# School of Health Sciences Graduate Pathway Plan

## MASTER OF SCIENCE IN ATHLETIC TRAINING (MSAT)

#### **PROGRAM OVERVIEW**

University of the Pacific's Professional Master of Science in Athletic Training program is a full-time cohort (team) model that consists of 60 units taught over two years, beginning with a summer session that starts in mid-June. Students learn through extensive hands-on experiences with athletes/patients and excellent classroom and laboratory instruction from experienced, caring faculty. The program prepares students to become highly qualified healthcare professionals who collaborate with physicians and other healthcare professionals.

#### **STARTING TERM:** SUMMER

#### **APPLICATION DEADLINES:**

January 15 - Priority Deadline: Complete application will receive priority consideration

March 1 - Regular Deadline: Complete applications will receive priority consideration based on space availability

May 1 - Final Deadline: Applications accepted until May 1, if space remains available

### ADMISSION REQUIREMENTS:

- ATCAS Application
- Bachelor's degree with a 3.0 or higher GPA
  - $\circ$  A GPA below 3.0 may be considered on a conditional basis
- Official transcripts sent to ATCAS
- Completed prerequisite courses
  - No grade below a "C-" and a 3.0 or higher overall GPA for prerequisite coursework
  - A prerequisite GPA below 3.0 may be considered on a conditional basis
- Resume
- Personal Statement
- Two letters of recommendation
  - One letter from the athletic trainer who supervised the majority of observation hours
  - $\circ$   $\,$  One letter from a college or university instructor or employer  $\,$
- Verification of 100 Clinical Observation Hours by a Certified Athletic Trainer
- Personal interviews
- Signed Technical Standards for Admission and Confidentiality Statement
- CPR certification is not required with your application. The program will provide, at no cost to students.
- = Guaranteed program interview

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### **PREREQUISITE COURSES:**

#### **UOP COURSE ID:**

#### **SUBJECT AREA**

BIO 041, 051, OR 061	BIOLOGY	
BIO 011*, BIO 170, OR HLTH 133	ANATOMY	
BIO 011* OR BIO 180	PHYSIOLOGY	
ANY 3.0-UNIT CHEMISTRY COURSE	CHEMISTRY	
ANY 3.0-UNIT PHYSICS COURSE	PHYSICS	
HLTH 133 OR HLTH 161	KINESIOLOGY/ BIOMECHANICS	
HLTH 129	EXERCISE PHYSIOLOGY	
PSYC 031, PSYC 053, OR PSYC 069	PSYCHOLOGY	

\*BIO 011 MAY FULFILL EITHER THE ANATOMY OR PHYSIOLOGY PREREQUISITE, BUT NOT BOTH.

#### **PLUS RECOMMENDED COURSES:**

One (1) ATHLETIC TRAINING COURSE. EITHER: HLTH 143, 145, 149, 150, OR 163

One (1) HEALTH/ WELLNESS COURSE. EITHER: HLTH 041 OR HLTH 080

One (1) NUTRITION COURSE. EITHER: HLTH 045 OR HLTH 135

One (1) STATISTICS COURSE. EITHER: MATH 035, MATH 037, OR HLTH 180

One (1) RESEARCH METHODS COURSE. EITHER: HLTH 148 OR HLTH 179

One (1) MEDICAL TERMINOLOGY COURSE: HLTH 061

# **Four-Year MSAT Preparation Plan**

This four-year plan will strengthen your preparation for and success in the MSAT program as well as enhance the depth, focus, and quality of your Pacific undergraduate experience.

	Academic Program Planning	Make Community Connections	Build Cultural Competence	Gain Career Experience	Post- Graduation Prep
Year 1	<ul> <li>-Establish a preliminary course plan with your academic advisor.</li> <li>- Learn about Pathway Program support services.</li> <li>- Start building relationships with faculty and staff in your department.</li> <li>- Join at least one high-impact practice.</li> </ul>	<ul> <li>-Join a health- related student club/ organization.</li> <li>-Visit Pacific Volunteer Center to find volunteer opportunities.</li> <li>- Arrange an informal interview with a health professional in the field of your interest.</li> </ul>	<ul> <li>-Join a culturally- engaging campus or community group.</li> <li>-Attend a study abroad info session to learn about overseas study opportunities.</li> <li>- Participate in events sponsored by the Office of DEI.</li> </ul>	-Meet your Career Services Pre-Health advisor. - Take a career assessment test. - Develop your professional resume. -Set up a Handshake account. - Shadow 1-2 health professionals.	<ul> <li>-Learn about MSAT admission requirements.</li> <li>Attend an MSAT information session and grad fair to get initial contact with program.</li> <li>-Explore career options for your major.</li> <li>-Set up a LinkedIn account.</li> <li>Connect with MSAT program through social media channels.</li> </ul>
Year 2	<ul> <li>-Academic plan check-in with your academic advisor.</li> <li>-Discuss research interests and opportunities with your academic advisor.</li> <li>- Join at least one high-impact practice.</li> </ul>	<ul> <li>Look for a service-learning course or continue volunteering at a local non-profit organization.</li> <li>Seek a leadership role in a student club/ organization.</li> <li>Join an academic or social fraternity/ sorority.</li> </ul>	-Participate in cross-cultural development experiences on campus and/ or in the local community (cultural holiday observances/ festivals, campus affinity group workshops, etc.	<ul> <li>Meet with your Career Services Pre-Health Advisor.</li> <li>Begin job shadowing/ observation hours.</li> <li>Get a summer internship or job in the health care field.</li> </ul>	<ul> <li>Attend a graduate school fair at Pacific.</li> <li>Research graduate school application requirements and processes.</li> <li>Visit targeted grad school program(s) and talk with faculty and grad admission staff.</li> </ul>
Year 3	-Academic plan check-in with academic advisor. -Join an undergraduate research project. - Join at least one high-impact practice.	<ul> <li>Seek a president/ vice-president-level leadership role in a student club.</li> <li>Plan club/ community events that align with your personal goals.</li> <li>Become involved in mentoring in your student club or volunteer organizations.</li> </ul>	-Participate in additional cross- cultural development experiences on campus and/ or in the local community (cultural holiday observances/ festivals, campus affinity group workshops, etc.	<ul> <li>Meet with your Career Services Pre-Health Advisor.</li> <li>Continue job shadowing/ observation hours.</li> <li>Attend an athletic training conference or workshop event.</li> <li>Continue gaining work experience in the health field.</li> </ul>	-Network with current graduate students in MSAT program. - Pre-select faculty and employer recommenders for your graduate application.
Year 4	- Graduation check with academic advisor. -Continue involvement in at least one high-impact practice.	-Connect with the admission counselor for the graduate program you're applying for. -Continue leadership and mentoring roles in your student club/ volunteer organization.	<ul> <li>Participate in a cultural competency, anti- racism, or DEI training/course.</li> <li>Participate in events sponsored by the Office of DEI.</li> </ul>	-Update your resume and participate in Career Center workshops (mock interviews, cover letter writing, etc.) - Continue gaining observation hours and work experience in the health field.	<ul> <li>Attend ATCAS application workshop.</li> <li>Complete your ATCAS application (work with a graduate admission advisor to assist you).</li> <li>Attend a Graduate Financial Aid workshop.</li> <li>Complete an updated FAFSA form.</li> </ul>