



**2025 SPRING
CATALOG**

OLLI at Pacific

**LEARN NEW THINGS,
MEET NEW PEOPLE.**



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We offer a variety of ways that you can participate in OLLI programming.

KEY

IP IN-PERSON: FACE TO FACE AT LOCATION LISTED

Z ZOOM: ONLINE ONLY VIA ZOOM

H HYBRID: CHOOSE IN-PERSON OR ZOOM

DEI DEI: PROGRAMMING WITH A DIVERSITY, EQUITY & INCLUSION COMPONENT

N NEW: CLASSES AND COURSES THAT ARE NEW

FINANCIAL ASSISTANCE IS AVAILABLE!

Our scholarship & fee waiver program is open to returning members in addition to new ones on a first-come, first-served basis. It covers the cost of your OLLI membership. It does not include any other fees or costs. We never want the cost of membership to prevent someone from becoming an OLLI member. Check the box on your registration form or call us to apply. **PLEASE CONTACT OUR OFFICE AT 209.946.7658 TO FIND OUT MORE.**

OLLI AT PACIFIC

Stay Curious!

OLLI AT PACIFIC OFFICE INFORMATION:

University of the Pacific
Benerd College | 3441 Kensington Way
at the corner of N. Kensington Way and Dave Brubeck Way

Phone: 209.946.7658

Email: OLLI@Pacific.edu

For more information visit our website:
PACIFIC.EDU/OLLI



Membership

OLLI at Pacific-the Osher Lifelong Learning Institute at University of the Pacific is a non-profit education program that offers a rich array of classes and learning opportunities designed for people 50 or older and OPEN TO ALL ADULT LEARNERS. You can explore academic and general interest classes in an atmosphere that is intellectually challenging but without the stress of tests or grades. Our members are people with a desire to learn and seek intellectual stimulation. They want to experience new and creative ways of self-expression, explore new ideas with peers, take an active part in shaping the world around us, and build new friendships.

▶ **ENROLLMENT OPENS: WEDNESDAY, JANUARY 22, 2025**

FOR NEW MEMBERS ONLY (AKA: NEVER BEEN AN OLLI MEMBER BEFORE) GET 20% OFF ANY MEMBERSHIP

Indicate that you are a new member on the registration form OR you must call 209.946.7658 to receive a discount code for online registration. **CANNOT BE COMBINED WITH OTHER DISCOUNTS.**

MEMBERSHIP IS FOR SPRING 2025 SEMESTER (JANUARY 1-JULY 31, 2025). ALL MEMBERSHIPS HAVE ACCESS TO PROGRAMMING: CLASSES, COURSES AND EDVENTURES.

REMINDER: FALL MEMBERS DO NOT NEED TO PAY FOR A SPRING MEMBERSHIP. FALL MEMBERSHIPS INCLUDE THE SPRING SEMESTER.

YOU HAVE A CHOICE OF MEMBERSHIP:

THE COPPER CLUB MEMBERSHIP

\$25

This is the basic entry membership to take classes. You may also attend Shared Interest Groups and Special Presentations. (Does not include lectures nor benefits listed).

THE BRONZE ESSENTIALS MEMBERSHIP

\$45

This membership gives you the Copper Club PLUS all benefits listed on this page. (Does not include access to lecture series).

THE SILVER STAR MEMBERSHIP

\$65

This membership gives you the Copper Club PLUS access to the lecture series including the recordings. (Does not include benefits listed on this page).

THE GOLD STANDARD MEMBERSHIP

\$85

This membership gives you the Copper Club PLUS the Bronze Essentials PLUS the Silver Star. (ie: Includes the lecture series and benefits listed on this page).



OLLI AT PACIFIC GOLD & BRONZE MEMBERSHIPS ENTITLE YOU TO THESE BENEFITS:

- FREE ADMISSION FOR TWO to Conservatory of Music concerts for the entire year (\$200 annual value)
- FREE limited Pacific library privileges (\$50 annual value)
- FREE ACCESS TO Pickleball Courts (LIMITED HOURS)
- ELIGIBILITY TO JOIN the Baun Fitness Center (\$85 each semester) Kjeldsen Pool (\$45 each semester)
- REDUCED CONCERT TICKET PRICE for Stockton Symphony music concerts: \$10 off any seat
- REDUCED CONCERT TICKET PRICE for Friends of Chamber music concerts: Only \$15 for OLLI members (regularly \$25)
- DISCOUNTS at ALL Pacific Athletic Events-Seniors get \$2.00 off per ticket
- DISCOUNTS at select restaurants and stores on the Miracle Mile
- RECEIVE an OLLI Member ID card and get 10% off meals on campus (restrictions apply)
- EARLY enrollment notification
- EARLY notification for campus events focused on older adult topics

FOR MORE INFORMATION, PLEASE GO TO OUR WEBSITE: OLLI.PACIFIC.EDU

New!

Osher Online

in collaboration with Northwestern University
School of Professional Studies

WOMEN: THE FORGOTTEN "MEN" IN HISTORY

INSTRUCTOR: DIANA CARLIN

MONDAYS, MARCH 31, APRIL 7, 14, 21, 28 & MAY 5 | 12 PM

EACH LIVE SESSION IS 90 MINUTES

Many individuals contribute to history but never get their due. Women and other marginalized groups traditionally received less ink in history books than the "great men" of history who were mainly white males. This course looks at nine women—three each session—whose achievements are not commonly known. Among the nine women are a scientist, a winner of the Nobel Peace Prize, a pioneering pilot, a suffragist, a candidate for the US presidency, an activist for women's and African-American rights, a British anthropologist, and a pioneering politician from the Western US.

CINEMA IN TRANSITION: EXPLORING CHANGE THROUGH CLASSIC FILMS

INSTRUCTOR: JEREMY FACKENTHAL

TUESDAYS, APRIL 8, 15, 22, 29, MAY 6 & 13 | 10 AM

EACH LIVE SESSION IS 90 MINUTES

Spring is a time of new life, as we watch the world around us change from dormant to full of life. This course is an introduction to film movements and styles. We will watch several classic films all of which have a theme of change. We will begin by discussing film genres, film history, and how films are made. We will also explore what to look for as you watch the films selected for the course. Films are watched on your own outside of the classroom (at least one film will be assigned per week beginning week 2) and are available on Plex with a free account, through Turner Classic Movies, or with a Max subscription. Some titles may also be available through your local public library. During each class session, we will unpack the film in terms of its style, story, filmmaking technique, and how it fits with the theme of change. During this course, we will discover great films that help us see and think about change in our world.

Stay curious from just about anywhere.

Explore Osher Online, which offers world-class courses and curriculum, led by engaging instructors known for deep expertise in their field.

You'll learn alongside other curious Osher members across the country, all in a virtual, lively and conversation-centered weekly session.

\$65 PER COURSE (6 SESSIONS EACH)

An Osher Online Member Orientation will be provided on **March 25th at 11am** for those registered. Enroll in the Osher Online course(s) of your choice with OLLI at Pacific.

PLEASE NOTE: THESE CLASSES ARE NOT RECORDED



FUTURE PROOFING YOUR HEALTHSPAN AND LONGEVITY

INSTRUCTOR: SCOTT FULTON

WEDNESDAYS, APRIL 2, 9, 16, 23, 30 & WEDNESDAY, MAY 7 | 10 AM

EACH LIVE SESSION IS 90 MINUTES

Longevity comes down to one simple truth: our ability to weather the inevitable challenges life unexpectedly drops in our lap. Resilience is our ticket to extended healthspan. Western society is entering a phase of significant transformation that will change how we age. This course is a condensed version of Fulton's Healthspan Masterclass which focuses on the five foundations for extending healthspan and looks at societal changes that will impact all of us. We will distill the latest and most relevant age-related science for a general audience and explain the strategies for optimal outcomes that fit a wide range of cultures and values.



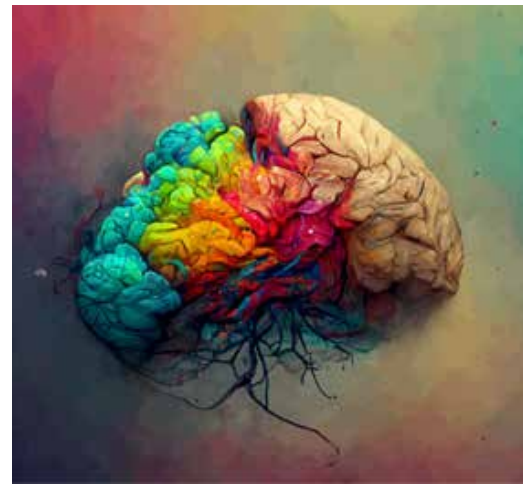
NEUROLOGY IN A NUTSHELL: THE BRAIN EXPLAINED

INSTRUCTOR: PAUL SCHANFIELD

THURSDAYS, APRIL 10, 17, 24, & MAY 1, 8, 15 | 12 PM

EACH LIVE SESSION IS 90 MINUTES

This course begins by unraveling the mysteries of the brain. We will explore how to navigate the complex and fragmented healthcare system and discuss strategies for advocating for personalized care. In addition to simplifying common neurological conditions—such as headaches, dizziness, stroke, Parkinson's disease, and memory loss—we will examine testing and imaging of the nervous system. The course will also focus on illness prevention through healthy lifestyles and provide an intimate discussion of end-of-life issues.



