

# School of Health Sciences

## Graduate Pathway Plan

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### **DOCTOR IN OCCUPATIONAL THERAPY (OTD)**

#### **PROGRAM OVERVIEW**

Pacific's Doctor of Occupational Therapy program educates students to become holistic, reflective practitioners and leaders in the community. Students begin with foundational coursework and advance to learning intervention strategies for specific age groups and life challenges. Instruction is delivered in an accelerated format, offering interdisciplinary courses in small group lectures and simulation labs. Graduates acquire the ability to promote integrated health and wellness behaviors across the lifespan for diverse populations, communities, and individuals.

#### **STARTING TERM:**

SPRING

#### **APPLICATION DEADLINES:**

JUNE 1 (PRIORITY DEADLINE);

NOVEMBER 30 (FINAL DEADLINE – ON A SPACE-AVAILABLE BASIS)

#### **ADMISSION REQUIREMENTS:**

##### **For Guaranteed OTD Admission –**

- 1) Minimum cumulative GPA: 3.0.
- 2) Completed all required courses with a minimum prerequisite GPA of 3.0.
- 3) Test requirements: GRE Exam not required
- 4) Recommendations: 3 recommendations
- 5) Personal statement: 500 words
- 6) Observational hours: 40 hours in an occupational therapy environment.
- 7) Completed OTCAS Application by published deadlines (Early Decision: June 1 at 11:59pmEST; Late Decision: November 30 at 11:59pm EST).
- 8) Ability to meet OTD technical standards.

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#### **PREREQUISITE COURSES:**

<b>UOP COURSE ID:</b>	<b>SUBJECT AREA</b>
BIO 170	ANATOMY
BIO 180	PHYSIOLOGY
MATH 035	STATISTICS
HESP 061	MEDICAL TERMINOLOGY
HESP 161 OR PHYS 017	PHYSICS/ MOVEMENT SCIENCE/ BIOMECHANICS
ANY 3.0-UNIT COURSE IN ANY OF THE SUBJECT AREAS	SOCIOLOGY/ ANTHROPOLOGY/ ETHICS
PSYC 029	HUMAN DEVELOPMENT
PSYCH 017	ABNORMAL PSYCHOLOGY

#### **PLUS RECOMMENDED COURSES IN:**

THERAPEUTIC MEDIA – ONE (1) COURSE IN ANY OF THE FOLLOWING: ARTS 003-059, ARTS 075, ARTS 077, ARTS 105, OR ARTS 133

ORAL COMMUNICATION – ONE (1) COURSE IN EITHER: CORE 001 OR COMM 027

# Four-Year OTD Preparation Plan

This four-year plan will strengthen your preparation for and success in the OTD program as well as enhance the depth, focus, and quality of your Pacific undergraduate experience.

