External Relations, Hand Hall, E-7
42 Office of Marketing and Communications, Hand Hall, E-7
27 Office of the President, Anderson Hall, east side, F-6
27 Office of the Provost, Anderson Hall, north side, F-6
42 Office of Student Life, Hand Hall, E-7

Visitor Parking and Information
Maps, information and parking permits are available in Burns Tower lobby. Limited visitor parking spaces are located across from Burns Tower facing Pacific Avenue. Permits are not required after 5 pm weekdays or on weekends.

UPDATED 9-25-19

135 Alex G. Spanos Center, G-3
140 Klein Family Field, H-2
141 Covered Performance Center, J-1
142 Raney Sand Volleyball Courts, H-1
145 Pacific Aquatics Center, G-3
146 Chris Kjeldsen Pool, G-3
148 Bill Simoni Field, F-3
150 Knoles Field, F-4
152 Eve Zimmerman Tennis Center, G-2
153 Sanders Tennis Clubhouse, Roy and Jean G-1
155 Zuckerman Field, F-2
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160 University Townhouses, C-2
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168 Support Services, Physical Plant, C-4
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170 Wellness Center, B-4
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178 Chan Family Health Sciences Learning Center and Clinics Building, B-7
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178 Speech, Hearing and Language Center, Health Sciences Learning Center, B-6
179 Edward and Alice Long Memorial Hall, B-7
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179 Rite Aid Info Commons, B-7
179 Thomas J. Long School of Pharmacy and Health Sciences, Long Memorial Hall, B-7
180 Rotunda, B-7

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