BELLA NAPOLI: ITALY'S (OTHER) "ETERNAL CITY"

INSTRUCTORS: ANTHONY ANTONUCCI & HILARY HAAKENSON

FRIDAYS, APRIL 11, 18, 25, & MAY 2, 9, 16 | 10 AM

EACH LIVE SESSION IS 90 MINUTES

The Southern Italian port city of Naples is home to a rich and complex history stretching back to its foundation by Greek colonists in the 8th century B.C.E. Across the centuries, Naples evolved into a vibrant cultural, political and economic center of the Mediterranean world, first as a part of Magna Graecia, and later, under successive periods of Roman, Byzantine, Norman, Angevin, and Spanish rule, en route to becoming the capital of the independent Bourbon Kingdom of the Two Sicilies in 1816. In 1861, Naples's incorporation into the newly unified Italian nation-state as a part of the Risorgimento initiated an era of modernization and adaptation that persists to the present day. In this six-week class, we will examine la storia e tradizioni of bella Napoli—a city famously pieno di contraddizione ("full of contradictions"). Aimed at students and travelers alike, the course offers a virtual "grand tour" of Naples through a close examination of a dozen Neapolitan monuments/historic sites reflective of milestones in the city's historical development from its origins through today, including: Castel dell' Ovo, Spaccanapoli, Università degli Studi di Napoli Federico II, Castel Nuovo, the Duomo, Santa Chiara, i musei Capodimonte e Archeologico Nazionale, Palazzo Reale, Teatro San Carlo, and the Galleria Umberto I among others (including "side visits" to the city's best pizzerias, food stalls, pastry shops and cafes!)



Lectures

ALL LECTURES LISTED WILL BE 3:30-5 PM, IN PERSON ON MONDAY AND LIVE VIA ZOOM ON THURSDAYS.

IN-PERSON LECTURES ARE SCHEDULED MONDAYS AT O'CONNOR WOODS SENIOR LIVING COMMUNITY 3400 WAGNER HEIGHTS RD, STOCKTON, CA.

Our Monday lecture series is exclusively in person at O'Connor Woods at the Main Clubhouse in West Hall. You are not required to be a resident of O'Connor Woods to attend. **For online lectures**, registered members will receive a Zoom invite on a weekly basis. Recordings will be sent in the same manner the day after the lecture (with permission from the speaker). **Lectures are available to GOLD and SILVER members only.**

THE ORIGIN OF THE AMERICAN MEDICINE SHOW

IP FEB. 3 Z FEB. 6

ANDREI PISCHNIKOFF AKA: DOCTOR R. SNICK, MULTIMEDIA CREATOR

This presentation will cast light on the origins of the patent medicine shows that were started in England, then bloomed in the US. Learn about small time operations to sophisticated shows that used clever marketing and engaging performances to sell "Snake Oil" including devices. The shows were especially entertaining to the nation before the arrival of radio and film.

NO LECTURE MONDAY, FEBRUARY 17TH - PRESIDENT'S DAY

TOOLS NOT TO GET FOOLED

IP FEB. 24 Z FEB. 27

CAROLYN DOUGHERTY, RETIRED TEACHER AND FOUNDER OF RATIONAL ROUNDTABLE

With so much misinformation out there, it is hard to know who or what to trust! We'll discuss basic media literacy techniques and review some critical thinking skills to help us from being fooled.

10 BUCKET LIST PLACES YOU MUST SEE IN YOSEMITE

IP MAR. 3 Z MAR. 6

TOM GRAHAM, PROFESSOR, JOURNALIST

Must-See, Bang-for-the-Buck, Stunning Places in Yosemite. Off the beaten path, 5-mile moderate round-trip hikes that are simply jaw dropping. Powerpoint lecture with photos and maps by a naturalist who has been leading hikes throughout Yosemite for 15 summers. These hikes are crowd favorites. Various locations and elevations.

FROM SF TO "ALL THINGS CONSIDERED" TO STOCKTON? An American Filipino's 50 Years In An Imperfect Media World

IP DEI MAR. 17 Z DEI MAR. 20

EMIL AMOK GUILLERMO, JOURNALIST, COMEDIAN, POET

What happened to the media? To America? Emil Guillermo has lived through it the last 50 years as he talks about his media journey from San Francisco to NPR (where he was the first Filipino American to host a national news show,) to his days in print at the Stockton Record. Topics: The Marcos dictatorship, eugenics in Stockton, and the failure of diversity efforts in media and society.

AN ILLUSTRATED HISTORY OF MOTORCYCLING IN THE NORTHERN SAN JOAQUIN VALLEY

IP MAR. 24 Z MAR. 27

DAVID STUART, RETIRED DIRECTOR OF THE SAN JOAQUIN COUNTY HISTORICAL MUSEUM

The history of motorcycling in San Joaquin and Stanislaus counties, 1900-1970, will be put in context of broader historic themes. The presentation will use dozens of historic photographs, illustrating the development of motorcycles, shops, use for basic transportation, use by police and others, club activities, racing and competition, and Hall of Fame inductees from our region through the decades.

AUTISM AND ME: A FEMALE EXPERIENCE AND THE CHANGING NARRATIVES OF ADVOCACY

IP DEI MAR. 31 Z DEI APR. 3

ANNA SIMS, ADVOCATE & SEAN RODGERS, SPEAKER

Anna Sims will be discussing her personal experience as a late diagnosed autistic woman. She will explore issues of stigma, social difficulties and finding herself through late diagnosis. She will discuss current trends in exploring the autistic experience including a review of the Double Empathy Problem and how it relates to the fight for autistic rights and where the movement goes from here. Sean Rodgers will be sharing his lived experience of late diagnosed autism and co-occurring mental health issues.

SAFE MEDICATIONS USE AS WE AGE

IP APR. 7 Z APR. 10

ROLLY KALI-RAI, DOCTOR OF PHARMACY

An overview of changes we undergo as we age and how they influence medication effects. Will review tips and best practices to maximize medication benefit while reducing side effects and harm due to avoidable errors. Ample time for interaction and questions.

KNOW US BEFORE YOU NEED US... ALL ABOUT HOSPICE CARE

IP APR. 21 **Z** APR. 24

SANDY STODDARD, DIRECTOR OF DEVELOPMENT & MARKETING AT HOSPICE OF SAN JOAQUIN, & FRANCES SANDOR, DIRECTOR OF PATIENT ACCESS

There are many Hospices but only one Hospice of San Joaquin. Hospice of San Joaquin helps patients take charge of their end of life goals. Hospice care doesn't mean you're giving up. Hospice is caring for patients' comfort in the last few weeks or months of their lives. Not all Hospice providers are the same. Nonprofit Hospices like Hospice of San Joaquin provide better quality care.

AMERICA'S PLUTOCRACY PROBLEM PART I & PART II

IP APR. 28 & MAY 5 **Z** MAY 1 & MAY 8

GENE BIGLER, FORMER DIPLOMAT AND RETIRED PROFESSOR

Growing, deepening, exploitative plutocracy rather than just authoritarianism is examined as a major challenge of U.S. society today. The first lecture will focus on the Economic and Social Contortions of the last half century and the second will emphasize the Political Corrosion and Partisan Corruption, especially as a cabal of billionaires appears to be forming in the Trump administration.

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- 👥 Guided tours let you focus on making memories
- 🛡️ Best Travel Protection in the industry

Frequently Asked Questions (FAQs)

WHAT IS OLLI AT PACIFIC?

OLLI at Pacific is one of 124 Osher Lifelong Learning Institutes nationwide. It is supported by the University of Pacific, the Bernard Osher Foundation, the Osher National Resource Center, and OLLI at Pacific members. Lifelong Learning programs began as Pacific Experience in 1997 under the direction of former President Dr. Don DeRosa. In 2006, the university was awarded its first grant establishing the Osher Lifelong Learning Institute now known as OLLI at Pacific. A subsequent gift from the Foundation in 2010 endowed the university thus ensuring OLLI at Pacific's long-term viability while recognizing it as a program of national distinction.

WHAT ARE THE REQUIREMENTS TO JOIN?