	<b>Academic Program Planning</b>	<b>Make Community Connections</b>	<b>Build Cultural Competence</b>	<b>Gain Career Experience</b>	<b>Post-Graduation Prep</b>
<b>Year 1</b>	<ul style="list-style-type: none"> <li>-Establish a preliminary course plan with your academic advisor.</li> <li>- Learn about Pathway Program support services.</li> <li>- Start building relationships with faculty and staff in your department.</li> <li>- Join at least one high-impact practice.</li> </ul>	<ul style="list-style-type: none"> <li>-Join the PT/ OT Club at Pacific.</li> <li>-Visit Pacific Volunteer Center to find volunteer opportunities.</li> <li>- Arrange an informal interview with a health professional in the field of your interest.</li> </ul>	<ul style="list-style-type: none"> <li>-Join a culturally-engaging campus or community group.</li> <li>-Attend a study abroad info session to learn about study abroad opportunities.</li> <li>- Participate in events sponsored by the Office of DEI.</li> </ul>	<ul style="list-style-type: none"> <li>-Meet your Career Services Pre-Health advisor.</li> <li>- Take a career assessment test.</li> <li>- Develop your professional resume.</li> <li>-Set up a Handshake account.</li> <li>- Shadow 1-2 health professionals.</li> </ul>	<ul style="list-style-type: none"> <li>-Learn about graduate program admission requirements.</li> <li>- Attend an OTD program information session and grad fair to get initial contact with program.</li> <li>-Explore career options for your major.</li> <li>-Set up a LinkedIn account.</li> <li>-Follow the OTD program on social media channels.</li> </ul>
<b>Year 2</b>	<ul style="list-style-type: none"> <li>-Academic plan check-in with your academic advisor.</li> <li>-Discuss research interests and opportunities with your academic advisor.</li> <li>- Join at least one high-impact practice.</li> </ul>	<ul style="list-style-type: none"> <li>- Look for a service-learning course or continue volunteering at a local non-profit organization.</li> <li>-Seek a leadership role in a student club/ organization.</li> <li>- Join an academic or social fraternity/sorority.</li> </ul>	<ul style="list-style-type: none"> <li>-Participate in cross-cultural development experiences on campus and/ or in the local community (cultural holiday observances/ festivals, campus affinity group workshops, etc.</li> </ul>	<ul style="list-style-type: none"> <li>- Meet with your Career Services Pre-Health Advisor.</li> <li>-Begin OT job shadowing/ observation hours.</li> <li>- Get a summer internship or job in the health care field.</li> </ul>	<ul style="list-style-type: none"> <li>- Attend a graduate school fair at Pacific.</li> <li>- Research the OTD application requirements and processes.</li> <li>- View OT videos on <a href="http://www.aota.com">www.aota.com</a></li> <li>-Visit the OTD program facilities and talk with faculty and grad admission staff.</li> </ul>
<b>Year 3</b>	<ul style="list-style-type: none"> <li>-Academic plan check-in with academic advisor.</li> <li>-Join an undergraduate research project.</li> <li>- Join at least one high-impact practice.</li> </ul>	<ul style="list-style-type: none"> <li>- Seek a president/vice-president-level leadership role in the PT/ OT student club.</li> <li>- Plan club/ community events that align with your personal goals.</li> <li>- Become involved in mentoring in your student club or volunteer organizations.</li> </ul>	<ul style="list-style-type: none"> <li>-Participate in additional cross-cultural development experiences on campus and/ or in the local community (cultural holiday observances/ festivals, campus affinity group workshops, etc.</li> </ul>	<ul style="list-style-type: none"> <li>- Meet with your Career Services Pre-Health Advisor.</li> <li>-Continue OT job shadowing/ observation hours.</li> <li>-Attend an Occupational Therapy conference and workshop event.</li> <li>-Continue gaining OT work experience.</li> </ul>	<ul style="list-style-type: none"> <li>-Network with current OTD program students.</li> <li>- Pre-select faculty and employer recommenders for your graduate application.</li> </ul>
<b>Year 4</b>	<ul style="list-style-type: none"> <li>- Graduation check with academic advisor.</li> <li>-Continue involvement in at least one high-impact practice.</li> </ul>	<ul style="list-style-type: none"> <li>-Connect with the admission counselor for the graduate program you're applying for.</li> <li>-Continue leadership and mentoring roles in your student club/ volunteer organization.</li> </ul>	<ul style="list-style-type: none"> <li>- Participate in a cultural competency, anti-racism, or DEI training/course.</li> <li>- Participate in events sponsored by the Office of DEI.</li> </ul>	<ul style="list-style-type: none"> <li>-Update your resume and participate in Career Center workshops (mock interviews, cover letter writing, etc.)</li> <li>- Continue gaining OT observation hours/ work experience.</li> </ul>	<ul style="list-style-type: none"> <li>- Attend an OTCAS virtual application workshop.</li> <li>- Complete your OTCAS application (work with a graduate admission advisor to assist you).</li> <li>- Attend a Graduate Financial Aid webinar event.</li> <li>- Complete an updated FAFSA form.</li> </ul>