OLLI at Pacific courses are *designed* for lifelong learners age 50 or older; all ages welcome. Members from all backgrounds attend; a college education or previous association with the university is not a requirement for membership. The only prerequisite for joining is a desire to learn.

WHO ARE THE TEACHERS?

Our instructors are experts in their fields and include distinguished university faculty and staff, both active and retired, as well as community educators and leaders. We also invite members who wish to share their personal passion for a particular subject. Instructors tell us they enjoy teaching to an audience with life experience who want to be there. To others, the idea of teaching without having to read papers, correct tests, and worst of all give out grades is really appealing.

CAN I BRING A GUEST?

Enthusiasm for our program is contagious. We encourage every active OLLI member to bring a guest to the welcome reception and other special events. You may bring a friend or family member who has never attended any OLLI at Pacific program as a one-time guest to a lecture.

CAN I PURCHASE A MEMBERSHIP FOR SOMEONE AS A GIFT?

OLLI at Pacific memberships make meaningful gifts for any occasion, including birthdays, retirements, anniversaries, and holidays. Your gift can jumpstart new friendships and interests which your recipient will value for a lifetime. Gifts are non-refundable and non-transferable. If you have more questions about gift memberships, please call our office at 209.946.7658.

WHAT IS OLLI AT PACIFIC'S REFUND POLICY?

Fully-paid current OLLI at Pacific members may withdraw from classes, courses or EdVentures by notifying the OLLI office of their intent. (Memberships are non-refundable.) Withdrawal refunds apply as follows:

- Membership fees are non-refundable.
- Refunds for courses and classes must be requested no later than 3 days before the course begins.
- EdVentures are not refundable, but are transferable to another member. If you cannot attend and give your seat to another member, please notify the office at 209.946.7658.

Zoom Lectures

THE FOLLOWING ZOOM LECTURES ARE AVAILABLE ON SELECT MONDAYS OR THURSDAYS 3:30-5 PM

This lecture series is exclusively online via Zoom.

For these online lectures, registered members will receive a Zoom invite on a weekly basis. Recordings will be sent in the same manner the day after the lecture (with permission from the speaker). Lectures are available to GOLD and SILVER members only.

LEGAL, ETHICAL AND MORAL ISSUES WITH DEFINING DEATH

THURSDAY, FEB. 13

CAITLIN REYNOLDS, LECTURER OF PSYCHOLOGY

Defining death is not as clear-cut as we like to believe. We can probably think of people who are clearly alive and people who are clearly dead. However, sometimes there are cases when legal definitions of death are not sufficient (e.g., persistent vegetative state). We will unpack the controversy and discuss ways we can prepare and advocate for our needs (e.g., creating an Advanced Care Plan).

SHAKEN NOT STIRRED-THE MUSIC OF JAMES BOND

THURSDAY, FEB. 20

MIKE AGRON, MUSIC AFICIONADO

Dive into the iconic soundscape of the James Bond franchise, where music meets intrigue. This 90-minute lecture explores how composers like John Barry and legendary artists including Shirley Bassey, Paul McCartney, Carly Simon, Adele, and more shaped Bond's identity. From suspenseful scores to unforgettable theme songs, discover how this music built the perfect mix of tension, drama, and romance. Whether you're a Bond fan or a music enthusiast, this session promises a thrilling journey through the melodies that defined a cinematic legend.

PRO-ACTIVE AGING; BEAUTY FROM THE INSIDE OUT

THURSDAY, MAR. 13

JEANNE MAYER, ACTRESS, PROFESSOR, LECTURER

Hollywood actress shares insider tips, tricks and hints for natural age-defining beauty remedies for everyone concerned with warding off the signs and symptoms of aging. Turn back the clock and reverse the effects of aging with natural DIY folk remedies for memory loss, skin – wrinkles, sags and age spots, whiter teeth, gray hair, “the neck gobble,” eye crinkles and much more.



TRAVELING TENNESSEE'S MUSIC TRAILS

DEI THURSDAY, APR. 17

KEITH HATSCHEK, PROFESSOR OF MUSIC EMERITUS

Tennessee has been the birthplace of numerous genres of popular music including country, rockabilly, bluegrass, rock 'n' roll, and soul music. We'll hear music by key artists such as the Carter Family, Elvis Presley, Otis Redding, Carl Perkins, and Loretta Lynn, who each influenced popular music. Learn about the offstage entrepreneurs such as Sun Records' Sam Phillips and Stax Records' Estelle Axton who discovered the talent that would become world renowned and linked forever to Tennessee's rich musical heritage.

NUT TREE: FROM A CALIFORNIA RANCH TO A DESIGN, FOOD, AND HOSPITALITY ICON

MONDAY, MAY 12

DIANE ZIMMERMAN, AUTHOR

This epic story of a world-famous restaurant spans the twentieth century and tells how a California ranch grew into a renowned destination. For seventy-five years, visitors came by land and later by air to dine, purchase fresh baked goods, candies, unique gifts, and to enjoy art and entertainment. This purely California tale will fascinate historians, designers, foodies, and anyone interested in how a small farm business grew into an iconic multi-million-dollar enterprise and became an integral part of California's lore.

Special Presentation Events

FREE AND OPEN TO ALL! The following special presentations are free and open to all. You are encouraged to invite a friend. More information and details on these events to be sent via email. If you are not currently included on our email list, **please email us at OLLI@Pacific.edu**.

ANTI-DEI LEGISLATION: WHAT IS IT AND WHERE DO WE GO FROM HERE?

Z DEI MONDAY, FEB 10 | 3:30-5 PM

MARY J. LOMAX-GHIRARDUZZI, VICE PRESIDENT FOR DIVERSITY, EQUITY, AND INCLUSION

This session will provide participants an overview of Diversity, Equity and Inclusion (DEI) in higher education examining the past, present and future.

OLLI EVENTS WITH PACIFIC ATHLETICS

SATURDAY, FEB. 15 | 6 PM

Baseball vs. U.C. San Diego

SATURDAY, MAR. 29 | 1 PM

Women's Water Polo vs. Fresno-Pacific

SUNDAY, APR. 6 | NOON

Softball vs. St. Mary's

LINKS TO FREE TICKETS WILL BE SENT VIA EMAIL TO ALL REGISTERED MEMBERS THE WEEK OF THE GAME.

ESTATE PLANNING LUNCHEON

MONDAY, MAR. 10 | 11:30 AM-1 PM

MARK DROBNY, ATTORNEY AND OWNER OF DROBNY LAW OFFICES, INC.

VERESCHAGIN ALUMNI HOUSE, PACIFIC'S STOCKTON CAMPUS

Basic estate planning should include an advance health care directive, a durable power of attorney for financial management and a simple will. Join us for an informative conversation with Mark Drobny and learn more about these topics. All attendees will receive complimentary lunch and a helpful "take away" packet of free information on all topics discussed.

TECH INNOVATIONS THAT ARE IMPROVING THE WAY WE AGE: LUNCH AND LEARN

TUESDAY, APR. 8 | 11:30-1 PM

(MUST RSVP BY MAR. 28 ONLINE OR CALL 209-946-7658)

O'CONNOR WOODS RETIREMENT COMMUNITY

THERESE TEN BRINKE, EXECUTIVE DIRECTOR OF INNOVATION & IMPACT

Advances in technology offer a window into infinite possibilities to support aging and living well in our modern world. Today's older adult can utilize a myriad of smart home devices, safety and security tools, entertainment systems, and personal connection devices to help with critical communications with family, friends, and health professionals. During this conversation, we will explore how technology is transforming the way we age and helping us to reconsider how we tackle some of the age-old challenges associated with aging.

Lunch provided by O'Connor Woods Retirement Community.

UNIVERSITY OF THE PACIFIC'S INNOVATIVE NEW INTERDISCIPLINARY COURSES

Z MONDAY, APR. 14 | 3:30-5 PM

LEE SKINNER, DEAN, COLLEGE OF THE PACIFIC IN COLLABORATION WITH FACULTY REPRESENTATIVES OF THE NEW INTERDISCIPLINARY MAJORS

These innovative majors in Data Science, Sustainability, and Product Design and Entrepreneurship, sit at the intersection of COP, EBS, and SOECS to offer unique opportunities to study emerging fields. Team-taught, cutting edge courses will enable students to enter our rapidly-changing world of work in areas that transcend traditional academic disciplines, rapidly evolving technologies and needs.



Shared Interest Groups

Meet like-minded OLLI at Pacific members by joining one of our Shared Interest Groups (SIGs). SIGs are independent groups of members who plan their own activities each semester. There is no additional fee to participate. Please be sure to enroll in these SIG's. If you would like to start your own SIG, please contact us at 209.946.7658.

WRITERS WORKSHOP

MONDAY, FEB. 3–MAY 12 (NO CLASS FEB. 17) | 1–3 PM

MONDAY, MAR. 3: GUEST SPEAKER JOHN BRITTO FROM

THE SPEAKER'S BUREAU TO DISCUSS "SHORT STORY DEVELOPMENT"

HOSTED BY: DONNA SHREVE

BENERD COLLEGE #110A/PDK

Get in touch with your inner muse and interact with others who find inspiration by attending OLLI's self-directed, peer-led writer's conclave. The group meets weekly in a supportive and encouraging environment to share stories they have written at home and to receive feedback.

ARMCHAIR TRAVELERS

TUESDAY, FEB. 4, FEB. 18, MAR. 4, MAR. 18, APR. 1 & APR. 15 | NOON–1 PM

HOSTED BY: SHERI GRIMES | BENERD COLLEGE #117

(LUNCH & LEARN - NO HOST LUNCH)

Bring your lunch and pull up a chair for a "staycation" as OLLI travel enthusiasts share their recent adventures from near and far. Quench your wanderlust as we explore the history, beauty, culture, and customs of exciting destinations around the world without ever leaving town.

FEB. 4: Scandinavia Part 2 (Norway & Iceland) with Dianne Joaquin

FEB. 18: My Big Fat Greek Adventure with Mary Bock

MAR. 4: Majestic Cities of Central Europe Part 1 (Berlin, Dresden, Prague, Vienna) with Sheri Grimes

MAR. 18: Majestic Cities of Central Europe Part 2 (Bratislava, Budapest, Krakow) with Sheri Grimes

APR. 1: Spotlight on the French Riviera with Jennifer Juanitas

APR. 15: Paris and a Taste of Provence with Colleen Foster and Donna Brown

KNITTING

WEDNESDAY, FEB. 5–MAY 14 | NOON–1:30 PM

BENERD COLLEGE #117

Knit, chat, and unwind with us! Join our friendly knitting group for cozy sessions of creativity and camaraderie. All skill levels are welcome. Let's stitch together and make memories one loop at a time!

WEEKEND WALKERS

SATURDAY, FEB. 8–MAY 3 | 8:30–9:30 AM

HOSTED BY: DIANNE JOAQUIN & DAVE CRADER

BURNS TOWER ON PACIFIC'S STOCKTON CAMPUS

Join us for a one-hour walk around our beautiful Stockton campus. Enjoy the scenery, socialize and improve your health. Walking is considered the best form of exercise for the whole body and is beneficial for all age groups. Before participating, check with your doctor to ensure there are no medical contradictions, special considerations, or limitations.

OPEN ART STUDIO

TUESDAY, FEB. 11–MAY 13 | 1–3 PM

HOSTED BY: SAUL SERNA

THE CATALYST ARTS & WELLNESS STUDIO

926 N. YOSEMITE, STOCKTON

Join our Weekly Open Art Studio and unleash your artistic potential in a welcoming and collaborative setting. A unique opportunity for artists of all levels to explore their creativity in a supportive and inspiring environment. Supplies on site if needed. Other times are available for using the studio, please inquire with Saul Serna for availability. Contact email: info@catalyst926.com

DIVERSITY, EQUITY AND INCLUSION (DEI) DISCUSSION GROUP

WEDNESDAY, FEB. 12, FEB. 26, MAR. 12, MAR. 26,

Z  APR. 23 & MAY 14 | 12–1:30 PM

HOSTED BY: BARBARA ST. URBAIN & SANDRA DEALCUAZ

This group will discuss the challenges of our society and organization to better reflect diversity, equity, and inclusion (DEI). Come and join us for lively and challenging meetings. You are welcome to enjoy your lunch during our discussion.

Health & Wellness

Before participating in any exercise program, check with your doctor to ensure there are no medical contraindications, special considerations, or limitations. All Health and Wellness courses are in-person

STRENGTH TRAINING FOR OLDER ADULTS

MONDAY, FEB. 3-APR. 28 (NO CLASS FEB. 17) | 10:30-11:30 AM

BAUN FITNESS CENTER | \$95 (12 SESSIONS)

MICHELE STONE, PERSONAL TRAINER

Boost your vitality with our Strength Training class for seniors. This program enhances muscle strength, flexibility, and balance. Also providing personalized instruction on using gym equipment safely and effectively. Using weights and resistance bands, the class is designed for your safety and success. Stay active, reduce fall risk, and improve your quality of life. The ability to get up and down off the floor is highly recommended in order to get the maximum benefit from this class.

CLASS IS LIMITED TO MAXIMUM 12 PARTICIPANTS.

PICKLEBALL

N INTERMEDIATE: MONDAY, FEB. 3-APR. 28 (NO CLASS FEB. 17)

11:15 AM-12:15 PM

BEGINNERS: MONDAY, FEB. 3-APR. 28 | 12:30-1:30 PM

PICKLEBALL COURTS AT PACIFIC | \$195 (12 SESSIONS)

KORINNE PONDER, CERTIFIED INSTRUCTOR

Pickleball is fun, social and friendly. The rules are simple, and the game is easy for beginners to learn, but can develop into a fast-paced, competitive game. There's so many reasons people get hooked on this sport-it's easy to start, but hard to stop! Share your new obsession with others who are equally intoxicated. Learn from a certified instructor.

TAI CHI QIGONG, MEDITATION AND STRETCHES- 3 WELLNESS TOOLS

TUESDAY, FEB. 11-APR. 29 (NO CLASS APR. 1) | 9:15-11:15 AM

GRACE COVELL DINING HALL | \$150 (11 SESSIONS)

RAY TOM, TAI CHI AND QIGONG INSTRUCTOR

The class includes meditation, tai chi qigong and stretches. The class benefits are improved overall health, flexibility, and improved oxygen intake. Most of the class is performed seated. Fifteen minutes of tai chi qigong is performed standing. Students leave the class more relaxed, energized and feeling good. Persons of all ages and physical condition can benefit from this class.

CHAIR YOGA

WEDNESDAY, FEB. 12-APR. 30 | 8:30-9:30 AM

GRACE COVELL DINING HALL | \$95 (12 SESSIONS)

MICHELE STONE, PERSONAL TRAINER

Chair Yoga involves gentle movements and stretches, promoting flexibility, strength, and relaxation-all while seated comfortably. Perfect for all abilities and ages, ensuring everyone can join in and enjoy the benefits of yoga in a supportive environment.

ALL CLASSES AND COURSES MUST HAVE A MINIMUM OF 10 REGISTERED MEMBERS IN ORDER TO PROCEED.



Arts, Culture & Cuisine

ALL CLASSES AND COURSES MUST HAVE A MINIMUM OF 10 REGISTERED MEMBERS IN ORDER TO PROCEED. (COOKING CLASS MINIMUMS ARE LOWER, PLEASE SEE DESCRIPTION). ALL ARTS, CULTURE & CUISINE CLASSES ARE IN PERSON.

BASIC TO ADVANCED DRAWING

TUESDAY, FEB. 4-APR. 8 | 10 AM -12:30 PM

THE CATALYST ARTS & WELLNESS STUDIO

926 N. YOSEMITE, STOCKTON

\$200 (10 SESSIONS) | PRICE DOES NOT INCLUDE SUPPLIES

ROBERT KELLEY, ART INSTRUCTOR | MAXIMUM 12 PARTICIPANTS

Drawing; the basis for good art. These sessions, each to a specific topic will cover a fundamental approach to drawing and continue with design and composition theory. We will also cover value application and form rendering. All skill levels can benefit from this simplified approach to drawing. Contact Robert for supplies list: rkelley1117@gmail.com

CERAMICS

WEDNESDAY & THURSDAY | 10 AM-12 PM

10-WEEKS: FEB. 5-APR. 17

8-WEEKS: FEB. 19-APR. 17

CERAMICS STUDIO \$325 (20 SESSIONS) | \$275 (16 SESSIONS)

JESSICA FONG, CERAMICS & ART INSTRUCTOR

MAXIMUM 18 TOTAL PARTICIPANTS

Explore the ceramics studio for all levels. Perfect for beginners in the 8-week program, spend Wednesdays learning different techniques during hands on demos; utilize Thursdays for assisted independent study.

For the 10-week program option (previous experience required), get a jumpstart on the semester and use the 2 weeks to warm up. Participants also have the option to work independently.

WATERCOLOR ENERGIES

FRIDAY, FEB. 7-APR. 25 (NO CLASS FEB. 14 & APR. 18) | 12:30-3 PM

THE CATALYST ARTS & WELLNESS STUDIO

926 N. YOSEMITE, STOCKTON

\$200 (10 SESSIONS) PRICE DOES NOT INCLUDE SUPPLIES

TONY SEGAL, WATERCOLOR INSTRUCTOR

MAXIMUM 15 PARTICIPANTS

Watercolor is trying to help you with every stroke you make, its essence is its spontaneity. An artful watercolor should emphasize its wetness, faster rhythms and beautiful precipitations. One element each week of theory, practice and demonstration, leading to finished work. All levels of participant's experience will benefit. Contact Tony for supplies list: tony@tonysegale.com

COOKING CLASSES

THURSDAY, FEB. 13, MAR. 13 & APR. 10 | 1-3 PM

CHEESE CENTRAL | 11 N. SCHOOL ST., LODI

\$95 (PER SESSION)

**CINDY DELLA MONICA, MANAGER, COOK AND CHEESE MONGER
MINIMUM 6, MAX 10 PARTICIPANTS**

RACLETTE

THURSDAY, FEB. 13 | 1-3 PM

A traditional Swiss meal of raclette cheese with the accompaniments. If you love fondue, this is an easier party to put on as all the components are prepared up to a day ahead of time. We discuss the variations when enjoying this dish in Germany, Italy, and France, though the origination is Switzerland. Come to class HUNGRY, and we start eating within 15 minutes of start of class.

SOUP ADDICT

THURSDAY, MAR. 13 | 1-3 PM

Explore the definitions of different types of soup—chowders, bisques, creams, minestrone and more! We will make and sample a wonderful variety of soups to that take you from Spring through to Winter with amazing and unusual flavors. I'm very optimistic that the rain will come, so our soup dinners will NEED to be varied just to avoid dinner boredom. I can't wait to get you "hooked" on my favorites!

EASTER, AND PASCHA

THURSDAY, APR. 10 | 1-3 PM

This year, 2025, Western Easter and Orthodox Easter fall on the same weekend, April 19-20. Let's celebrate Western Easter with a few yummy treats, and let me introduce a few delicious treats from Orthodox Easter, also known as Pascha. My family are Orthodox from the Ukraine many generations back, so I have learned over the last five decades how to make the holiday meal Ukrainian-style. A most delicious cultural lunch will ensue.



Computers & Technology

**ALL CLASSES TAUGHT BY DAVID DISKIN, MICROSOFT CERTIFIED "MASTER"
BENERD COLLEGE #110B | \$15 (PER SESSION)**

EXCEL ESSENTIALS (PART 1)

WEDNESDAY, FEB. 19 | 1-3 PM

Discover how to manage your budget, organize a contact list, or handle other everyday tasks with this two-part introduction to Microsoft Excel. In Part 1, you'll learn the fundamentals of Excel, including how to enter and edit data, apply simple formatting, sort and filter lists, total data, and print effectively.

Prerequisite: Ensure you have a working Microsoft Excel license (Windows or Mac) before registering.

EXCEL ESSENTIALS (PART 2)

WEDNESDAY, FEB. 26 | 1-3 PM

Expand your Excel skills and tackle tasks like managing budgets or organizing lists with confidence. In Part 2, we'll explore charts and calculations by building an annual budget complete with visual graphs. You'll also gain experience with AutoSUM, basic arithmetic, formulas, advanced formatting, and helpful tips and tricks.

Prerequisite: Attendance at Excel Essentials (Part 1) is required.

LAPTOP AND MOBILE DROP-IN Q&A

TUESDAY, APR. 22 | 1-3 PM

If you've got questions, David might have the answers! In this unique OLLI session, David is hosting "office hours" for members to drop-in and get help with their Windows laptop and Android mobile devices, one-on-one! Bring your questions about photos, email, Excel, Facebook, or just about anything else that's on your mind or causing you trouble.

NOTE: Be sure to bring everything that might be helpful, including login details and your mouse, if applicable. Make sure your device(s) is charged. Not available for Mac OS devices.

MAXIMUM 12 TOTAL PARTICIPANTS

ALL CLASSES AND COURSES MUST HAVE A MINIMUM OF 10 REGISTERED MEMBERS IN ORDER TO PROCEED.



Social Sciences

GREAT DECISIONS

THURSDAY, FEB. 13- APR. 10 | 10 AM-NOON

BENERD COLLEGE #110A/PDK

\$145 (9 SESSIONS INCLUDES FOREIGN POLICY ASSOCIATION BOOK)

GENE BIGLER, FORMER DIPLOMAT AND RETIRED PROFESSOR

Foreign Policy Association structured program for citizen input into national policy. Expert essays and videos provide background for weekly participant discussion of major topics:

1. American Foreign Policy Crossroads
2. US Leadership and Changing World Economy
3. US-China Relations
4. India: Between China, the West, and the Global South
5. International Cooperation on Climate Change
6. Future of NATO and European Security
7. AI and National Security
8. American Foreign Policy in Middle East

Nature & the Outdoors

BIRDING 101-CONTINUED

H WEDNESDAY, FEB. 19-APR. 23 | 9:30-11 AM

BENERD COLLEGE #110A/PDK | \$100 (10 SESSIONS)

DAVID YEE, AVIAN EXPERT AND AUTHOR

This class will cover intermediate birding subject matter, but beginners are welcome. David will help you appreciate, enjoy, and identify our fine-feathered friends. Content will be new and current for those that have taken the class before. Learn about topics such as migration-timing, habitat usage and what you can expect to see at the time of the class.

EdVentures

Your Educational Adventure awaits! We incorporate experiential learning aka: learning by doing and reflecting into some great activities to get us out into our community and socializing with one another on **Fridays**.

- ▶ **ALL EDVENTURES DURING SPRING 2025 ARE \$20 EACH FOR MEMBERS AND \$35 FOR NON-MEMBERS**

BIRDING AT O'CONNOR WOODS

FEB. 14, MAR. 14 & APR. 11 | 10-11:30 AM
(\$20/\$35 PER CLASS DATE)

3400 WAGNER HEIGHTS RD., STOCKTON

DAVID YEE, AVIAN EXPERT AND AUTHOR

David will be sharing how to identify birds, some of their recent migration and history and what to listen and look for in a classroom setting. After the class you will go for a short bird outing on the beautiful O'Connor Woods campus.

LANGETWINS WINERY TASTING

FEB. 21 | 1-2:30 PM

1525 E. JAHANT RD., ACAMPO

Embark on a four-glass tasting adventure of their exclusive library vintages only available in the tasting room. Perfect for exploring LangeTwins' rich winegrowing heritage and award-winning wines with guidance from a friendly and knowledgeable team.

MORRIS CHAPEL TOUR

FEB. 28 | 2-3:30 PM

3601 PACIFIC AVE., STOCKTON

This guided tour of University of the Pacific's Morris Chapel will focus on various aspects of its 82-year history. From the conception and construction, to the ornate details of the stained glass windows and the grand pipe organ, guests will see and experience this prized gem on the University campus in a new light.

ST. GEORGE WINERY TASTING

MAR. 7 | 1-2:30 PM

13950 N. THORNTON RD., LODI

Boutique style wines with attention to craft. St. George follows Portuguese traditions in creating and producing their wines. Taste 6 different Portuguese varieties all ideally suited to the Lodi terroir.

BIRD SAFARI I-COSUMNES RIVER PRESERVE

MAR. 21 | 10 AM-12 PM

13501 FRANKLIN BLVD., GALT

DAVID YEE, AVIAN EXPERT AND AUTHOR

This amazing Preserve protects some of the largest remaining woodland and marsh habitats left in the Central Valley. The extensive array of boardwalks will allow us to obtain wonderful views of Sandhill Cranes, geese, ducks, shorebirds, and wintering raptors such as Bald Eagle and Peregrine Falcon.

STOCKTON RURAL CEMETERY TOUR

MAR. 28 | 2-3:30 PM

2737 PACIFIC AVE., STOCKTON

REX HAMILTON, PROFESSOR OF GENERAL EDUCATION AND RELIGION

Join us for a guided tour of the final resting place of Stockton's many founding fathers. See the tomb of Caterpillar inventor Benjamin Holt and the monument to Reuel Colt Gridley, famous Civil War fundraiser. The monuments of the past are beautifully hand-carved works of art.

BEHIND THE SCENES AT THE STOCKTON SYMPHONY

APR. 4 | 4-6:15 PM

WARREN ATHERTON AUDITORIUM, DELTA COMMUNITY COLLEGE, 5151 PACIFIC AVE., STOCKTON

The Stockton Symphony is the third oldest, continuously performing, orchestra in California, surpassed in longevity only by the San Francisco Symphony and the Los Angeles Philharmonic. The Stockton Symphony has a rich and colorful history. Join our engaging Maestro Peter Jaffe for a behind-the-scenes peek at the Stockton Symphony. You will start with a backstage tour of Atherton Auditorium followed by the opportunity to watch a live rehearsal as the orchestra prepares for a concert.

BIRD SAFARI II - STOCKTON RURAL CEMETERY

APR. 18 | 10 AM-12 PM

2350 CEMETERY LANE, STOCKTON

DAVID YEE, AVIAN EXPERT AND AUTHOR

The Stockton Rural Cemetery is not only a beautiful memorial with amazing plots of historical significance, it is an exquisite patch of very mature Valley Oaks set in a wonderfully planned garden. The environment attracts all sorts of bird species year round. All in a beautiful setting.

PORT OF STOCKTON TOUR

APR. 25 | 9-10:30 AM

2201 W. WASHINGTON STREET, STOCKTON

The Port of Stockton is one of the busiest ports in California and a tour offers a glimpse into the industrial activity, historical insight, and natural beauty of the Port. Visitors will gain a deeper appreciation for the vital role that the Port of Stockton plays in global trade and commerce. The physical bus tour will start with an overview of the Port's history, economic and environmental impact, operational details, and development opportunities. LIMIT 8.

SPENKER FAMILY FARM WINE & CHEESE TASTING

MAY 2 | 1-2:30 PM

17291 N. DE VRIES RD., LODI

For more than 120 years, the 60 acre property has been owned by the Spenker Family. Enjoy a wine and cheese pairing 4 different handmade goat cheese with 4 locally produced wines.

BIRD SAFARI III – CASWELL STATE PARK

MAY 16 | 10 AM-NOON

28000 S. AUSTIN RD., RIPON

DAVID YEE, AVIAN EXPERT AND AUTHOR

Caswell State Park is 258 acres of the largest continuous stand of mature Oak Riparian Woodland remaining in San Joaquin County. This state park is home to the endangered Brush Rabbit as well as many bird species that no longer nest regularly anywhere else in the country.



HAGGIN DEPARTMENT OF MUSEUM TRAVEL:

The mission of DMT is "To promote an interest in and appreciation of the arts, history and culture by offering tours beyond the Museum walls." The goal is to provide an enjoyable trip in a safe, friendly, and inviting atmosphere. The following trip is planned for Spring 2025 and includes the price of the coach bus.

For more information or to sign up for these trips email: HagginTravel@gmail.com

A DAY IN THE DELTA: HISTORIC ISLETON + CHINESE NEW YEAR IN LOCKE

SATURDAY, FEB. 22 | 8 AM-5 PM

\$115 PRICE INCLUDES LUNCH (MUST REGISTER OR CANCEL WITH A FULL REFUND BY SAT. FEB. 1)

Less time on the road, more time at our destination - this trip's a twofor - two tours in one! In the morning explore the Chinatown and Japantown Historic District of Isleton. **Enjoy a docent tour** of the Isleton Museum, opened in October 2022 after a 31-year renovation project of the Bing Kong Tong Building. A one-year old permanent exhibit tells of the demise of "Nihonmachi" or Japantown, when the residents were forced to evacuate during World War II.

A short walking tour takes us to our **included lunch at Peter's Steakhouse**, an airy restaurant fashioned out of a former hardware store. We then board our bus for a short 13-minute drive to Locke. Built in 1915, Locke is the only standing town in the United States that the Chinese built for themselves, rather than being relegated to a section of a town. On this day at noon, the drumbeat of the **traditional lion dance** signals the beginning of the town's annual New Year celebration.

From entertainment and vendors on Main Street, to carefully scheduled activities in all of the major buildings, there is ample time to take it all in: Demonstrations, lectures, arts and crafts, exhibits, and musical performances. Also, to be appreciated are the restored buildings themselves, the gardens and the Boarding House Museum—all within a few short blocks' walk.

▶ FOR MORE INFORMATION

EMAIL: HagginTravel@gmail.com with "Day in the Delta" in the subject line

WEBPAGE: <https://hagginmuseum.org/department-of-museum-travel>



A community as dynamic as *you*.

The park-like, 34-acre community at O'Connor Woods is centered around the *active* older adult. From our delectable *restaurant-style* dining and pet-friendly *walking paths*, to our *lively* social events and engaging *life enrichment programs* — the possibilities are endless.



Life Plan Community / CCRC • Independent Living • Assisted Living
Memory Care • Rehabilitation • Skilled Nursing

209-670-1001

oconnorwoods.org

3400 Wagner Heights Road, Stockton, CA 95209

License #390314809 • COA #283 • Equal Housing Opportunity • An ESKATON Managed Community



2025 Travel

Exploring Scotland & Ireland

SEPTEMBER 7-19, 2025 | 13 DAYS, 19 MEALS

HIGHLIGHTS:

Edinburgh, Edinburgh Castle, St. Andrews, Loch Ness Cruise, Urquhart Castle, Highland Evening, Glasgow, Belfast, Titanic Experience, Giant's Causeway, The Causeway Coast Rail Journey, Derry, Cider Farm Tour, Dublin

For more information:

gateway.gocollette.com/link/1284581

PER PERSON RATES:

DOUBLE | \$5,999

SINGLE | \$7,199

TRIPLE | \$5,899

Book by 3/8/2025 and save \$550



Niagara Falls to NYC

OCTOBER 15 – OCTOBER 22, 2025 | 8 DAYS, 12 MEALS

HIGHLIGHTS:

Experience the breathtaking Niagara Falls and the best of the "Big Apple" in this spectacular tour. From Niagara Falls head to Cooperstown, and then make your way to "the city that never sleeps." Experience a cruise in the Erie Canal, the National Baseball Hall of Fame, and a visit to West Point. Enjoy plenty of free time to shop and explore these fabulous cities and get ready to "start spreading the news!"

For more information:

gateway.gocollette.com/link/1266449

PER PERSON RATES:

DOUBLE | \$4,799

SINGLE | \$5,899

TRIPLE | \$4,749

*Book by APRIL 15, 2025 to secure your spot at this price!



Spotlight on the French Riviera

OCTOBER 30 – NOVEMBER 7, 2025 | 9 DAYS, 12 MEALS

HIGHLIGHTS:

Nice, Food Tour & Tasting, Nice Flower Market, Monaco, Monte Carlo, Choice on Tour: Monte Carlo, Panoramic Tour or Monaco's, Oceanographic Museum, Grasse, Fragonard Perfumery Workshop, Cannes, Saint-Honorat Island & Wine Tasting, Villa Ephrussi de Rothschild, St. Paul de Vence.

For more information:

gateway.gocollette.com/link/1266412

PER PERSON RATES:

DOUBLE | \$3,899

SINGLE | \$4,599

TRIPLE | \$3,849

*Book by APRIL 20, 2025 and save \$50 per person Post-Tour Extension to Paris: \$1899 Double

2025 TRAVEL INFORMATION SESSION:

IP MONDAY, FEB. 10 | 5-6 PM Z THURSDAY, FEB. 13 | 5-6 PM
JAY FEHAN, COLLETTE TOURS DISTRICT MANAGER

Join us and hear from Collette Travel Expert Jay Fehan as he shares insider information on these upcoming, amazing OLLI trips! All trips include airfare and shuttle to and from the airport. Also get a sneak-peek of our travel plans for 2026. OLLI membership is not required to travel with us. If you would like to be added to our travel email list contact us at OLLI@Pacific.edu

MEMBERSHIP AND CLASS ENROLLMENT FORM

MAILING ADDRESS: 3601 Pacific Avenue Stockton, CA 95211

You can also register online at PACIFIC.EDU/OLLI



MEMBERSHIP FEE IS FOR SPRING 2025 SEMESTER. (JAN. 1-JULY 31, 2025) | \$10 CHECK PROCESSING FEE WHEN PAYING BY CHECK

MEMBER #1

Pacific ID # _____

First Name _____

Last Name _____

Birthdate _____

Preferred Phone _____

Email _____

Address _____

City _____ State _____ ZIP code _____

MEMBER #1
COURSE/CLASS

FEE

MEMBERSHIP FEE; PLEASE CHOOSE ONE OF THE FOLLOWING:

- I am a brand-new member: \$68 THE GOLD STANDARD \$52 THE SILVER STAR \$36 THE BRONZE ESSENTIALS \$20 THE COPPER CLUB
- I am a returning member: \$85 THE GOLD STANDARD \$65 THE SILVER STAR \$45 THE BRONZE ESSENTIALS \$25 THE COPPER CLUB
- I would like to request a scholarship to cover the membership fee \$10 OLLI membership ID card (replacement)

REMINDER:
FALL MEMBERS DO NOT NEED TO PAY FOR A SPRING MEMBERSHIP. FALL MEMBERSHIPS INCLUDE THE SPRING SEMESTER.

MEMBER #2

Pacific ID # _____

First Name _____

Last Name _____

Birthdate _____

Preferred Phone _____

Email _____

MEMBER #2
COURSE/CLASS

FEE

MEMBERSHIP FEE; PLEASE CHOOSE ONE OF THE FOLLOWING:

- I am a brand-new member: \$68 THE GOLD STANDARD \$52 THE SILVER STAR \$36 THE BRONZE ESSENTIALS \$20 THE COPPER CLUB
- I am a returning member: \$85 THE GOLD STANDARD \$65 THE SILVER STAR \$45 THE BRONZE ESSENTIALS \$25 THE COPPER CLUB
- I would like to request a scholarship to cover the membership fee \$10 OLLI membership ID card (replacement)

REMINDER:
FALL MEMBERS DO NOT NEED TO PAY FOR A SPRING MEMBERSHIP. FALL MEMBERSHIPS INCLUDE THE SPRING SEMESTER.

PLEASE DONATE TO THE OLLI ANNUAL FUND

Financial gifts to OLLI are utilized to ensure that we are sustainable well into the future. We're inviting you to join with fellow OLLI members and invest in our faculty, staff and members. Together, we build a stronger future for OLLI at Pacific. Every gift counts; every dollar you give makes a difference here at OLLI.

GIFTS \$ _____

CHECK FEE \$ _____

GRAND TOTAL \$ _____

\$10 Check Processing Fee when paying by check.

CREDIT OR DEBIT CARD INFORMATION* Visa MasterCard AmEx Discover

Name on Card _____

Credit or Debit Card # _____ Exp. _____

FINANCIAL ASSISTANCE IS AVAILABLE!

Our scholarship & fee waiver program is open to returning members in addition to new ones on a first-come, first-served basis. It covers the cost of your OLLI membership. It does not include any other fees or costs. We never want the cost of membership to prevent someone from becoming an OLLI member. Check the box on your registration form or call us to apply. **PLEASE CONTACT OUR OFFICE AT 209.946.7658 TO FIND OUT MORE.**

OLLI NEEDS VOLUNTEERS LIKE YOU!

If you want to get involved with OLLI at Pacific, becoming an OLLI volunteer is a wonderful way to make this happen. OLLI is an organization that depends on the involvement of its members to function and grow. You can help and use your skills in a variety of ways. Email us to let us know you are interested at OLLI@Pacific.edu

SUPPORT LIFELONG LEARNING FOR LIFELONG IMPACT

Financial gifts to OLLI are utilized to ensure that we are sustainable well into the future. We're inviting you to join with fellow OLLI members and invest in our faculty, staff and members. Together, we build a stronger future for OLLI at Pacific. Every gift counts; every dollar you give makes a difference here at OLLI. You can give to OLLI online, by phone or add to your enrollment form.

3 WAYS TO DONATE:

ONLINE PACIFIC.EDU/OLLI

PHONE 209.946.7658

MAIL Add a gift to your registration form

Meet the Team



Jennifer Juanitas

Program Director
jjuanitas@pacific.edu



Martha Robles

Program & Operations
Coordinator
mroblesmosqueda@pacific.edu

DID YOU KNOW THAT OLLI HAS A REFERRAL PROGRAM?

Please share the wonder of OLLI with friends and family. OLLI rewards current members for referring new members. Earn a \$15 voucher/code toward one class, course or EdVenture (does not include travel and cannot be applied toward membership fee). Referrals are unlimited and must be used in the academic year that they are received (Spring 2025).



OLLI AT PACIFIC OFFICE INFORMATION:

University of the Pacific
Benerd College | 3441 Kensington Way
at the corner of N. Kensington Way and Dave Brubeck Way

Phone: 209.946.7658

Email: OLLI@Pacific.edu

For more information visit our website:
PACIFIC.EDU/OLLI

2025 Spring OLLI at Pacific Schedule

THE LECTURE SERIES IS HELD ON SELECT MONDAYS AND THURSDAYS AT 3:30-5PM. PLEASE REFER TO PAGES 6-8

CLASS TITLE	MODE	# OF SESSIONS	START DATE	END DATE	TIME	INSTRUCTOR
MONDAY						
Strength Training for Seniors	IP	12	FEB. 3	APR. 28	10:30-11:30 AM	Michele Stone
Pickleball-Intermediate	IP	12	FEB. 3	APR. 28	11:15 AM-12:15 PM	Korinne Ponder
Pickleball-Beginners	IP	12	FEB. 3	APR. 28	12:30-1:30 PM	Korinne Ponder
Writers Workshop	IP	14	FEB. 3	MAY 12	1-3 PM	Donna Shreve
Anti-DEI Legislation - What is it & Where do We Go From Here	Z	1	FEB. 10		3:30-5 PM	Mary Lomax-Ghirarduzzi
Collette Info Session	IP	1	FEB. 10		5-6 PM	Jay Fehan
Estate Planning Luncheon	IP	1	MAR. 10		11:30AM-1 PM	Mark Drobny
Women: The Forgotten "Men" in History (Osher Online)	Z	6	MAR. 31	MAY 5	NOON-1:30 PM	Diana Carlin
University of the Pacific Innovative New Interdisciplinary Courses	Z	1	APR. 14		3:30-5 PM	Lee Skinner
TUESDAY						
Basic to Advanced Drawing	IP	10	FEB. 4	APR. 8	10 AM-12:30 PM	Robert Kelley
Armchair Travelers	IP	6	FEB. 4	APR. 15	NOON-1 PM	Sheri Grimes
Tai Chi Qigong, Meditation and Stretches	IP	11	FEB. 11	APR. 29	9:15-11:15 AM	Ray Tom
Open Art Studio	IP	14	FEB. 11	MAY 13	1-3 PM	Saul Serna
Cinema in Transition (Osher Online)	Z	6	APR. 8	MAY 13	10-11:30 AM	Jeremy Fackenthal
Tech Innovations that are Improving the Way We Age - Lunch and Learn	IP	1	APR. 8		11:30AM-1 PM	Therese Ten Brinke
Laptop and Mobile Drop In	Z	1	APR. 22		1-3 PM	David Diskin
WEDNESDAY						
Ceramics	IP	10/8	FEB. 5 & FEB.19	APR. 17	10 AM-NOON	Jessica Fong
Knitting	IP	14	FEB. 5	MAY 14	NOON-1:30 PM	OLLI Members
Chair Yoga	IP	12	FEB. 12	APR. 30	8:30-9:30 AM	Michele Stone
DEI Discussion Group	Z	6	FEB. 12	MAY 14	NOON-1:30 PM	Barbara St. Urbain & Sandra deAlcuaz
Birding 101	H	6	FEB. 19	APR. 23	9:30-11 AM	David Yee
Excel Essentials Part I	IP	1	FEB. 19		1-3 PM	David Diskin
Excel Essentials Part II	IP	1	FEB. 26		1-3 PM	David Diskin
Future Proofing Your Healthspan & Longevity (Osher Online)	Z	6	APR. 9	MAY 14	10-11:30 AM	Scott Fulton

CLASS TITLE	MODE	# OF SESSIONS	START DATE	END DATE	TIME	INSTRUCTOR
THURSDAY						
Ceramics	IP	10/8	FEB. 5 & FEB.19	APR. 17	10 AM-NOON	Jessica Fong
Great Decisions	IP	9	FEB. 13	APR. 10	10 AM-NOON	Gene Bigler
Cooking Class - Raclette	IP	1	FEB. 13		1-3 PM	Cindy Della Monica
Collette Info Session	Z	1	FEB. 13		5-6 PM	Jay Fehan
Cooking Class - Soup Addict	IP	1	MAR. 13		1-3 PM	Cindy Della Monica
Neurology in a Nutshell (Osher Online)	Z	6	APR. 2	MAY 15	12-1:30PM	Paul Schanfield
Cooking Class - Easter, and Pascha	IP	1	APR. 10		1-3 PM	Cindy Della Monica
FRIDAY						
Watercolor Energies	IP	10	FEB. 7	APR. 25	12:30-3 PM	Tony Segale
Birding at O'Connor Woods	IP	3	FEB. 14, MAR. 14 & APR. 11		10-11:30 AM	David Yee
LangeTwins Wine Tasting	IP	1	FEB. 21		1-2:30 PM	OLLI Members
Moris Chapel Tour	IP	1	FEB. 28		2-3:30 PM	OLLI Members
St. George Winery Tasting	IP	1	MAR. 7		1-2:30 PM	OLLI Members
Bird Safari I - Consumnes River	IP	1	MAR. 21		10 AM-NOON	David Yee
Stockton Rural Cemetery Tour	IP	1	MAR. 28		2-3:30 PM	Rex Hamilton
Behind the Scenes Stockton Symphony	IP	1	APR. 4		4-6:15 PM	OLLI Members
Bella Napoli: Italy's Other "Eternal City" (Osher Online)	Z	6	APR. 11	MAY 16	10-11:30 AM	Anthony Antonucci & Hilary Haakenson
Bird Safari II - Stockton Rural Cementary	IP	1	APR. 18		10 AM-NOON	David Yee
Port of Stockton Tour	IP	1	APR. 25		9-10:30 AM	OLLI Members
Spencer Family Farm Wine & Cheese Tasting	IP	1	MAY 2		1-2:30 PM	OLLI Members
Bird Safari III - Caswell State Park	IP	1	MAY 16		10 AM-NOON	David Yee
SATURDAY & SUNDAY						
Weekend Walkers	IP	12	FEB. 8	MAY 3	8:30-9:30 AM	Dianne Joaquin & Dave Crader
Day in the Delta - Historic Isleton - Chinese NY in Locke	IP	1	FEB. 22		8 AM – 5 PM	Haggin DMT

New!

Osher Online

in collaboration with Northwestern University
School of Professional Studies

Stay curious from just about anywhere! Explore Osher Online, which offers world-class courses and curriculum, led by engaging instructors known for deep expertise in their field.

See pages 4-5 for more information and course offerings!

PLEASE READ!

Important Information about Parking on Campus

Parking on campus at University of the Pacific is by permit only. Public Safety officers enforce traffic and parking permit regulations on campus and patrol campus parking on a regular basis. Parking lot permits are enforced Monday through Friday from 8am to 5pm on the Stockton Campus. Vehicles without the correct parking permit may be cited.

YOU HAVE OPTIONS:

1) **RECOMMENDED/BEST VALUE:** You can purchase guest parking on the Passport Parking app with your smart phone. Parking fees are \$2 per hour or \$8 per day. <https://www.passportparking.com/>

2) You can purchase a parking permit through the university Parking Portal Website:

<https://pacific.cmrpay.com/permits/login>

You can purchase a "B" lot permit or a "C" lot permit as an OLLI at Pacific member (aka: student).



PLEASE NOTE: YOU CAN NO LONGER PURCHASE A PARKING PERMIT THROUGH THE OLLI AT PACIFIC OFFICE. YOU MUST NOW UTILIZE THE UNIVERSITY PARKING PORTAL WEBSITE.

B Lot Parking Cost:

\$200/YEAR-

Good from the beginning of the school year and ending at the start of the next school year.

\$120/SEMESTER-

Fall: Good from the beginning of the school year until the end of winter break.

Spring: Good from the beginning of the Spring Semester to commencement.

Summer: Good from the time of commencement until the next school year begins.

\$50/MONTH OR DURING SUMMER-

Month: Good for thirty days from the date of purchase

Summer: Good from commencement until the next school year begins

**"B" LOTS ARE LOCATED AT: LOTS 2,3,4,6,7 & 19.
SEE MAP ON PAGE 23**

C Lot Parking Cost:

\$25 PER YEAR

IMPORTANT: If you have a handicap placard-DMV issued permit, you can purchase the "C" permit and park in any designated handicap accessible parking stall regardless of permit type.

**THERE IS ONE "C" LOT LOCATED AT LOT 1.
SEE MAP ON PAGE 23.**

Multiple license plates may be entered for one permit but only one vehicle is allowed on campus each day. When two or more vehicles registered to the same permit are located on campus in the same day all vehicles will be cited.

You will no longer receive a physical permit. Under the new virtual system, your license plate functions as your permit. You only need to check your email for a confirmation email showing that your permit purchase was approved. Also, please make sure your vehicle has a front and back license plate.

All motor vehicles are brought onto the university grounds at the owner's risk and the university undertakes no responsibility for their safety or security. The university is not responsible for loss or damage to property arising from bringing a motor vehicle onto any university grounds.

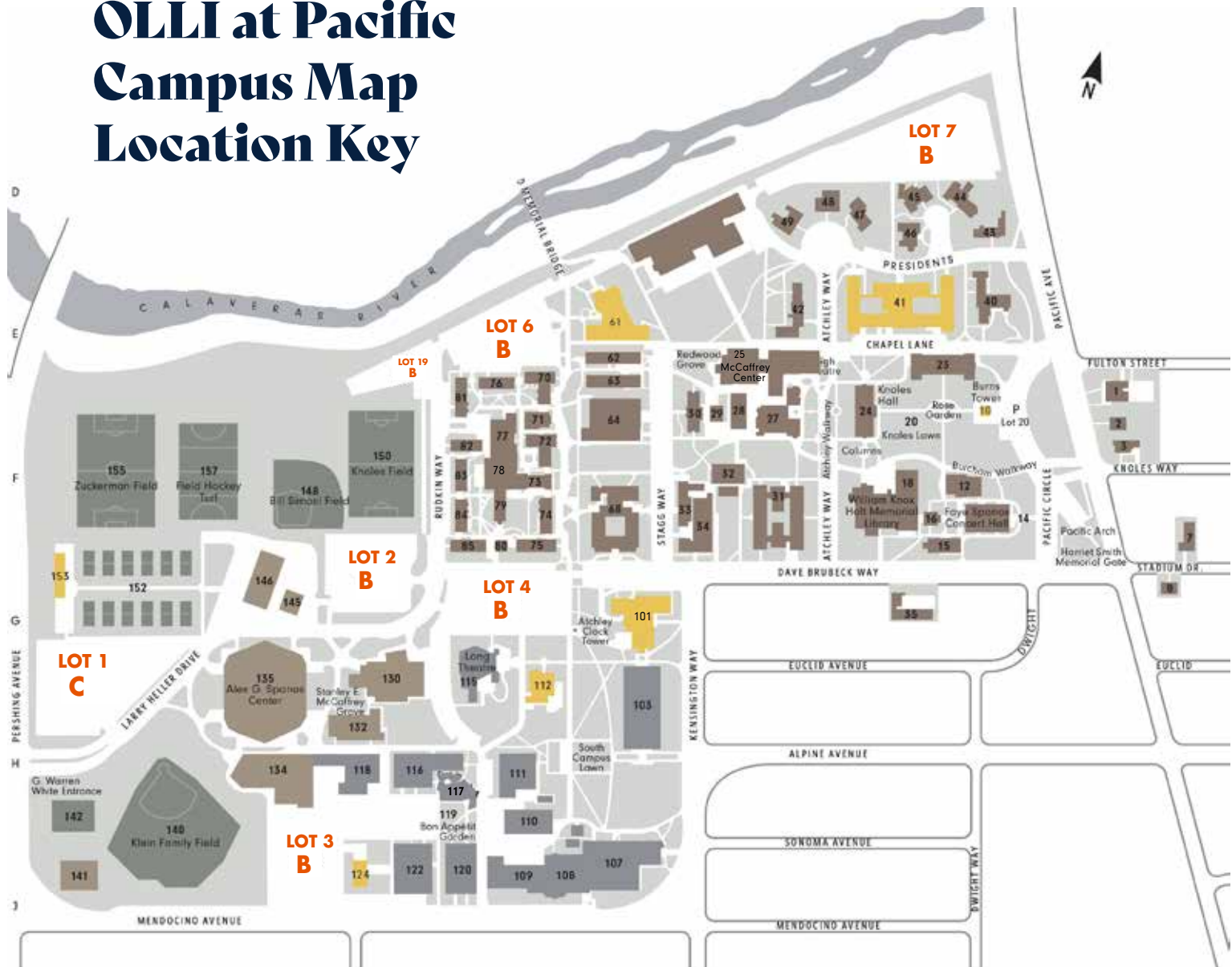
There are no refunds, upgrades or downgrades for purchased parking permits. All purchases are final.

For more information about campus parking, check out the university's FAQ page:

<https://www.pacific.edu/student-life/safety-wellness/public-safety/campus-parking/faqs>



OLLI at Pacific Campus Map Location Key



KEY LOCATIONS:

- 10 Burns Tower
- 41 Grace Covell Hall
- 61 Baun Fitness Center
- 101 Benerd College
- 112 Alex and Jeri Vereschagin Alumni House
- 124 Ceramics Studio
- 152/153 Pickleball Courts (Eve Zimmerman Tennis Center)

PARKING:

"B"lots are located at: LOTS 2,3,4,6,7 & 19.
 "C" lot is located at Lot 1

OFFICE LOCATION:

Benerd College
 3441 Kensington Way #107
 Stockton, CA 95211

FOR MORE INFORMATION:

Website: PACIFIC.EDU/OLLI
Email: OLLI@Pacific.edu
Phone: 209.946.7658



UNIVERSITY OF THE
PACIFIC

3601 Pacific Avenue
Stockton, CA 95211

**ENROLLMENT OPENS:
WEDNESDAY, JANUARY 22, 2025**

3 Ways to Enroll & Register

ONLINE:

JoinOLLI.Pacific.edu

BY TELEPHONE:

209.946.7658

BY MAIL:

3601 Pacific Ave.
Stockton, CA 95211

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Phone: 209.946.7658

Email: OLLI@Pacific.edu

For more information visit our website:

PACIFIC.EDU/OLLI

